



Cherokee Nation Tribal Council Health Committee Report

Claremore Indian Hospital

Month/Year of the report: January 2018

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Accomplishments:

- **Staffing:** Active announcements out for Chief of Family Medicine and Hospitalist.
- **Visits:** Outpatient visits for January up 10.6% over the same period the previous year.
- **Revenues:** Revenues for FY2018 decreased 12.3% over the same period the previous year.

Future Plans / New Initiatives:

- New Services:
 - Orthopedic patients now being sent to I-Ortho Group in OKC. Area looking at contracting with a group in Tulsa also. No update on Tulsa group. Recruiting for OB/GYN Chief.
 - Remodel work for Women's Health complete. ER design and remodel has been awarded and now in design phase. Upgrade on Med-gas system beginning. Sidewalk project completed

Workload:

	<u>Actual numbers/month</u>	<u>CN</u>
Outpatient visits up	10.6% 27,536	16,308/ (6738 patients)
Dental visits up	7.8% 785	410
Admissions up	18.3% 71	43
Newborns up	733.3% 25	23
New charts	449	
Reactivated Charts	604	

These statistics are compared to FY2017 statistics for the same time period. (January)
 Occupancy rate for January 2018: 19.0%

Third Party Collections:

January collections

Medicare:	\$ 498,054.59
Medicaid:	671,808.68
Private Insurance:	547,037.38
V.A.	<u>59,442.44</u>

\$ 1,776,343.09

Year-to-date collections for FY 2018: \$ 7,973,357.02

Amount billed for January 2018: \$ 4.4 million

Collections are down compared to FY2017 collections for same time period. \$ 1,124,874.03

Percentage of account receivables pending for claims > 120+ days: 2%

PRC Activities:

January cases

Funded:	282 cases:	\$ 1,034,465.00
Denials:	360 cases:	\$ 910,174.00
Deferred:	395 cases:	\$ 329,885.00
CIH clinics:	12 cases	
Cambridge	29	

Files to Committee 1078

Cherokee Nation Tribal Council



Health Committee Report February 2018

**Report By:
Dr. Charles Grim, DDS, MHSA
Interim Executive Director Health Services**

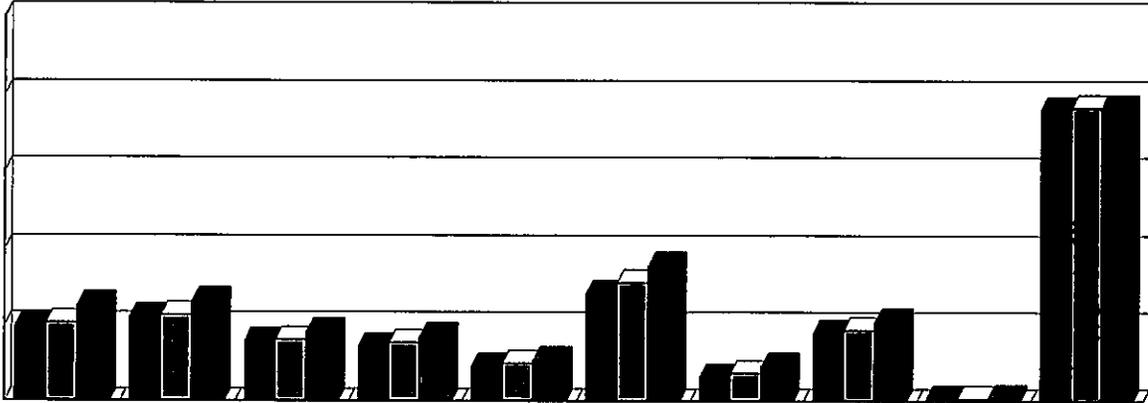
Table of Contents:

I. Charts and Tables.....	3-12
• Ambulatory Care Patient Visits by Clinic	
• Total Ambulatory Patients Visits	
• RX by Site	
• Dental Services Trends	
• Emergency/Urgent Care Trend at CN WW Hastings Hospital	
• Rate trend for Patients Left w/o Being Seen, CN WW Hastings Hospital	
• Surgical Procedures Performed at CN WW Hastings Hospital	
• Staffing Trend	
• Third Party Revenue by Health Center	
• Total 3rd Party Revenue Comparison, Health Centers/ Dental Services	
• Third Party Revenue Comparison CN WW Hastings Hospital	
• Monthly Cash Collection by Fiscal Year	
• CHS Report,	
• Top Diagnosis by Clinic	
II. Executive Summary Reports.....	13-18
III. OFFICE OF PROFESSIONAL RECRUITMENT, RETENTION, AND CREDENTIALING.....	18-20
IV. Information sheet on Flu.....	21-23

Charts



AMBULATORY CARE VISITS by Health Centers, Jan 2016-Jan 2018

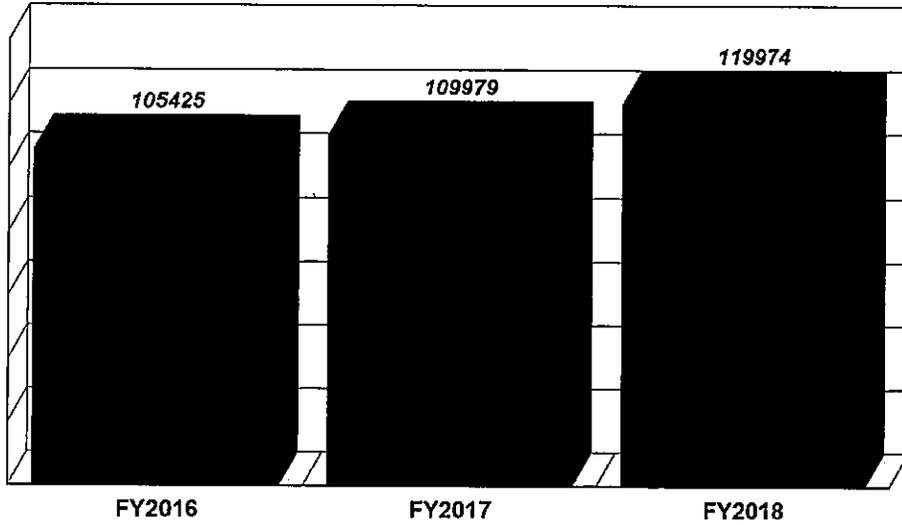


	WPM	RBS	AMO	JAY	NOW	MUSK	OCHELATA	VINITA	GADUGI	HASTINGS
■ FY2016	9725	11113	7968	7252	4635	14101	3292	9009	405	37925
▣ FY2017	10285	11326	8127	7700	5065	15568	3830	9454	391	38233
■ FY2018	12643	13157	9106	8498	5403	17690	4617	10427	404	38029

■ This report is based on ambulatory care visits by one or more of the following disciplines: physician, advanced practice provider (i.e., PA/APRN), dentist, pharmacist, optometrist, podiatry, and behavioral health



