

# Claremore Indian Hospital

Executive Summary – January 2024 data

## COVID-19

- 1,316 COVID tests performed
- Monthly COVID positive = 182
- COVID positivity rate for the month is 13.8%. 898 of the tests were for Cherokee Nation citizens; 125 of the 898 were positive (13.9% positivity rate for the month).
- 17,264 Ambulatory Care Visits
  - 12,065 of those were Cherokee Nation citizens
- Top 5 diagnosis codes for visits:

Acute upper respiratory infection	406
Viral infection, unsp	401
Type 2 diabetes	357
Encounter for immunization	342
Essential hypertension	272

- 30,335 prescriptions were filled in outpatient (11,350 new and 15,126 refills)
- \$3,686,712.55 in 3<sup>rd</sup> Party collections
- 3,233 Patients were seen in ER
- 63 surgeries and 27 endoscopies
- 33 Babies delivered during this month
- 677 Patient visits (Dental Specialist visit, General Dentist visit, Hygiene visits with dentist check, Hygiene outreach visits) seen by dental with 4,950 dental services provided
  - 179 Dental Specialist visits
  - 295 General Dentist visits
  - 203 Hygiene visits with dentist check
  - 125 Hygiene outreach visits
  - 33 Pediatric and Oral Surgeon OR cases
- 171 Mammographies performed this month
- 580 Current number of health service employees as of end of month
- 7 Physician vacancies out of 39 positions at Claremore. (1 general surgeon, 3 CRNAs, 2 adult medicine primary care physicians, and 1 supervisory hospitaist)
- PRC- 1,559 referrals processed

### CN Patients

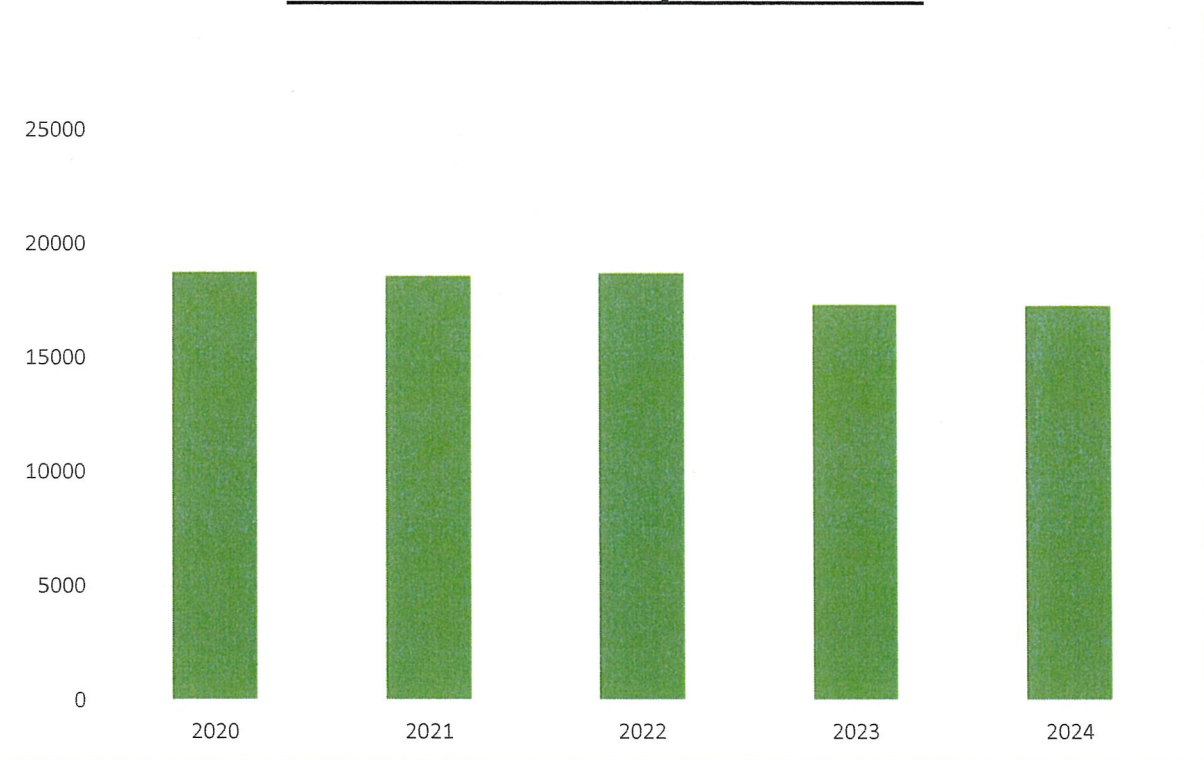
• To Committee	630 cases		
• Approved	603 cases	\$1,149,354	400
• Denied	21 cases	\$66,310	21
• Deferred	6 cases	\$201	4