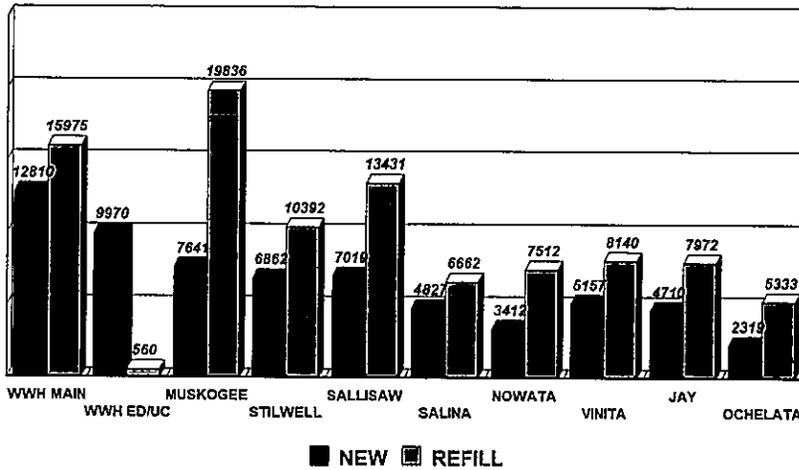
TOTAL AMBULATORY PATIENTS VISITS Jan 2016-Jan 2018



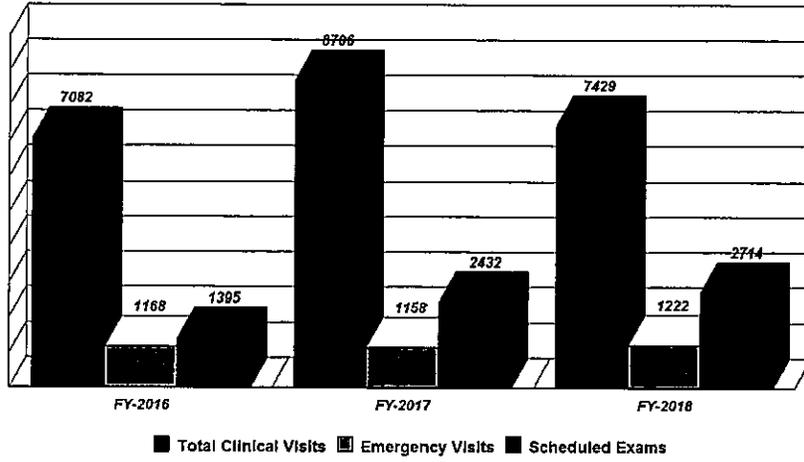
■ This report is based on ambulatory care visits from Health Centers and CN-Hastings Hospital



No. of RX filled by health facility January 2018



Dental Services Trend Jan 2016- Jan 2018

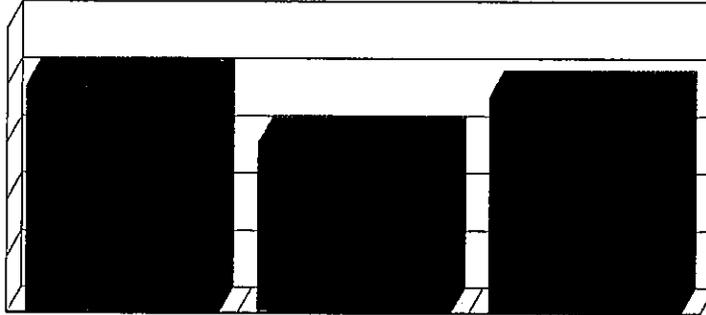


Emergency/Urgent care Trend at CN WW Hastings Hospital January 2016- 2018



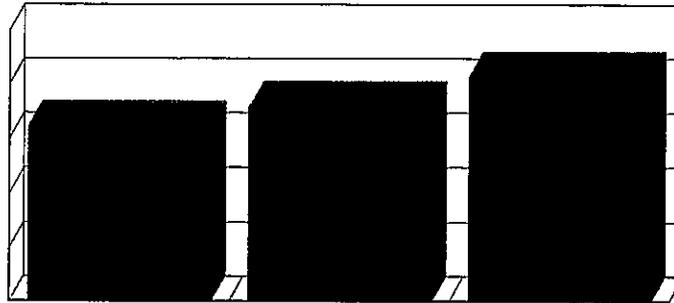
	Jan-2016	Jan-2017	Jan-2018
■ ED/Urgent Care	6664	7418	7696

**Rate trend for Patients Left without being Seen
CN WW Hastings Hospital December 2015-2017**



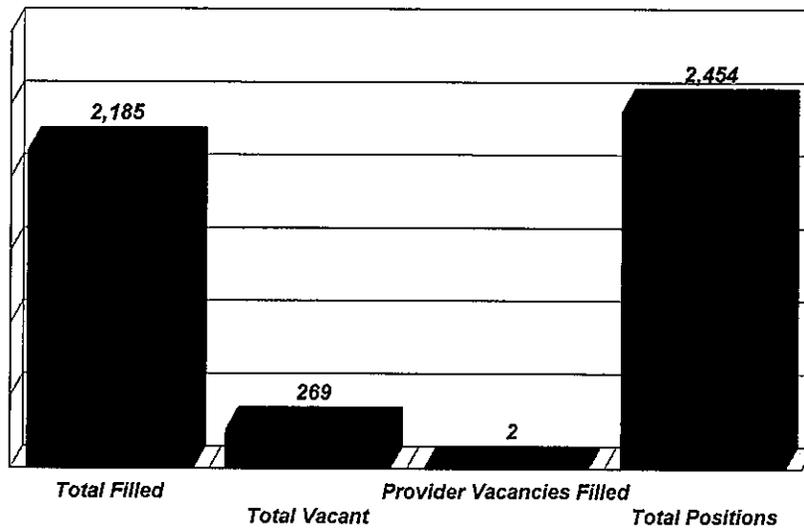
	DEC-2015	DEC-2016	DEC-2017
■ Left without Being Seen Rate	4%	3%	4%

Surgical Procedures Performed at CN WW Hastings Hospital Jan 2016- Jan 2018



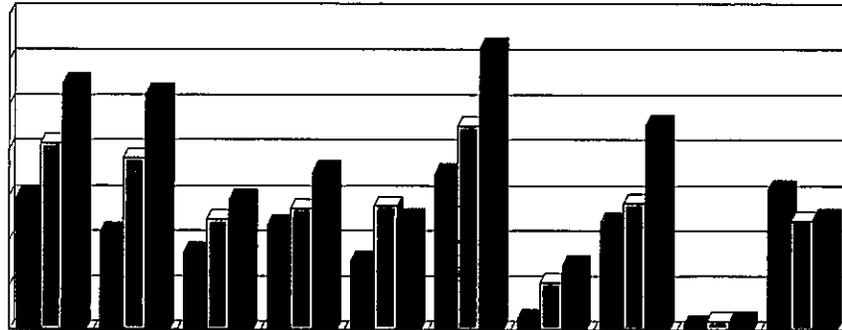
	Jan-2016	Jan-2017	Jan-2018
■ Surgical Procedures performed	321	358	412