### Appeals

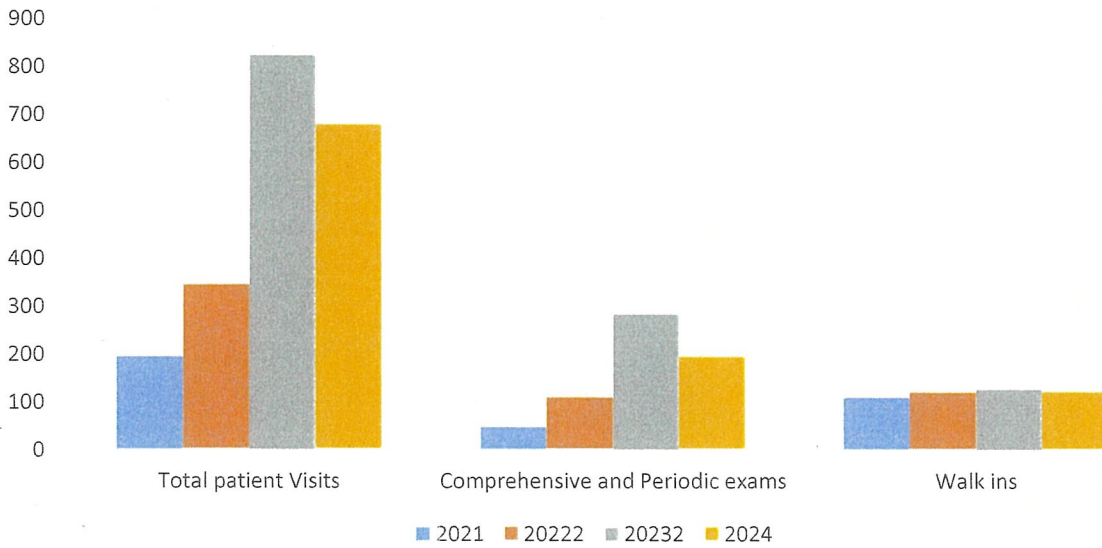
### CN Patients

- Processed 28 cases
- Approved 25cases 22
- Denied 3 cases 2

## Ambulatory Care Visits Month of January 2020-2024

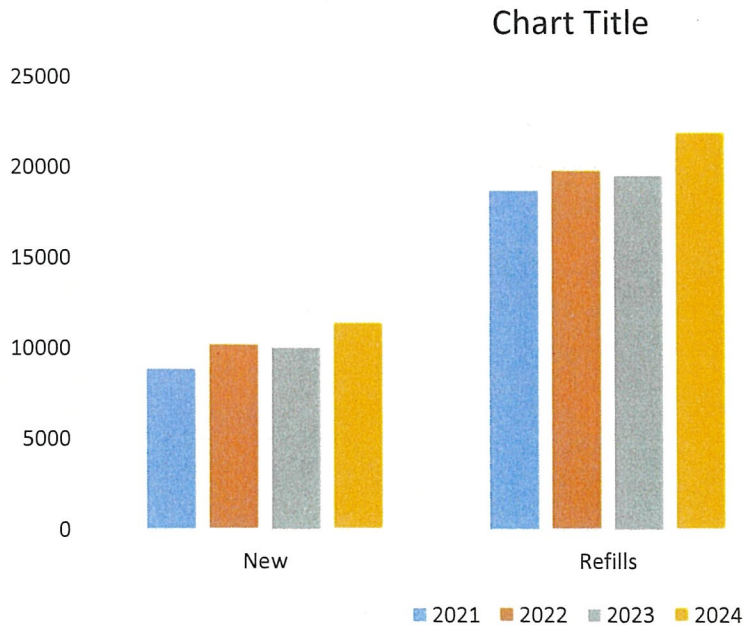


## Dental Services Month of January 2021-2024

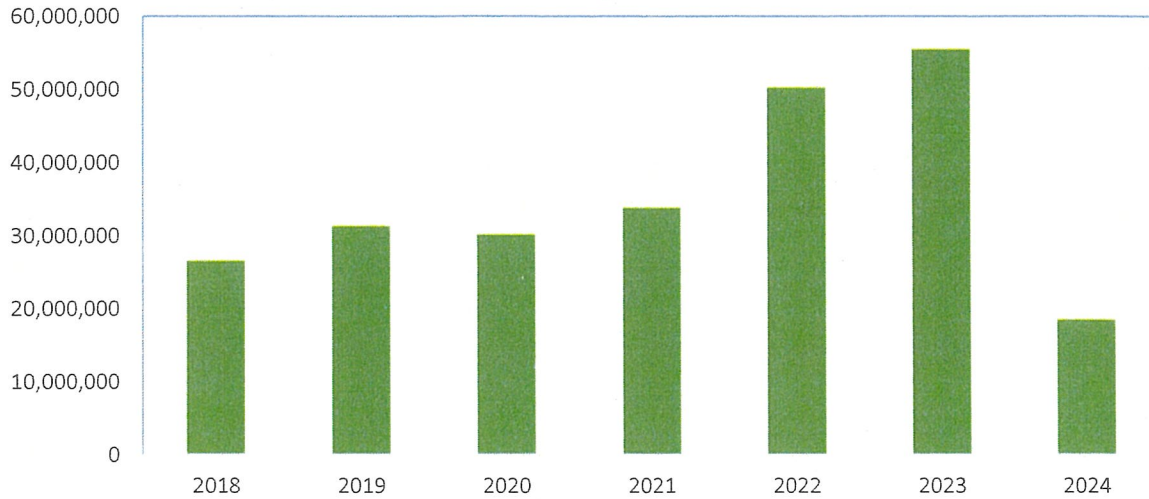


Staffing- 4 dental assistant vacancies and 1 MSA

## Number of Rx filled Month of January 2021-2024



## Third-Party Revenue Year to date Collections-2018-2024



<u>Fiscal Year</u>	<u>Claremore</u>
2018	\$26,483,973
2019	\$31,236,804
2020	\$30,082,489
2021	\$33,769,119
2022	\$50,221,322
2023	\$55,438,117
2024	\$18,449,644

# Health Committee Report

## January, 2024

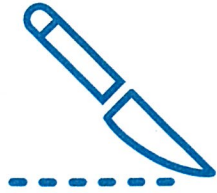


"Our appointment with the nurse practitioner was perfect in every way. Not only was she great with our son, but she was great with our family."

--Three Rivers Health Center Patient Compliment

# Health Committee Summary

January, 2024



727 surgical  
procedures  
performed



4,043 patients seen  
at the Emergency  
Department



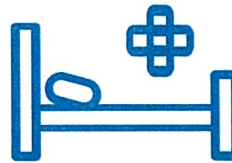
79 babies were  
delivered at  
Hastings Hospital



134,067 ambulatory  
care visits



333 new charts  
created



332 hospital  
inpatients



174,208 new &  
refill prescriptions

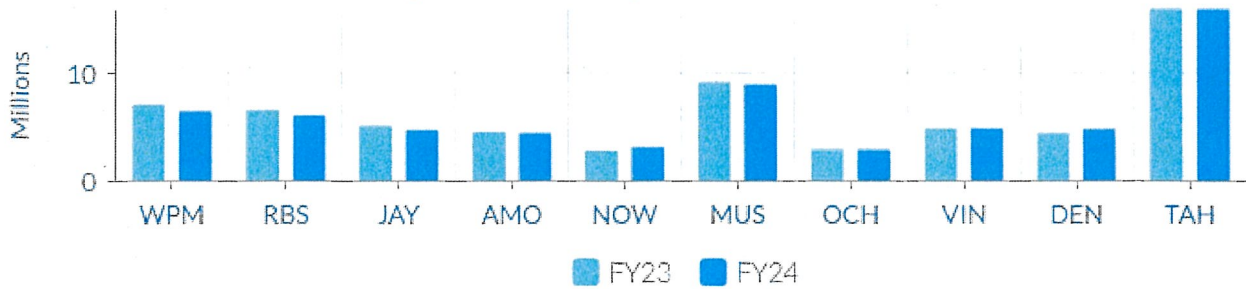


1,195 patients  
served by dietary  
services

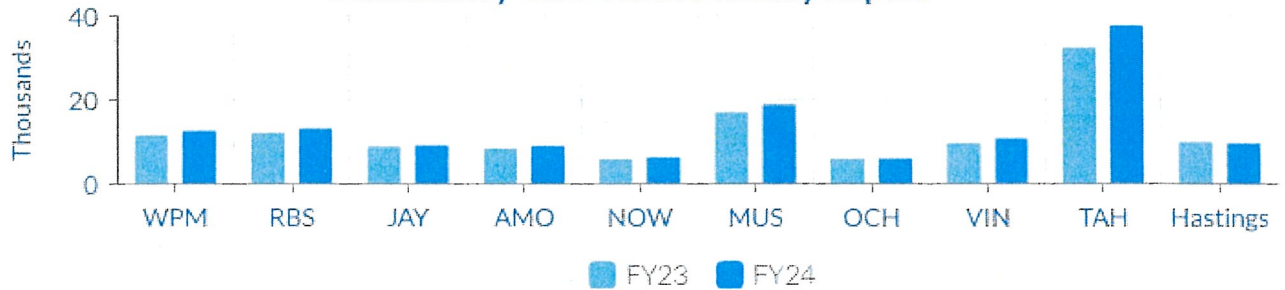
# Patient Visits and Revenue

January, 2024

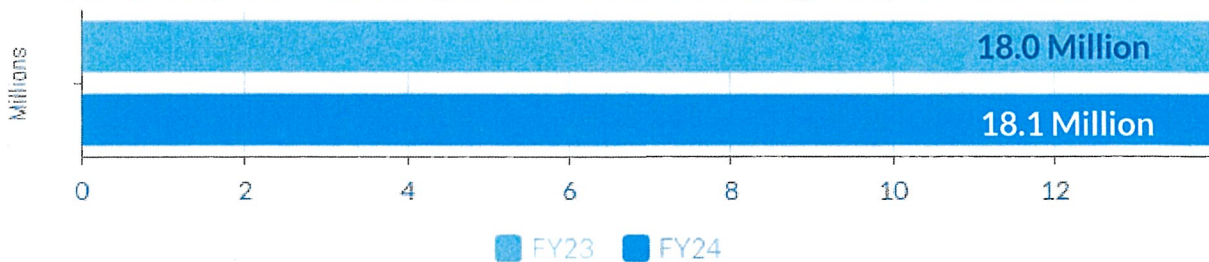
Ambulatory Care 3rd Party Revenue: Year to Date\*



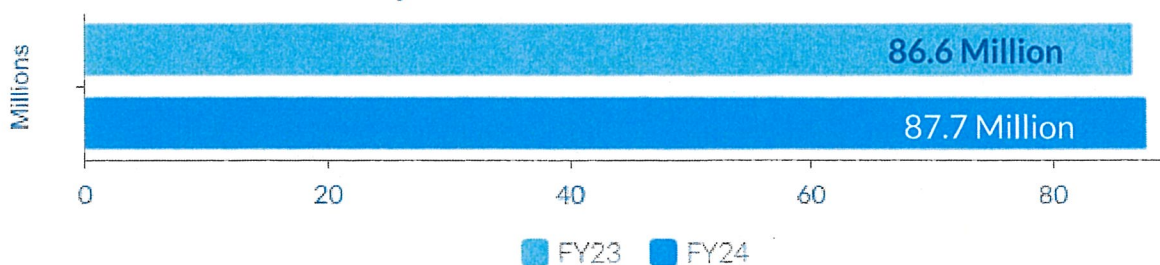
Ambulatory Care Visits: Monthly Report



Third Party Revenue Comparison: CN WW Hastings Hospital Year to Date



Third Party Revenues Combined: Year to Date

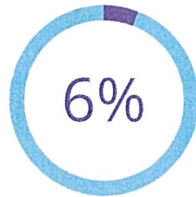


# Health Committee Report

January, 2024

## Provider Recruitment

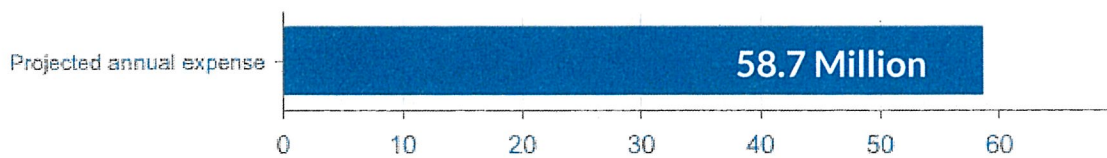
CNHS Provider  
Vacancy Rate



IHS Provider  
Vacancy Rate  
Benchmark



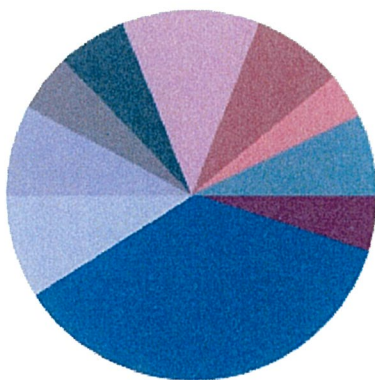
## Contract Health



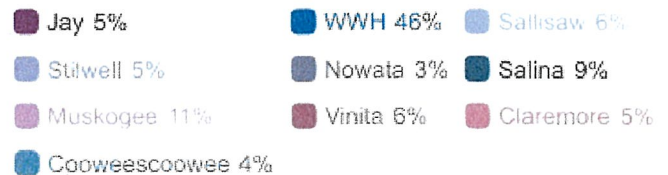
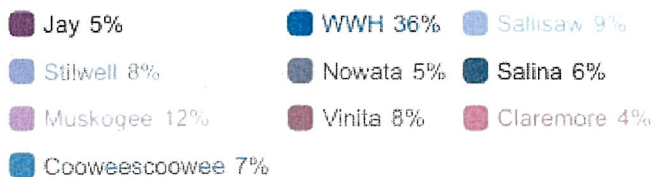
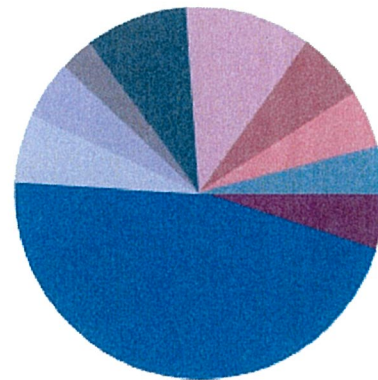
Referral Approval Rate