Staffing Trend January 2018





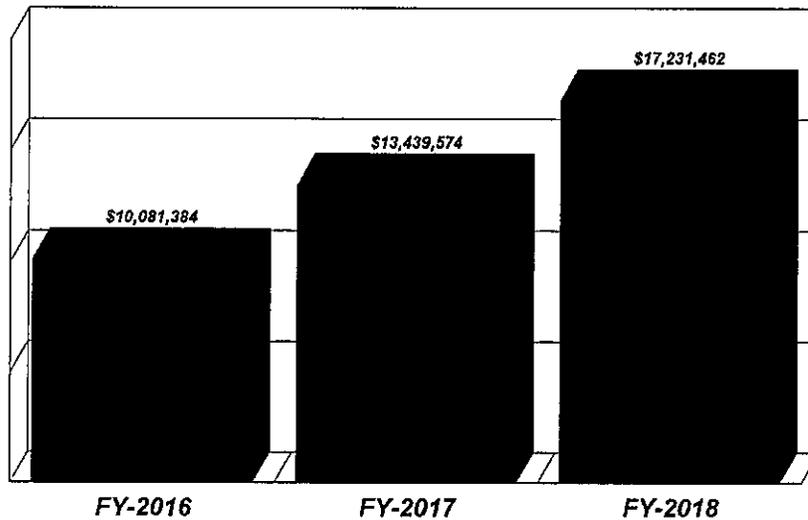
**Third Party Revenue by Health Centers
DECEMBER 2015-2017(Based on Year to-date
Collections)**



	Sullwell	Sallisaw	Jay	Salina	Nowata	Muskogee	Ochelata	Vinita	Ga Du Gi	Dental
■ FY-2016	\$1,489,300	\$1,085,956	\$869,890	\$1,166,920	\$778,210	\$1,733,250	\$131,942	\$1,202,598	\$65,909	\$1,557,393
□ FY-2017	\$2,062,020	\$1,895,789	\$1,233,168	\$1,351,074	\$1,381,314	\$2,250,059	\$532,805	\$1,412,070	\$106,014	\$1,213,261
■ FY-2018	\$2,722,456	\$2,613,854	\$1,451,772	\$1,758,755	\$1,239,372	\$3,128,025	\$716,808	\$2,286,219	\$97,436	\$1,236,767

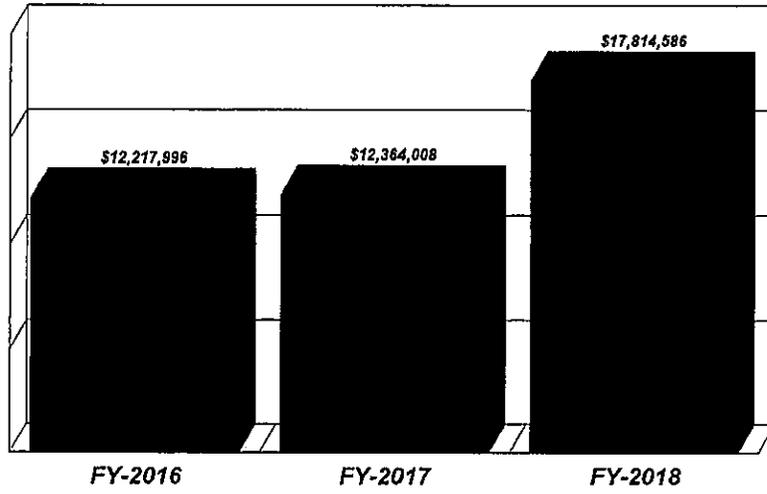


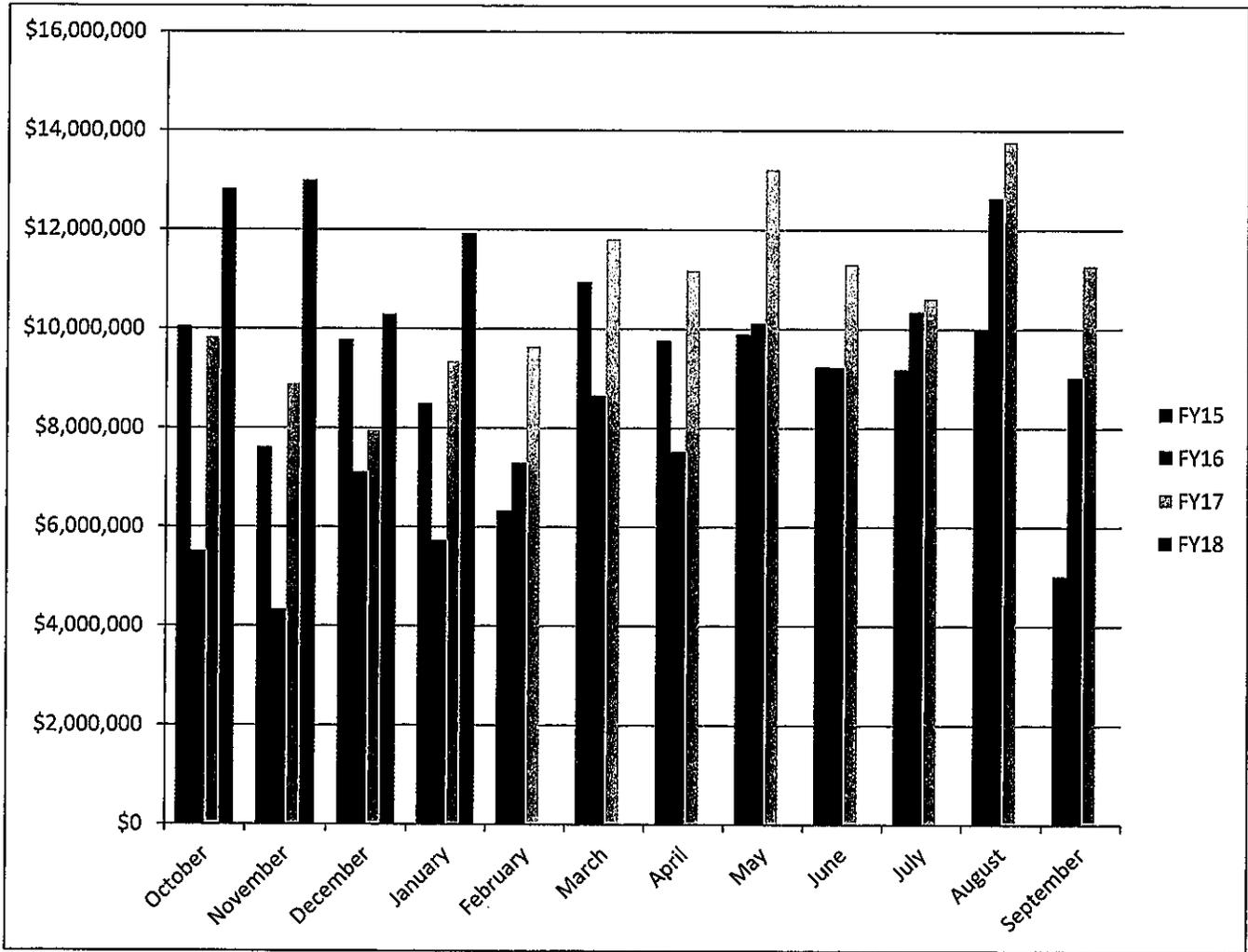
**Total Third Party Revenue Comparison
(Health Centers/Dental services only
Based on Year to-date Collections)**