CHS Monthly Referrals by Location



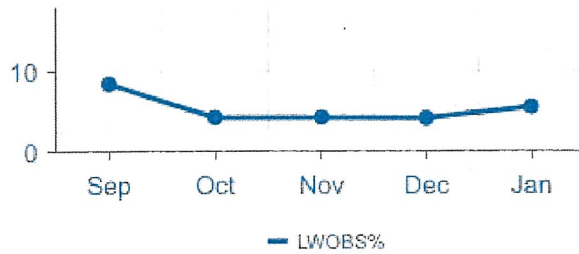
YTD CHS Spend by Location



# Service Trends

January, 2024

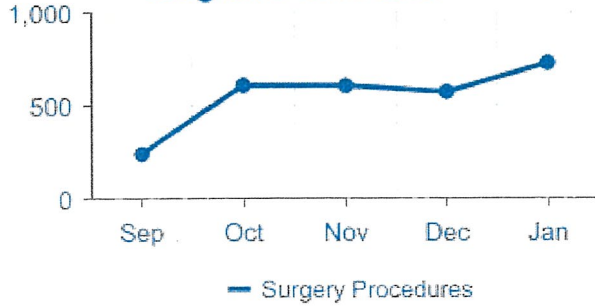
### ED/UC Left Without Being Seen %



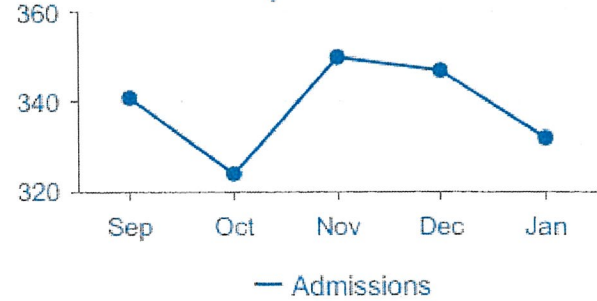
### ED/UC Services Delivered



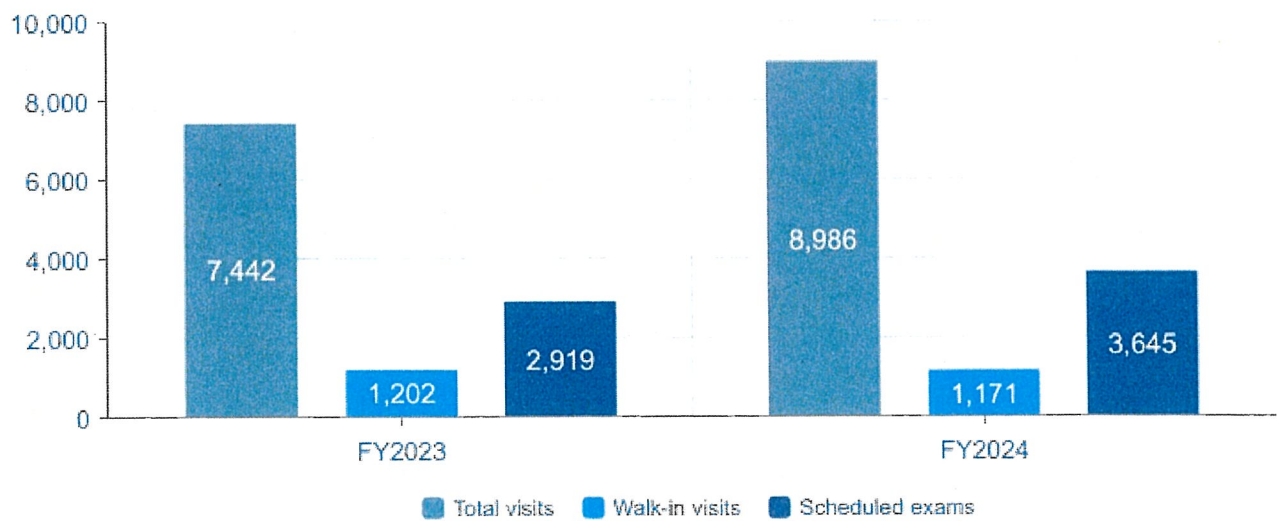
### Surgical Procedures

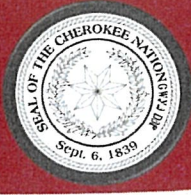


### WWH Inpatient Care



### Dental Services: Monthly





## Cherokee Nation

Public Health Monthly Report – February 2024

### **Part A: PUBLIC HEALTH LEADERSHIP**

#### **Public Health Performance Management - February 2024**

##### Public Health Accreditation

The CNPH leadership team is preparing plans for the next 5-year cycle of accreditation. The initial steps involved conducting an internal self-assessment of our current health department capabilities. This type of self-assessment assists health departments in gaining a comprehensive understanding of their existing systems, operations, processes, and policies, enabling them to recognize strengths and areas for improvement. Public Health foundational capabilities encompass assessment and surveillance, community partnership development, equity, organizational competencies, policy development and support, accountability and performance management, emergency preparedness and response, and communications. These foundational capabilities collectively contribute to promoting community health and well-being. Future steps include developing workgroups and teams to address any gaps identified.

##### Performance Management

The Performance Management team is presently in the process of refining the performance management structure for 2024. These enhancements aim to establish a departmental structure that promotes ongoing quality improvement, cultivates collaborations, and reinforces tribal sovereignty through the Cherokee Nation's inherent public health authority for collective well-being.

##### Quality Improvement

The Quality Improvement (QI) team is presently engaged in revising internal policy management procedures. This involves streamlining internal processes, standardizing documentation, and investigating software and automation alternatives.

##### Workforce Development

The workforce development team is in the process of completing a new CNPH onboarding program tailored for departmental hires. This initiative entails furnishing each new CNPH staff member with a comprehensive handbook, customized welcome items, and a welcome message shared within our Teams workspace. The primary aim of this program is to ensure a favorable onboarding journey for new staff, foster a deeper grasp of the department's operations among employees, and harmonize departmental protocols with HR standards.

### Public Health Nursing

The public health nursing team is presently offering support for community blood pressure screenings, naloxone education and training, as well as STI prevention education. To arrange a training session or request the presence of a nurse at a community event, please reach out to our Public Health Nursing (PHN) supervisor at [Christin-Hullinger@cherokee.org](mailto:Christin-Hullinger@cherokee.org).

### Working Together Initiative

Phase 1: Cherokee Nation Public Health (CNPH) launched *Working Together*, an initiative to bring partners together across Cherokee Nation to better understand and address the multiple social, cultural, economic, and environmental conditions that influence Cherokee well-being. A Working Together Team was then formed to review engagement outcomes, and to work towards the following goals:

- Create a shared vision for Cherokee Wellness
- Create a wellness framework reflective of the social and cultural determinants of health.
- Identify indicators to determine how wellness will be measured.

Phase 2 of the project which includes finalization of Cherokee Indicators of Wellness, expanded inclusion of staff from additional programs, and initial collaborative data collection and evaluation started in February. Additional leadership from Health Services, Career Services, Community Services, Indian Child Welfare, and Natural Resources have joined the team since the last report. Phase 2 work has been focused on continued development of the framework as well as individual department meetings to identify potential measurable indicators. We currently in the data collection and identification of measures process. Working Together team met on December 12, 2023 to discuss data collection for the first quarter of 2024.

### Centers for Disease Control and Prevention (CDC) Tribal Advisory Committee (TAC)

- TAC Chair Deputy Chief Warner and Authorized Representative Lisa Pivec continue work with CN Government Relations staff to provide input to CDC. The Winter TAC will be held in Atlanta, GA on February 21-22, 2024. Currently preparing for TAC presentations. Continue monthly calls with TAC.

## **Executive Director External Board Appointments**

- Cherokee Nation Public Health Executive Director was elected to the Board of Directors representing Tribal Public Health Departments. NACCHO is the only organization dedicated to serving every local health department in the nation. In July 2023, Ms. Pivec was elected to the Executive Board of the Board of Directors.
- Public Health Executive Director was appointed to the Public Health Accreditation Board of Directors starting July 2023 and will also serve on the PHAB accreditation committee of the BOD.
- Public Health Executive Director serves as the Cherokee Nation representative to the Southern Plain Tribal Health Board as a board member.
- Public Health Executive Director was appointed to the board for Tahlequah Trails.

## **Public Health Monitoring, Surveillance, & Evaluation**

### **School Health Profiles**

- This is a system of surveys assessing school health policies and practices in the reservation, which are conducted every two years (even years) among middle and high school principals and lead health education teachers.
- Profiles monitor the status of school health education requirements and content, physical education and physical activity, practices related to bullying and sexual harassment, school health policies related to tobacco-use prevention and nutrition, school-based health services, family engagement, and community involvement, as well as school health coordination. The MSE team is currently in the process of preparing and planning for next year's assessments.

### **Youth Risk Behavior Surveillance (YRBS)**

- The YRBS is a survey that tracks behaviors that can lead to poor health in students grades 9 through 12. This is conducted every two years (odd years). The MSE team has completed the current process of conducting assessments for this year. The school response rate was 94% and the overall participation rate (school response rate and student response rate) was greater than 75%, exceeding the targeted participation rate. Results have been submitted to the CDC and should be available later this year. After surveying schools, they were provided with environment sensors (vape detectors), which have been distributed.
- Adverse Childhood Experiences and Protective Childhood Experiences (ACEs/PCEs)
- Since the YRBS and Profiles surveys are consistent and have been sustained surveillance projects within MSE, we have incorporated ACEs/PCEs related questions into these surveillance systems. This is how we developed a sustainable way to collect ACEs/PCEs surveillance data.

## **Projects**

### **Data Modernization**

- The MSE team has built a data modernization work plan and is in the process of completing our objectives of enhancing public health data through the modernization of technology infrastructure; cultivating Cherokee Nation Public Health's capabilities to conduct analysis with technology and supporting the use of results to improve population health; and forging communication and collaboration with stakeholders to collect and share data that provide information on conditions of public health importance.

### **School Health**

- The MSE team has drafted assessment questionnaires for the PH School Health Program that measure Student Health and Health of the School Health Environments, to be administered at Cherokee Nation Sequoyah School (Grades 8<sup>th</sup>-12<sup>th</sup>), and Cherokee Nation Immersion School (Grades 3<sup>rd</sup>-7<sup>th</sup>). The focus areas are Physical Activity, Nutrition, and Tobacco use.

### **Opioids**

- The Johns Hopkins injection drug use study entitled "Our Stories Matter" successfully completed data collection in Sequoyah County during the spring of 2023. The community response to the project staff's presence was overwhelmingly positive, with 600 surveys collected during the second phase of data collection alone.
- The MSE Epi is currently working on data analysis (quantitative and qualitative data analyses). The team continues to hold regular meetings with the project's Community Research Council (CRC) and work closely with the CN IRB to determine culturally appropriate interpretation and dissemination of the findings.

### **Women, Infants, & Children (WIC)**

- A MSE data specialist is working with the WIC Farmer's Market. 610 coupons were validated and prepared for payment. The specialist is also assisting in the validation of participants' eligibility based on program requirements. Additionally, The MSE team has built an initial WIC surveillance dashboard which is expected to be presented to the WIC team for feedback in September.
- The MSE team is working with the new WIC CIAO program. We have finalized their evaluation of the work plan and have begun data cleaning and compiling from WIC systems.

### **Getting to Y**

- A MSE epidemiologist works with students from four High Schools within the reservation who participated in the UP for Learning's Getting to 'Y' program (GTY) during the 2022-2023 school year. Getting to 'Y' is an opportunity for students to bring meaning to their own YRBS data.

- Through youth leadership, partnerships with adults, participatory action research, and peer and community engagement, participants not only experience personal growth and build their capacity for future civic engagement but also effect sustainable change in youth behavior, community, and school culture.

### **Inter-Tribal Collaborations**

- Commerce Department – HOPE Program: A MSE data specialist is assisted in validating participants' eligibility based on program requirements.
- Human Services – OneFire Program: A MSE epidemiologist and data specialist are working with OneFire in preparation for a data visualization and management system. The OneFire team is currently finalizing a Salesforce platform that once launched will be monitored and data managed by MSE.
- Environmental Health – Community Water Survey: A MSE epidemiologist is working with the Tribal Environmental Health Office to analyze and provide recommendations on the existing community water survey.
- Wastewater Surveillance Process – As part of an ongoing collaboration for internal capacity the MSE team is working with Environmental Health to develop a conceptual process for wastewater surveillance activities and testing.
- CNHS Infection Control Clinic – Syphilis Surveillance Project: A MSE epidemiologist is looking at risk factors and trends among Tribal health facilities users and building a report with the support of the Infectious Control Clinic.
- Wastewater Surveillance Process – As part of an ongoing collaboration for internal capacity the MSE team is working with Environmental Health to develop a conceptual process for wastewater surveillance activities and testing.

## Part B: PUBLIC HEALTH PROGRAMS

### Women, Infants, and Children (WIC) Program

MONTH/FY 2024	WOMEN	INFANTS	CHILDREN	SEBTC	FOOD SALES
October	1733	1571	3071	0	\$419,733.41
November	1770	1589	3049	0	\$410,840.20
December	1776	1597	3013	0	\$406,310.06
January	1735	1624	2979	0	\$432,435.93
February	1645	1574	2863		\$332,890.27
March					
April					
May					
June					
July					
August					
September					
<b>YTD TOTAL:</b>	<b>8,659</b>	<b>7,955</b>	<b>14,975</b>	<b>0</b>	<b>\$2,002,209.87</b>

*\*Indicates caseload and Food Sales through end of closing 2/19/2024.*

### Summer EBTC Program 2024

- Moving from Demonstration to Permanent within USDA. All children who qualify for free/reduced lunch and are enrolled in a school that operates the National School Lunch Program are eligible. Application will be available on the Gadugi Portal on March 1, 2024.

### Cherokee Nation WIC Farmer's Market

- 62 contracted farmers
- 6,135 tribal farmer's market coupons distributed to WIC families
- USDA funded WIC farmers market e-cards mailed in July and September

### **Male Seminary Recreation Center**

<b>MONTH/FY 2024</b>	<b>TOTAL MEMBERS</b>	<b>TOTAL VISITS</b>	<b>GROUP FITNESS</b>	<b>CHILD WATCH</b>
October	10,887	5,725	1,384	351
November	10,993	4,283	1,063	360
December	11,158	9,270	1,586	722
January	11,304	6,286	1,149	618
February	11,364	8,480	1,848	774
March				
April				
May				
June				
July				
August				
September				
<b>YTD TOTAL:</b>	<b>55,706</b>	<b>34,044</b>	<b>7,030</b>	<b>2,825</b>

*\*Indicates through end of closing 02/19/2024.*

### **Cooperative Agreements/Grants**

- Centers for Disease Control and Prevention (CDC) Public Health Crisis Response
- CDC Tribal Capacity Supplements: Opioid Misuse, Adverse Childhood Experiences
- CDC Supporting Tribal Public Health Capacity in COVID-19: Accreditation Support
- Health Resources & Services Administration (HRSA) COVID-19 Response
- CDC Youth Risk Behavioral Survey
- CDC Comprehensive Cancer Control Program
- CDC Breast and Cervical Cancer Early Detection Program
- Sub-recipient of Indian Health Service: Special Diabetes Program for Indians: School Health and Diabetes Prevention Project support
- Oklahoma Tobacco Settlement Endowment Trust (TSET)
- CDC Good Health and Wellness in Indian Country (GHWIC)
- USDA Women Infants and Children (WIC)
- USDA Summer Electronic Benefits Transfer for Children (SEBTC)
- CDC Community Health Workers for COVID-19 Response and Resilient Communities
- CDC Closing the Gap with Social Determinants of Health Accelerator Plans
- CDC Cherokee Tribal Practices for Wellness in Indian Country (TPWIC)
- Wastewater surveillance from the National Association of City/County Health Officials (NACCHO)
- USDAWIC Community Innovation & Outreach grant
- CDC: School-Based Interventions to Promote Equity and Improve Health, Academic Achievement, and Well-Being of Students
- CDC Strengthening Public Health Infrastructure
- CDC Healthy Babies
- CDC Modernizing Data Infrastructure

## **Community Health Promotion Programs**

### **Wings Races**

#### **Upcoming Races**

- 2024 races will be starting in March 2024

### **Community Walking Groups**

- Adair County
  - 03/24/2024 - 05/12/2024 – Sunday/Wednesday – Carson Park (Stilwell)
  - Sundays – 2:00 pm
  - Wednesdays – 5:15 pm
- Cherokee County
  - 04/09/2024 - 05/30/2024 – Tuesday/Wednesday/Thursday – W.W. Keeler Tribal Complex
    - Tuesday – 12:00 pm
    - Wednesday – 5:15 pm
    - Thursday – 12:00 pm
- Mayes County
  - 03/12/2024 - 05/30/2024 – Tuesday/Thursday – Pryor Rec. Center
  - 12:00pm
- Muskogee County
  - 04/23/2024 - 06/11/2024 – Tuesday/Thursday – Three Rivers Walking Trail
  - 6:00pm
- Nowata County
  - 03/05/2024 - 05/02/2024 – Tuesday/Thursday – Nowata Memorial Cemetery
  - 12:30pm
- Sequoyah County
  - 03/06/2024-05/01/2024 – Wednesday/Saturday
  - Wednesday at Noon – Redbird Smith Health Center
  - Saturday at 8am – Old Sallisaw High School.