**Third Party Revenue Comparison
CN WW Hastings Hospital
(Based on Year to-date Collections)**





Year	October	November	December	January	February	March	April	May	June	July	August	September
FY15	\$10,059,478	\$7,622,580	\$9,786,983	\$8,495,612	\$6,335,603	\$10,954,028	\$9,773,682	\$9,906,509	\$9,248,215	\$9,192,561	\$9,979,491	\$5,016,021
FY16	\$5,519,339	\$4,335,735	\$7,102,249	\$5,725,307	\$7,295,879	\$8,659,579	\$7,520,397	\$10,119,895	\$9,229,876	\$10,345,039	\$12,639,422	\$9,020,925
FY17	\$9,845,340	\$8,905,731	\$7,961,338	\$9,356,111	\$9,658,944	\$11,825,495	\$11,192,238	\$13,223,819	\$11,317,054	\$10,627,596	\$13,783,774	\$11,289,686
FY18	\$12,819,578	\$13,002,818	\$10,292,304	\$11,922,347								

CHS Report as of January 31, 2018

CAN	Description	HASTINGS			STILVELL			SALLISAW			JAY		
		Paid	Open	Total	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50XB01	HASTINGS OI	12,172.93	27,415.00	39,587.93	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
J50XB02	MEFP	18,953.72	20,147.00	39,700.72	17,783.40	23,140.82	42,930.22	14,836.39	28,194.63	42,833.02	7,175.62	3,922.00	11,097.62
J50XB03	INPATIENT	1,156,323.14	1,433,370.83	2,589,693.97	32,197.09	98,374.39	130,571.48	72,573.31	136,835.29	209,413.60	28.30	15,000.00	1,528.30
J50XB04	OUTPATIENT	1,662,441.29	2,404,315.00	3,967,366.29	273,654.17	775,262.82	1,052,906.99	290,221.31	628,188.61	918,409.92	210,389.76	503,872.80	711,061.65
J50XB05	SUBSTANCE ABUSE	82,553.26	52,325.00	144,878.26	2,200.00	2,500.00	4,700.00	7,910.00	2,850.00	10,760.00	0.00	0.00	0.00
J50XB06	BEHAVIORAL HEALTH	75,504.70	21,760.00	97,264.70	0.00	0.00	0.00	0.00	4,620.00	4,620.00	0.00	0.00	0.00
J50XB08	DENTAL	77,519.48	52,845.00	130,364.48	0.00	0.00	0.00	0.00	0.00	0.00	0.00	550.00	550.00
J50XB10	DIABETIC SHOES	2,959.32	4,000.00	6,959.32	0.00	2,000.00	2,000.00	1,030.23	100.00	1,180.23	0.00	1,000.00	1,000.00
J50XB47	6% INPATIENT	121,737.49	95,504.00	297,341.49	0.00	0.00	0.00	0.00	0.00	0.00	3,444.99	3,375.00	12,919.99
J50XB48	6% OUTPATIENT	32,559.04	8,450.00	41,009.04	0.00	0.00	0.00	0.00	0.00	0.00	0.00	725.00	7,675.27
J50XB49	6% DENTAL	103,081.68	44,125.00	147,188.68	68,853.00	28,705.00	93,558.00	83,316.60	18,380.00	61,689.60	35,784.40	16,170.00	52,234.40
J50XB50	6% VISION	145,746.95	46,827.80	192,574.75	43,354.37	15,882.00	69,236.37	83,342.54	14,555.00	67,887.54	45,135.37	6,215.00	61,350.37
TOTALS		3,402,032.47	4,201,785.33	7,603,817.80	438,058.03	953,856.03	1,391,914.06	502,999.38	833,693.63	1,336,692.91	302,162.60	547,154.80	849,317.40

CAN	Description	SALINA			NOWATA			MUSKOGEE			VINITA		
		Paid	Open	Total	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50XB01	HASTINGS OI	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
J50XB02	MEFP	21,315.20	1,036.00	22,413.20	8,622.33	2,549.00	11,171.33	7,639.80	3,378.00	17,216.80	10,125.27	1,683.00	14,808.27
J50XB03	INPATIENT	10,812.85	3,700.00	20,612.85	330.06	3,203.00	3,533.06	4,675.89	27,500.00	32,676.89	0.00	0.00	0.00
J50XB04	OUTPATIENT	448,719.50	670,454.00	1,119,173.50	194,700.17	273,394.00	468,094.17	361,002.12	501,951.00	1,263,063.12	289,855.56	228,778.00	498,633.56
J50XB05	SUBSTANCE ABUSE	15,432.32	0.00	15,432.32	6,170.00	0.00	6,170.00	0.00	0.00	0.00	4,303.23	5,700.00	10,609.23
J50XB06	BEHAVIORAL HEALTH	6,321.09	0.00	6,321.09	0.00	0.00	0.00	4,891.00	0.00	4,891.00	4,375.00	0.00	4,375.00
J50XB08	DENTAL	3,783.00	0.00	3,783.00	0.00	0.00	0.00	0.00	0.00	0.00	4,625.00	0.00	4,625.00
J50XB10	DIABETIC SHOES	515.00	800.00	1,315.00	314.76	2,850.00	2,814.76	0.00	3,000.00	3,000.00	754.38	1,000.00	1,754.38
J50XB47	6% INPATIENT	4,375.10	11,850.00	16,225.10	3,095.94	19,300.00	22,995.94	20,136.32	950.00	3,013.43	1,641.00	10,354.43	
J50XB48	6% OUTPATIENT	171.42	0.00	171.42	0.00	1,850.00	1,850.00	1,823.81	0.00	1,823.81	468.00	2,500.00	2,968.00
J50XB49	6% DENTAL	29,558.50	18,388.00	47,956.50	0.00	0.00	0.00	38,412.63	20,718.00	58,530.63	83,510.51	14,825.00	108,335.51
J50XB50	6% VISION	27,050.49	4,544.00	31,594.49	31,173.91	8,878.00	37,849.91	28,980.57	11,303.00	40,283.57	72,135.29	11,897.00	83,992.29
TOTALS		568,654.56	716,944.00	1,285,498.56	234,337.21	310,672.00	545,069.21	467,863.13	974,610.00	1,442,473.13	462,671.88	267,984.00	730,655.88

CAN	Description	CLAREMORE			OCHELATA			TOTAL		
		Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50XB01	HASTINGS OI	0.00	0.00	0.00	0.00	0.00	0.00	12,172.93	27,415.00	39,587.93
J50XB02	MEFP	1,720.00	0.00	1,720.00	1,814.89	604.00	2,418.89	109,433.62	95,876.45	205,170.07
J50XB03	INPATIENT	0.00	0.00	0.00	0.00	0.00	0.00	1,277,045.65	1,710,883.21	2,387,328.86
J50XB04	OUTPATIENT	288,877.73	738,101.17	1,026,978.90	155,858.36	397,610.00	554,068.36	4,036,319.16	7,823,967.40	11,560,286.66
J50XB05	SUBSTANCE ABUSE	6,600.00	0.00	6,600.00	2,500.00	0.00	2,500.00	135,774.81	65,876.00	201,649.81
J50XB06	BEHAVIORAL HEALTH	3,675.00	0.00	3,675.00	0.00	0.00	0.00	94,666.70	26,380.00	121,046.70
J50XB08	DENTAL	0.00	0.00	0.00	0.00	0.00	0.00	85,827.48	53,395.00	139,222.48
J50XB10	DIABETIC SHOES	62.95	2,600.00	2,662.95	0.00	0.00	0.00	6,397.25	17,000.00	22,997.25
J50XB47	6% INPATIENT	5,550.20	6,500.00	12,050.20	840.68	17,416.00	18,256.68	169,186.04	163,236.00	321,422.64
J50XB48	6% OUTPATIENT	0.00	700.00	700.00	0.00	0.00	0.00	35,446.54	23,781.00	59,197.54
J50XB49	6% DENTAL	0.00	0.00	0.00	27,582.50	14,802.00	42,184.50	488,071.50	173,854.00	631,725.90
J50XB50	6% VISION	0.00	0.00	0.00	34,474.57	993.00	35,467.57	482,919.49	18,652.80	571,722.29
TOTALS		306,385.88	747,801.17	1,054,187.05	221,271.10	433,625.00	654,896.10	6,871,321.57	9,988,085.86	16,660,007.43

	TOTAL			Projected Annual Expens	Projected Bal At Year End
	Budget	Paid	Open		
COMPACT	28,438,652.00	6,606,031.92	3,342,040.81	13,590,688.47	44,844,217.59
SUB ABUSE	324,000.00	135,774.81	65,875.00	122,350.19	604,949.43
DIABETIC SHOES	360,000.00	5,997.25	17,000.00	327,002.75	68,991.75
6% DIVIDEND	6,500,000.00	1,224,117.59	563,170.26	4,712,712.16	5,361,863.52
Totals	35,612,652.00	6,871,921.57	9,888,085.86	18,752,654.67	50,880,022.29

Top Diagnosis by Clinic

Sam Hider HC			A MO HC		
	#	Total Visits		#	Total Visits
Type 2 diabetes mellitus	276	4052	Encounter for screening, unspecified	550	3864
Essential (primary) hypertension	272		Essential (primary) hypertension	490	
Type 2 diabetes mellitus without complications	251				
Long term (current) use of insulin	227		Type 2 diabetes mellitus without complications	437	
			Vitamin D deficiency, unspecified	259	
Ochelata HC			Redbird HC		
	#	Total Visits		#	Total Visits
Essential (primary) hypertension	260	1628	Essential (primary) hypertension	577	4790
Type 2 diabetes mellitus without complications	181				
			Type 2 diabetes mellitus without complications	391	
Other hyperlipidemia	158				
Vitamin D deficiency, unspecified	133		Encounter for immunization	368	
			Type 2 diabetes mellitus with hyperglycemia	239	
		Total Visits			
Ga Du Gi HC			Wilma P Mankiller HC		
	#	Total Visits		#	Total Visits
Acute maxillary sinusitis, unspecified	116	388	Essential (primary) hypertension	667	5139
Acute maxillary sinusitis	115		Type 2 diabetes mellitus without complications	479	
Essential (primary) hypertension	54		Encounter for immunization	381	
Influenza due to other identified influenza virus with other respiratory manifestations	53		Cough	278	
Allergic rhinitis due to pollen	50				
			Vanita HC		
				#	Total Visits
			Type 2 diabetes mellitus without complications	378	4052
			Essential (primary) hypertension	370	
			Encounter for immunization	178	
			Hyperlipidemia, unspecified	173	
			Total Visits		
					13504
			WW Hastings HC		
				#	Total Visits
			Essential (primary) hypertension	1129	
			Encounter for immunization	824	
			Type 2 diabetes mellitus without complications	798	
			Pregnant state, incidental	500	
Will Rogers HC					
	#	Total Visits			
		1919			
Essential (primary) hypertension	387				
Type 2 diabetes mellitus without complications	252				
Hyperlipidemia, unspecified	194				
Encounter for immunization	162				

Summary Highlights for the month of January 2018

- **Cooweescoowee Health Center (CHC):** 78 new/reactivated charts. Hosted a Blood drive. PHNs attended Skiatook Senior Meeting and performed blood pressure checks. Melissa Whitchurch was promoted to Ambulatory Care Nurse Manager.
- **Gadugi Health Center (GHC):** 26 new/reactivated charts. Has assisted Cherokee Nation Marshal Service to meet their physical exam requirements.
- **Three Rivers Health Center (TRHC):** 130 new patients. Staff collected 51 coats for the Gospel Rescue Mission. Staff did a food drive for the new RISE House in Muskogee. RISE provides shelter for girls ages 12-18 who have been victims of human trafficking. Pink Pearls Relay for Life team held a Penny Wars fundraiser for the local chapter of the American Cancer Society. Employees of the Month were Dr. James Baker, Medical Director and Russ Smith, Clinic Caretaker.
- **Vinita Health Center (VHC):** 119 new charts. Over 350 people were in attendance at the Photo ID event. At the event flu shots were offered and information was given on Affordable Care Act, VA benefits and Hep C screening. There was a blood drive.
- **Will Rogers Health Center (WRHC):** 17 new charts. PHNs and CHRs provided employee health immunizations to South Coffeyville Casino employees and participated in the Native American Fellowship in South Coffeyville and provided influenza immunizations.
- **Wilma P. Mankiller Health Center (WPMHC):** 30 new/reactivated charts. Two new employees joined the staff, Connie Byrd, Phlebotomist II and Lisa Davis, RN Case Manager.

Cherokee Nation W.W. Hastings Hospital

- **Announcements**

On Friday, January 5, 2018, a team from WWH traveled to Arkansas Children's Northwest in Springdale, AR, as they prepared to open their new hospital to observe a transition management firm being considered for the transition to the new Outpatient Health Center.

- **Patient Access**

Labor and Delivery delivered **73 babies** during January 2018. The Emergency Department and Urgent Care provided care to **7,696** patients during January 2018 with a Left Without Being Seen (LWOBS) rate of 9.7%. This is a new record for the number of patients taken care of by our ED and Urgent Care. Surgical Services performed **412** surgical procedures during January 2018.