**\*Upcoming dates/times for spring walking groups**

## **Tobacco Prevention and Cessation**

### **Ongoing Classes**

- In-Person Tobacco Cessation Class
  - Wilma P. Mankiller Health Center
  - 2/13/2024 - 3/19/2024
  - 1:00 PM
- In-Person Tobacco Cessation Class
  - Muskogee County, Three Rivers Health Center
  - 2/19/2024 - 4/8/2024
  - 5:30pm
  - 1 participant
- Virtual Tobacco Cessation Class
  - Adair County
  - 1/17/2024 - 2/21/2024
  - 5:30 PM
  - 2 participants
- Virtual Tobacco Cessation Class
  - Cherokee County
  - 1/17/2024 - 2/21/2024
  - 12:00 PM
  - 1 participant
- Virtual Tobacco Cessation Class
  - Craig County, Vinita Health Center
  - 12/27/2023 - 02/07/2024
  - 2 participants completed and quit tobacco products

## **Healthy Native Diabetes Prevention Program (DPP)**

### **Adair County**

- DPP virtual class – Zoom – Monthly meeting – Tuesdays at 2:00 PM
  - Total of 95.9 lbs. lost.
  - 2 participants
  - 167 exercise minutes

### **Cherokee County**

- DPP in-person class – CNOHC – Monthly meetings – month 11 date(s): Mondays at 5:30pm
  - Total of 122 lbs lost.
  - 5 participants
  - 3640 exercise minutes

### **Craig County**

- DPP virtual class- Zoom – Monthly meeting – Completed on 2/13/2024
  - Total of 211 lbs. Lost
  - 6 participants

- 35617 total exercise minutes
- DPP virtual class – Zoom – Weekly meetings – month 1 date(s): 2/15/2024 & 2/22/2024
  - 10 participants

#### **Mayes County**

- DPP – In-person class – Salina Senior Citizen Center – Weekly meeting #1 – Wednesday at 1:00pm
  - 3 participants

#### **Muskogee County**

- DPP – In-person class – Three Rivers Health Center – Weekly meeting #1 – Thursday at 5:30PM
  - 2 participants

#### **Sequoyah County**

- DPP – In-person class – Redbird Smith Health Center – Weekly meeting dates: Thursdays at 12:00 PM
  - Total of 2 lbs lost.
  - 4 participants
  - 1,470 exercise minutes

**\*New classes contingent on program referrals received**

### **Public Health Educator (PHE) Community Partnership & Outreach Activities:**

#### **Adair County**

##### **Partnership Events**

- **UPCOMING: WPMHC Step Challenge**
  - Wilma P. Mankiller Health Center
    - A clinic step challenge has been planned for March 19<sup>th</sup>-April 11<sup>th</sup>. Step Into Spring will be a 30-day walking step challenge for WPMHC employees.
- **UPCOMING: Cave Springs Family Engagement Night**
  - 3/5/2024
  - Cave Springs Family Night is planned for March 5<sup>th</sup>. There will be a nutritional lesson with smoothie bikes and a traditional game planned pending the weather.
- **Safe Routes to School**
  - Stilwell High School Safe Routes to School
    - 1/30/2024 – Two (2) new crosswalks were painted crosswalks at Stilwell High School in the new school zone. New signage was received to designate Section Line Rd from Hickory St to HWY 100/Locust St. a school zone with a 25mph speed limit. PHEs worked to conduct speed radar checks and walkability assessment to be presented to the City Council in October 2023. Supplies were received in January to complete the project. The project is currently waiting on a flashing LED sign before all signage is installed.

- **Parks and Open Space**

- PHEs assisted in completing the Park Audit Tool in July of 2023. They have worked diligently with the City of Stilwell to plan a project in Adair Park to update Park amenities. PHEs along with members of the Adair County Community Health Coalition will be working on a project to provide new benches, picnic tables, paint, and signage for the park. These projects should take place in the Spring 2024.

- **Farmers Market**

- PHEs are assisting Adair County Farmers Market in ordering supplies to promote the acceptance of SNAP benefits at the Farmers Market this upcoming season.
- PHEs are planning to attend a training to be able to sign seniors in Adair County up for Senior Farmers Market Benefits. Training was just made available on 2/19/24.

#### Outreach Events

- **American Heart Month Walk**

- 2/2/2024
- 11:00 am-1:00 pm
- Wilma. P. Mankiller Health Center
- 47 participants
- Provided DPP – Do you qualify form

#### **Cherokee County**

#### Partnership Events

- **STEM Fest – Smoothie Bike**

- 01/25/2024 – Chota at 8:00am
- Multiple schools present (For ex: Stilwell Grade School, Hulbert Elementary)
  - 7<sup>th</sup>-12<sup>th</sup> Grade
- # of participants
  - 710 Youth
  - 65 Adults

- **Tailholt Cookie Stroll – Smoothie Bike**

- 02/09/2024 – Tailholt Community Organization at 7:00pm
- 65 participants
  - 7 Youth
  - 58 Adults

#### Outreach Events

- **American Heart Month Walk**

- 2/2/2024
- 11:00 am-1:00 pm
- W.W. Keeler Tribal Complex
- 41 Participants
- Provided heart health and blood pressure information. Public Health Nurses provided blood pressure checks

- Provided DPP – Do you qualify form
- **Blood Pressure Checks**
  - Hulbert Cherokee Community Organization
  - Tuesday, February 1, 2024 – 4:00-5:30pm
  - 27 Participants
  - Provided heart health and blood pressure information. Public Health Nurses provided blood pressure checks.
  - 0 tobacco forms distributed
  - 0 DPP forms distributed
  - 27 Wings forms distributed
- **Blood Pressure Checks**
  - Hulbert Community Public Library
  - Tuesday, February 6, 2024 – 2:00-5:00pm
  - 12 Participants
  - Provided heart health and blood pressure information. Public Health Nurses provided blood pressure checks.
  - 12 Wings forms distributed
- **UPCOMING: Through with Chew Week**
  - Cherokee County Livestock Arena
  - February 22, 2024 – 11:00AM-2:00PM
- **UPCOMING: Through with Chew Week**
  - Cherokee County Livestock Arena
  - February 23, 2024 – 9:00AM-12:00PM

## **Craig County**

### Partnership Events

- **Valentines for Veterans**
- PHE went to Vinita Boys & Girls Club and assisted children making Valentine's for Cherokee veterans (1/24/24 & 1/26/24). Delivered 50+ valentines to the Cherokee Veteran's Center on 2/1/24.
  - 2/5/24 – Instructed Enhanced Fitness @ Big Cabin FBC Gym (8 sr. participants)
  - 2/7/24 – Instructed Enhanced Fitness @ Big Cabin FBC Gym (7 sr. participants)
  - 2/14/24 – Instructed Enhanced Fitness @ Big Cabin FBC Gym (8 sr. participants)

### Outreach Events

- **American Heart Month Walk**
  - 2/2/2024
  - 11:00 am – 1:00 pm
  - Vinita Health Center
  - 36 participants
- **Cherokee At-Large Meeting in Lakeland, FL**
  - 2/10/2024
  - Provided Tobacco Cessation QR code for those interested in quitting through our virtual class program

- 25 pamphlets related to tobacco use (American Lung Association pamphlets) distributed

## **Delaware County**

### **Partnership Events**

- **Deer Jerky (Tradition Foods)**
  - 02-06-2024 – Grove Library at 5:30 pm
  - Partnering with Northeastern OK Library System
  - 1 partnering agency
  - 13 participants
  - 1 youth
  - 12 adults
- **Three Sisters Stew and Watercress (Traditional Food)**
  - 2/13/2024, Sam Hider Health Center
  - 12pm – 1pm
  - 30 adult participants