- **CN Comprehensive Cancer Control–** The Comprehensive Cancer Control Program (CCC) was established in 2003, with help of funding from the Centers for Disease and Prevention. In 2017 the program has received funding for an additional five years with the purpose of implementing a program to support cancer coalition efforts to plan and implement evidence-based strategies to promote the primary prevention of cancer; support cancer early detection efforts; address the needs of cancer survivors; and promote health equity.
- CCC staff and Surveillance Officer were contacted by CDC to work on a **Liver Cancer Prevention Pilot Project**. Liver cancer, primarily hepatocellular carcinoma (HCC) is the third leading cause of death from cancer worldwide and the ninth leading cause of cancer deaths in the US. Chronic hepatitis B and C infections are risk factors for liver cancer, resulting in cirrhosis and eventually HCC.
- CCC program staff is working on strategies to **increase HPV vaccinations**. HPV vaccines prevent cancer. About 14 million people, including teens, become infected with human papillomavirus (HPV) each year. When HPV infections persist, people are at risk for cancer. Every year, approximately 17,600 women and 9,300 men are affected by cancers caused by HPV. HPV vaccination could prevent many of these cancers.
- **Education and awareness** presentations have been conducted in 7 community meetings. Presentations relay information on liver cancer prevention, risk factors, detection, and treatment.
- **Breast and Cervical Cancer Early Detection Program-** The program served **258** Indian/Cherokee women (Clinical Breast Exam, Mammograms, Ultrasound, Pap smear, HPV testing, Colposcopy with or without biopsy, Colposcopy w/ ECC and ECC, and Cytopathology) at the cost of **\$22,012**. **Education/outreach** was offered at a Methodist Church Senior Citizens, Cookson, OK, Sam Hider Health Center, Jay OK

- **Behavioral Health Service**—A range of behavioral health Services were provided to 2,016 clients across 2,750 visits to Behavioral Health in January, 2018. The services provided ranged from initial treatment intakes to psychiatric services to rigorous psychological assessments to parent-child interaction therapy and include animal-assisted, individual, group, and marriage and family therapy.
- **JBC**— Served a total of **25** clients in January. **17** of which were males; **8** were females.
- **Dietary Services**— **801** clients were provided dietary counseling services. Services include DSME Classes; DM Classes; Weight Mgmt. Classes; Employee Activity Committee Activities; DM Ancillary Clinic; Lunch and Learn; Healthy Native Program-Nutrition Lessons; Employee Wellness Wt. Challenge; Maintain Don't Gain Challenge. MNT Classes: **59** -number of participants in the classes. Worksite or Community Classes/Presentations: **10 (# of participants)**.
- **Emergency Medical Services**— the program transported **506** clients; of those 385 were emergency transports. In addition **589** participants were trained at our facility
- **Public Health Nursing @ Claremore**- PHN's provided **100** Home Visits/postpartum checkup, **96** clinic screenings/classes, and **1,057** phone call/audits/letters. **Public Health Nursing @ Hastings**- PHN's provided **81** Home Visits, **89** clinic screenings/classes, and **313** phone call/audits/letters.
- **Staffing Report**— Total positions: **2,454**; of these **2,185** (89.3%) are filled, 269 (10%) are vacant.
- **Contract Health Services**— During the month of January 2018, CHS program processed **10,585** referrals of those **10,235 (96.6%)** were **approved** at the cost of \$ **4,415,242**.
- **Health facilities** – IHS increased M&I funding to CN by \$251,000 as a result of Sr. Director's inquiries. Health Facilities staff completed 148 preventative maintenance orders, 117 called in orders and 8 property work orders.. Built storage building for JBC horse tack, developed an Infection Control Risk Assessment (ICRA) for WPMHC ceiling tile replacement, and conducted a Physical Environment inspection at WPMHC. GSA /Tribal Vehicle fleet stands at **162**.
- **Diabetes Prevention Program:**
 - Active DPP participants for January: 142
 - # of Patients Referred: 22 (HIMC: 4 Muskogee: 1 Salina: 9 Stilwell: 8)
 - 2018 Recruitment: Currently working to recruit participants for 2018 classes

Core Classes (Months 1-6):

- Four classes are being taught in Tahlequah with 41 participants. 302 total pounds have been lost and 8 participants have reached their 5% goal weight
- One class is being taught in Salina with 6 participants. 30 total pounds have been lost
- One class is being taught in Jay with 3 participants. 30 total pounds have been lost, with 1 participant reaching their 5% goal weight
- One class is being taught in Vinita with 3 participants. 10 total pounds have been lost.
- Two classes are being taught in Stilwell with 20 participants. 185 total pounds have been lost, with 10 participants reaching their 5% goal weight
- One class is being taught in Muskogee with 8 participants. 47 pounds have been lost, with 2 participants reaching their goal weight
- One class is being taught in Brushy Community (Sallisaw) with 5 participants. 43 pounds have been lost, with 3 participants reaching their goal weight.
- One class is being taught by Markoma staff with 4 participants. 18 pounds have been lost.

Total Classes: 12

Total Participants: 90

Total Pounds Lost: 665

5% Goal Weight Met: 24

Maintenance Classes (Month 7-12):

- Two classes are being taught in Tahlequah with 10 participants. 72 total pounds have been lost, with 3 reaching their 5% goal weight.

- Two classes are being taught in Salina with 11 participants. 64 total pounds have been lost, with 3 reaching their 5% goal weight.
- One class is being taught in Jay with 3 participants. 58 total pounds have been lost, with 2 participants reaching their 5% goal weight
- One class is being taught in Muskogee with 7 participants. 105 pounds have been lost, with 5 participants reaching their 5% goal weight
- One class is being taught in Stilwell with 7 participants. 14 pounds have been lost.
- One class is being taught in Sallisaw with 14 participants. 83 pounds have been lost, with 2 participants reaching their 5% goal weight

PUBLIC HEALTH MONTHLY REPORT –January 2017

Community Recreation Center

Total Members: 12,025

Revenue: \$4,995.00

Total Visits: 10,510

Total Group Fitness: 4,102

Total Child Watch: 665

Active Wings running club members: 8,259

Youth Risk Behavior Survey

We have received the data back from CDC. We are in the process of evaluating the data and developing reports about that data.

Cherokee Nation Health Survey

We have continued to collect the data for this survey and are in the process of analyzing that data.

Public Health Accreditation

We are continuing to work under new standards (version 1.5) in preparing for re-accreditation. We are working on preparing documentation for Emergency Management, Strategic Plan, Workforce Development, Tribal Health Assessment, Tribal Health Improvement Plan and the Quality Improvement Plan. We have submitted the annual report for PHAB.

Sequoyah County PHEs Mary Owl

- Smoking Cessation classes - Offered Redbird Smith Health Center – Wednesday – 1pm
- Biggest Loser – 39 participants – offered by fitness staff
- Promote an Employee workout at 6 am. Have 6 to 7 participants during the week.
- Participated in Muldrow Cherokee Community Organization Line Dance Exercise Class. 12 participants
- Brushy Community Diabetes Prevention Program is going very well with 5 participants. Group is now meeting every two weeks. Attendance is questionable due to illness of participant or others.
- Redbird Smith Health Center Diabetes Prevention Program class is continuing
- Brushy Breakfast Fundraiser – PHE assist cooking, cleaning, and media
- PHE help distribute Running Strong donations to community members. Served approximately 100 families total. (Items disbursed: adult and children coats, boots, caps, gloves, and scarves)
- Visited with Line Exercise participants and instructor about Brushy Community wanting to start a similar class in their community. Brushy will send a lady to learn the steps and dances to teach.

Cherokee County – PHE Sonya Davidson

- PHE attended cessation training on January 12th for updates on the Freedom from Smoking program.

- PHE completed School Health Index for 5 Cherokee County Schools: Hulbert, Woodall, Shady Grove, Lowrey and Peggs. PHE completed all BMI data for Pre 2017-2018 school awards and submitted to Dr. Ashley Comiford.
- PHE continues to facilitate the Healthy Native Diabetes Prevention classes held at the Cherokee Nation Tribal Complex Wednesdays at 12:00 o'clock these meetings are now in their monthly maintenance phase with 2 participants attending.
- PHE continues to facilitate Healthy Native Diabetes Prevention classes held at the Healthy Living Campus on Monday Evenings at 5:30pm with 6 participants in attendance. Participants are eager and are working toward hitting specified goals with 2 participants successful in meeting weight loss goal and reducing A1C levels. This class is also participating in Tai Chi Lessons with a partnership with OSU extension office.
- PHE began planning meetings for second annual Open Streets event in which we will encourage alternative modes of transportation to the event. The event is scheduled to be held June 9th 2018.

Adair County – PHEs Charlie Stilwell and Teresa Eagle

- PHE attended Stilwell Farmers Market Board Meeting by phone the meeting was held at the Stilwell Library. The committee approved the location for the Farmers Market, set up the schedule of activities, Changes in Administration and new Website and another SFM to be open at Means Furniture.
- PHE's continue working with patients who want to quit smoking on a one on one basis; PHE's have found this to be more effective on helping patients when they have a desire to quit.
- PHE's have submitted race forms and USTAF applications to Trina Jackson and are preparing PO's for the CC Camp 5K and Run for the Berries 5K both held in Adair County.
- DPP participants have increased their physical activities in the last month and are getting out and moving more during the work week and well as the weekends.
- PHE's introduced and had sign up for our "Between a Walk and a Hard Place" to our employees we have 24 signed up and attending monthly meetings with their Coaches to help with Physical Activity, meal preparations, Body Mass Index, and food tracking. Employees continue to make and reach attainable goals.
- These Buns Were Made for Walking – will open up this spring for those that are want to be involved walking in 5K events. We will also have a second group for those that want to run the 5K events that group will be called Buns on the Run.
- The Healthy Native Program are meeting every other week now and participants are still doing the best they can with documentation and keeping up with their physical activity. PHE's encourage the participants to attend all classes and to do the best they can to continue with their Healthy lifestyle change.
- PHE's have completed BMI's for Adair County.
- PHE's signed an agreement to help with TRAIL (Together Raising Awareness for Indian Life) PHE's will be teaching three classes to help out with this program in March 2018

Delaware/Ottawa Counties –PHE Trisha Nichols and Cindy Tuder

- PHEs still holding Healthy Native Classes.
- PHEs are in the beginning stages of planning the 2018 kid's camp.
- PHEs attended the Delaware County Community Partnership.
- PHEs will be doing BMIs at Colcord Schools and at Oaks School in March.
- PHEs working with Jay High School Cheerleaders on the planning of the Bulldog Classic 5K in April.

Mayer and Rogers Counties– PHEs Tony Ballou and Ronnie Neal

- PHE's provided 1-on-1 cessation counseling to 48 patients at the AMO Health Center in Salina.
- PHE Met with the Mayer County HOPE Coalition, TSET group on New Year tobacco free policy strategies for Mayer County.
- PHE educated 70 + Salina Elementary P.E. students to avoid Commercial Tobacco.
- PHE Helping a walking group at the Claremore Indian Hospital for diabetes patients in Claremore service area. They are re-launching in the New Year.

- PHE Partnering with City of Claremore and several other partners as strategize on a Safe Routes to School Program.
- PHE Conducted parent training on increasing physical activity as a family at the CN Salina Head start.
- PHE's finished up Body Mass Index measurements at Salina and Wickliffe Elementary this month with over 225 students participating.
- PHE's Promoting/recruiting the Salina/AMO Health Clinic Employee Wellness Program; individuals are taking daily walks around the track, utilizing the treadmill, and working out to DVD's.
- PHE Promoting regular exercise to our 5 members during our Diabetes Prevention Program [DPP].
- PHE's been approached by Mayes County Boys and Girls Club/T.R.A.I.L. Program of Pryor to assist with Traditional games/activities in the upcoming spring and summer months.
- PHE's promoting the available resources in this area to patients who want to become more active. i.e.: AMO Employee Wellness, Pryor Recreation Center, area walking tracks.
- PHE Assist Lead Teacher with several grade levels at Wickliffe Elementary.
- PHE Volunteered as a presenter for the Oklahoma Farm to You program at Roosevelt Elementary School in Pryor. Presented 41 five minutes sessions to the entire school.
- PHE's Continue with the Healthy Native class maintenance sessions at the AMO health center in Salina. PHE's have 14 participants that have been in involved since the beginning.
- PHE's still leading a Healthy Native class that meets on Mondays at noon and 5:30 with 14 participants.
- PHE Attended quarterly committee meeting for Oklahoma Health Improvement Plan on Complete School Wellness.
- PHE Attended training to be re-certified as a Basic Life Support provider.
- PHE Promote and recruit for our upcoming Oklahoma Blood Institute Blood Drive here on February 5th

Muskogee County – PHE Jason Shelor and Ben Buckskin

- PHEs are continuing work with the chief pharmacist in the tobacco clinic. One on one counseling is provided and after the nicotine replacement therapy are given to the patient. To date, 823 patients have utilized this service.
- PHEs will be directing two races, Kay Lane Run May 19 and Big Red Splash and Dash June 23.
- PHEs continuing to assist with other PHEs in gathering BMI data for school grant recipients.
- In January, the Running/Walking Group began at Fort Gibson High School.
- The Healthy Native Program continues through 2018. PHEs are facilitating classes with an average of 10 participants each.
- PHEs began the Zero to 60 water challenge with TRHC employees, who are challenged to drink 60oz of water daily while eliminating sugary drinks.
- PHE provided a nutrition presentation to parents and students at Muskogee County Head Start.
- PHEs are inviting superintendents from Muskogee County to TRHC for the Muskogee Area Education Consortium.