### **Outreach Events**

- **American Heart Month Walk**
  - 2/2/2024
  - 11:00 am- 1:00 pm
  - Sam Hider Health Center
  - 40 participants
- **Health Fair**
  - Vo-Tech in Kansas, OK
  - 2/16/2024
  - 5 tobacco DPP forms distributed
  - 3 Wings applications distributed
  - 32 participants

## **Mayes County**

### **Partnership Events**

- **Food Demonstration: 3 Sister Stew**
  - 2/16/24 – AMO Health Center Community Room at 12:00pm-1:00pm
  - 28 Participants
- **Winter Coat Drive**
  - 1/29/24-2/2/24 – AMO Health Center 8:00am-5:00pm
  - Collected winter coats to donate to local schools and warming spots
  - 128 total coats collected
    - Distributed evenly to each: Salina PS, Locust Grove PS, Pryor PS, Claremore PS, Impact Center of Oklahoma, Grace United Methodist.
- **Cherokee Nation Employee Volleyball Tournament**
  - 01/19/24-01/20/24 – Male Seminary Family Recreation Center (Markoma Gym), Tahlequah, OK at 6pm-9:15pm 1/19 and 8am-2pm 1/20.

- 3 - Male Seminary Family Recreation Center, Cherokee County PHES and CNPH Health Promotion and Disease Prevention Coordinator
- Offered 18 team, single elimination volleyball tournament to promote physical activity, social health and sense of community within Cherokee Nation employees.
- 18 Teams registered, 137 Participants
  - Cherokee Nation Employees
- **American Heart Month Awareness Walk**
  - 02/2/24, AMO Health Center 11:00am-1:00pm
  - Partnered with AMO Community Health Nurses to provide Blood Pressure Checks to the community
  - 19 Participants
- **Employee Wellness Opportunity: Fit in 15**
  - Mondays and Wednesdays in AMO Health Center Community Room @ 12:05pm
    - 01/24 – 4 Participants
    - 01/31 – 5 Participants
    - 02/05 – 4 Participants
    - 02/07 – 5 Participants
  - Employee Wellness Opportunity – presenting employees of AMO Health Center with an opportunity to be physically active for 15 minutes a day to promote physical activity, health, and social wellbeing
- **AMO Health Center Blood Drive**
  - 2/9/2024, AMO Health Center 10:30am-4:00pm
  - Partnered with Our Blood Institute
  - 21 Registered Participants, 18 total blood donors
- **Upcoming Event: Traditional Meal – Food Demonstration: Kanuchi, Deer Chili, Frybread, Grape Dumplings**
  - 02/20/24 – Locust Grove Community Building at 5:30pm-7:00pm
  - 2 Partnerships – Old Saline Cherokee Association and Mayes County HOPE

#### Outreach Events

- **American Heart Month Awareness Walk**
  - 2/2/24, AMO Health Center 11:00am-1:00pm
  - Partnered with AMO Community Health Nurses to provide Blood Pressure Checks to the community
  - Provided Information: CNPH: American Heart Month Community Walk, Walking/Running Group Flyer, 2024 WINGS Schedule, Tobacco Cessation QR Code Flyer, Now's the Time to Check Your Blood Pressure, DPP – Healthy Native QR Flyer ; Indian Health Services (IHS): Keep your Heart Healthy, Tips to a Healthy Heart ; HeartTruth.gov: Stress Less for Healthier Heart, Heart-Healthy Eating Plan; American Heart Association (AHA): Blood Pressure Measurement Instructions, Blood Pressure Categories Infographic, What is LDL Cholesterol, Consequences of High Blood Pressure ; ONIEproject : Heart Healthy Recipes in 30 Minutes or Less, Carrot Cake Cookies Recipe

- 1 – CNPH: Walking/Running Group March
- 1 – CNPH: 2024 WINGS 2024 Schedule
- 1 – CNPH: Monthly Tobacco Cessation QR
- 1 – CNPH: Now's the Time to Check your Blood Pressure
- 1 – CNPH: DPP QR Flyer
- 1 – IHS: Keep Your Heart Healthy
- 1 – IHS: Tips to a Healthy Heart
- 1 – HeartTruth: Stress Less for a Healthier Heart
- 1 – HeartTruth: Heart-Healthy Eating Plan
- 1 – AHA: Blood Pressure Measurement Instructions
- 1 – AHA: Blood Pressure Categories Infographic
- 1 – AHA: What is LDL Cholesterol
- 1 – AHA: Consequences of High Blood Pressure
- 3 – ONIEproject: Heart Healthy Recipes in 30 minutes or less
- 2 – ONIEproject; Carrot Cake Cookies
- 32 Participants for the Walk
- **American Heart Month Awareness Walk - Community**
  - 2/8/24, Pryor Recreation Center, 11:00am-1:00pm
  - Provided Information: CNPH: Walking/Running Group Flyer, 2024 WINGS Schedule, Tobacco Cessation QR Code Flyer, Now's the Time to Check Your Blood Pressure, DPP – Healthy Native QR Flyer ; Indian Health Services (IHS): Keep your Heart Healthy, Tips to a Healthy Heart ; HeartTruth.gov: Stress Less for Healthier Heart, Heart-Healthy Eating Plan; American Heart Association (AHA): Blood Pressure Measurement Instructions, Blood Pressure Categories Infographic, What is LDL Cholesterol, Consequences of High Blood Pressure ; ONIEproject : Heart Healthy Recipes in 30 Minutes or Less, Carrot Cake Cookies Recipe
  - 11 – CNPH: Walking/Running Group March
  - 12 – CNPH: 2024 WINGS 2024 Schedule
  - 1 – CNPH: Now's the Time to Check your Blood Pressure
  - 3 – IHS: Tips to a Healthy Heart
  - 1 – HeartTruth: Stress Less for a Healthier Heart
  - 1 – AHA: Blood Pressure Categories Infographic
  - 5 – ONIEproject: Heart Healthy Recipes in 30 minutes or less
  - 4 – ONIEproject; Carrot Cake Cookies
  - 13 Participants
- **Salina Health Fair**
  - 2/15/2024, Salina PS at 4:00pm-8:00pm
  - Provided Information: WINGS 2024 Schedule, WINGS Application, Walking/Running March Group Flyer, DPP – Do you Qualify, DPP – Healthy Native Monthly QR, CHW Contact Sheet, How to Measure BP, Tobacco Cessation Monthly QR, Teen Cessation Resources, INDEPTH, N-O-T, Tobacco Recruitment Form, Threw with Chew Event Flyer, Quit Kits, Rack Card:

Cholesterol, DPP, Heart Disease, Quitting Tobacco, ONIEProject: Kids in the Kitchen, Recipes in 30 mins or less, Rack Card: What is WIC, WIC Program Information, Cherokee Activity Book

- 4 – WINGS 2024 Schedule
- 3 – Walking/Running March Group Flyer
- 2 – How to Measure BP
- 2 – Rack Card: Cholesterol
- 2 – Rack Card: DPP
- 2 – Rack Card: Heart Disease
- 2 – Rack Card: Quitting Tobacco
- 5 – ONIEProject: Kids in the Kitchen
- 6 – ONIEProject: Recipes in 30 mins or less
- 2 – Rack Card: What is WIC?
- 6 – Cherokee Activity Book
- Youth Information Provided: YES
- 23 Participants visited CNPH Booth

### **Muskogee County**

#### **Partnership Events**

- **Speed and Stop Checks for Safe Routes for Schools**
  - Hilddale Elementary School
  - February 5<sup>th</sup> and February 7<sup>th</sup>
  - PHE assisted with speed and stop checks at Hilddale Elementary. Tentative date for walk to school day will be in May 2024.

#### **Outreach Events**

- **American Hearth Month Walk**
  - 2/2/2024
  - 11:00am – 1:00pm
  - Three Rivers Health Center
  - 23 participants
- **Through with the Chew Event**
  - 2/2/2024
  - Martin Luther King Center
  - 50 smokeless tobacco pamphlets

### **Nowata County**

#### **Partnership Events**

- **Oklahoma Union Health University**
  - Smoothie Bike Demo, 2/08/24, S. Coffeyville, 4–6pm
  - Bethany Children's Health Center
  - Oklahoma Union Elementary
    - PK–5<sup>th</sup> grade and parents
  - 60 of participants
    - 35 students
    - 25 adults

- **UPCOMING: Food Demonstration In-Clinic**
  - 2/23/2024, 12pm – 1pm
  - Will Rogers Health Center

#### Outreach Events

- **American Heart Month Walk**
  - 2/2/2024
  - 11:00 am – 1:00 pm
  - Will Rogers Health Center
  - 48 participants
- **UPCOMING: Through with the Chew Event**
  - 2/22/2024
  - Nowata City Pharmacy
  - 11am – 1pm

#### **Rogers County**

\*Vacant Position

#### **Sequoyah County**

##### Partnership Events

- **Rural Communities Initiative Foundation Community Walk**
  - PHE met with Belfonte Community Center about a 5K walk/run to be held on 4/27. PHE will assist with purchasing water/fruit, providing old wings t-shirts, and setting up online registration

#### Outreach Events

- **American Heart Month Walk**
  - 2/2/2024
  - 11:00 am – 1:00 pm
  - Redbird Smith Health Center
  - 71 Participants
- **UPCOMING: Through with Chew**
  - 2/20/2024
  - Vian Middle School Agriculture Class
  - 2:00
- **UPCOMING: Healthy Heart**
  - 2/20/24 – Sallisaw People Incorporated at 3:30
- **UPCOMING: Through with Chew**
  - 2/21/2024
  - Sallisaw Public Library

#### **Washington County**

##### Partnership Events

- **Oklahoma Union Health University, Smoothie Bike Demonstration**
  - 2/8/2024, S. Coffeyville, 4-6 p.m.
  - Bethany Children's Health Center

- Oklahoma Union Elementary: PK-5<sup>th</sup> grade
- 60 participants
- 35 students
- 25 adults
- 7 other vendors
- **Washington County Health and Wellness Meeting – 2/13/2024 10 a.m., Bartlesville Public Library. Discussed upcoming Run the Streets 5K on March 23, 2024.**

#### Outreach Events

- **American Heart Month Walk**
  - 2/2/2024
  - 11:00 am – 1:00 pm
  - Cooweescoowee Health Center
  - 16 participants

### **School Health & Wellness Program**

The School Health & Wellness Program targets 40 priority public school sites located on the CN Reservation.

- School Health & Wellness Program applications for 2023-2024 completed September 15<sup>th</sup>, 2023.
- School focus requirements.
  - Focus Area 1: Nutrition & Health Education
  - Focus Area 2: Physical Activity & Physical Education
  - Adding Focus Area 3: Tobacco Education/Awareness and Cessation
- Program Goal: To improve the health and well-being of school-age children and adolescents in underserved and disproportionately affected communities among the Cherokee Nation Reservation through collaboration and partnership.
- Priority schools agree to a partnership with CN Public Health to implement school wellness and health education strategies that promote increased access to physical education/physical activity, healthy food options and healthy water access in the school setting. Tobacco prevention and education will be a new focus area this school year.  
*\*Funded by Special Diabetes Program for Indians (SDPI) grant.*

### **CDC Healthy Schools Grant: School-Based Interventions to Promote Equity and Improve Health, Academic Achievement, and Well-Being of Students**

- Project staff from CNPH attended a required in person kick-off meeting at CDC campus, October 22-25, 2023, Atlanta, GA.
- 5-year cooperative agreement (2023–2028) to improve the health and well-being of students and staff in underserved communities.
- Cherokee Nation was the only Tribe in the nation awarded this funding.
- CNPH staff working on grant startup tasks for this project.
- In partnership with Sequoyah High School and Immersion School.

- Project Goal: to provide technical assistance and funding to Sequoyah High School and Immersion School partners to develop wellness teams and action plans to implement physical activity, nutrition and school health policies, practices, programs, and services that promote improved health and well-being of students

### **Breast and Cervical Early Detection Program**

- Our program has provided 407 breast procedures and 175 cervical procedures so far in program year 2.
- 20<sup>th</sup> Annual Breast Cancer Survivor Luncheon coming up 3/24/24 from 12:30-2:30 at Chota Conference Center room 4-6

### **Comprehensive Cancer Control Program:**

- OSTAHC Coalition is in process of review and revision of the 5 Year Comprehensive Cancer Control Plan.
- CNPH staff working with OSTAHC members and related workgroups on updates to the 5 YR Cancer Plan
- Coordinating the Cherokee Nation Cancer Conference- June 6<sup>th</sup>, 2024

### **Community Health Workers for COVID Response and Resilient Communities (CCR) Grant:**

- CDC funded grant – led by CN Public Health – works in partnership with the Cherokee Language and CN programs
- Serves Cherokee Speakers and tribal citizens in need of health care and/or other tribal services available

### **Connection to CN Resources:**

Cherokee Speakers	284
Non speakers	177
HACN	33
Human Services	87
Health	64
Speaker Services	182
Water and Sanitation	19
Career Services	4
Home Visit	155
Office Visit	51
Calls	142
Community Visit	23

***\*January 16-31, 2024 through February 1-15, 2024.***

***Tribal citizens have been connected to the following Cherokee Nation programs & services:***

### Speaker Services

- Applications for appliances and furniture
- Applications for home repairs
- Requesting bottled water
- Requesting space heaters
- Requesting assistance with frozen water pipes and water leaks
- Utility assistance
- Follow up on applications
- Emergency wood
- Heating Unit Repair – blowing cold air
- Requests for handicap bathrooms
- Request for septic repairs
- Requests for home repairs

### Housing Authority

- Home replacement application
- New home application
- Housing Rehab application
- Reapplied for elder home
- Follow-up on applications and request for updates on application
- Application for handicap bathrooms

### Water and Sanitation

- water well
- Hot water and plumbing issues

### Career Services

- Assisted with applications for program
- Needed information on program

### Health

- Re-establish service
- Requesting status updates on applications
- Wellness checks
- Assisted with a provider
- Assisted with accessing patient portal
- Referral to PACE program
- Researched and provided information on low copay program needed for medication
- Assisted with referral to physical rehab

### Human Services

- Emergency Assistance
- Elder Advocate
- Indian Child Welfare
- LIHEAP application
- Cherokee Youth/Elder Fund
- Family assistance/temporary home issue

- Updating documents
- Assisted community member with Promise to Pay from HS to propane vendor
- Utility hook-up
- Assistance with Vocational Rehab-Reentry Program, Peer Recovery Programs

***\*Wellness Checks***

***\*Home visits to check on community member's heat, frozen water pipes, food, and wellbeing.***

***\*Delivered meals***