Washington/Craig/Nowata Counties – PHE Amy DeVore

- PHE attended the Nowata CAN meeting.
- PHE planning the 2018 Kid's Camp.
- PHE continuing to offer smoking cessation classes.
- PHE working with the Oklahoma Strategic Tribal Alliance for Health (OSTAH) and led the meeting with 30 attendees, discussed updates of goals and objectives and updates from each program and organization.
- PHE planning the Run Jack Run 5K
- Data was submitted to supervisors for the School Health Awards.

Primary Prevention Program Report – Kassandra Rosas and Shaina Kindle Tobacco Settlement Endowment Trust (TSET)

- A second meeting, on January 3rd with First Christian Church resulted in agreeing to create a tobacco policy. It will be voted on at their next board meeting and we will continue our partnership from there.

- Stomping Grounds Coffee Shop does want a Tobacco Policy and signs to be posted out in store front. Making arrangements to meet in February to go over Example Tobacco Policy
- Rocky Mountain Public School completed their Wellness policy, making a meeting time to go over the practice portion of the policy and start on the Garden Sponsorship
- Westville has agreed to a formal partnership after meeting with them. We are going to be aiding them in a garden sponsorship and they are going to be updating their current wellness policy. PHEs will be going back February 7th to discuss what changes need to be made.
- PHE attended smoking cessation training in Tahlequah by Cherokee Nation Public Health to get certified to teach a smoking cessation classes.
- The second part of Maryetta Schools Policy Practice Tool was completed and submitted for grading to the center. We can now fully partner with them as a result. PHEs attended a partnership meeting with them to see how they have utilized the resources they have been given and their future plans to do so as well.
- The Health Dept. has agreed to a formal partnership and their policy has been submitted to the center for grading. Partnership to assist and help with Smoking Cessation classes was created.
- On January 25th Kassandra and I took part in Maryetta's Literacy/Family night. PHEs spoke to 25 kids and 40 parents about our "**Rethink Your Drink**" campaign which encourages people to drink water and make healthier beverages choices. They provided fruit infused water for them to sample and after they were asked to fill out a short survey letting them know what they thought about the drinks. Overall, most of the kids said they liked the water and would drink it again. Most of the parents were proud that the kids to tried it and said it was something they would try at home or sign up to bring to school parties.

**OFFICE OF PROFESSIONAL RECRUITMENT, RETENTION, AND CREDENTIALING-
January - February 2018**

New Professionals:

- Constance Rogers, DO (WWH-UC) PRN- 2/25
- Todd Estes, PA (WWH-UC)- 2/25
- Dena Squyres, APRN (WWH-UC) PRN-3/4
- Dominick, Amanda (Bighorse), D.O. (Vinita) 3/11
- Daniel Nicoll, D.O., DABFP (Jay)-4/29

Pending candidates (CONFIDENTIAL)

- APRN (Nowata) PRN
- R.PH (Pharmacy Refill Center Supervisor)
- MD (WWH-UC) PRN
- DO (WWH-UC)PRN
- DO (WWH-UC)PRN
- DO (WWH-UC)PRN
- APRN (WWH-UC) PRN
- MD, (Jay) Aug '18
- MD (Jay) Aug '18 IHS payback
- MD (Nowata) Aug '18 NHSC scholar
- DO (WWH-Hospitalist)-Sept '18
- PA-C (WWH-UC)
- PA-C (WWH-UC)
- MD (WWH-OBGYN) – Aug'18
- DO (WWH-Anesthesiology) – Aug'18
- DDS (Vinita)-'18 grad IHS payback
- DDS (Stilwell)-'18 grad IHS payback

- DDS (Vinita)-18 grad, IHS payback
- DDS (WWH) – 18 grad, IHS payback

Recruiting for the following Vacancies (As of 2.22.18, does not include vacancies where a candidate has been selected and is process):

Health Center Vacancies:

- Physicians: 6 (All clinics except Jay, Vinita & Nowata)
- PA: 1 R/FT Jay
- APRN or PA: 1 R/FT Jay

WWH Vacancies:

- Physicians: 1 R/FT in UC, 2 in EM, 2 in PC & 1 PRN in EM
- OB/GYN: 1 R/FT
- Surgery: 2 R/FT
- Pediatrics: Recruiting for 3 future retirements
- Anesthesiology: 1 R/FT
- CNRA: 1 R/FT
- Advanced Practitioner: 1 R/FT PC, 1 for infectious disease & 1 PRN in UC

Dental:

- Dentist: 1 R/FT Vinita

Pharmacy:

- Pharmacist: 1 R/FT Refill Center

Vacancy Rates (excludes PRN):

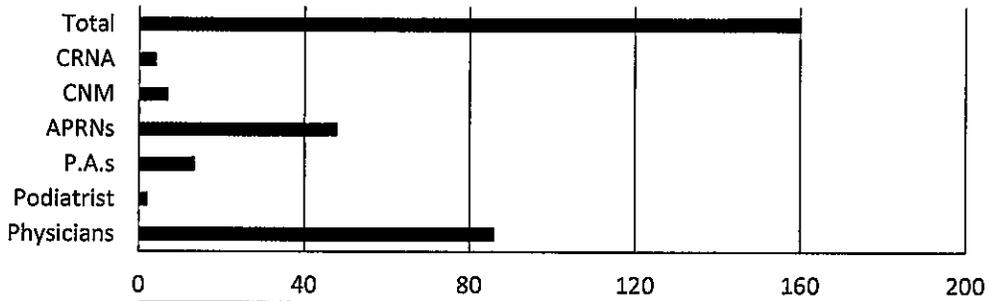
- Clinic Providers: 10.5%
- WWH Providers: 11.9%
- Total Providers: 11.2%
- Total Health Professionals: 6.8% (including PRN)

***Highlighted in yellow are Cherokee Citizens.**

Highlight Events:

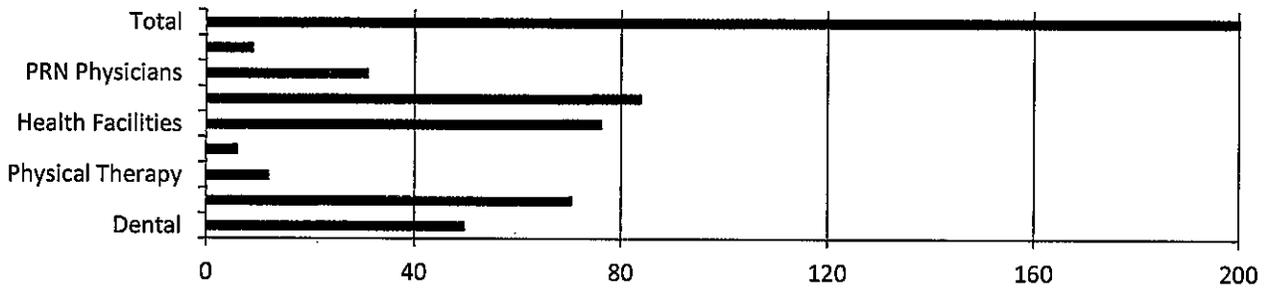
- New Recruitment Coordinator, Tracy Doublehead joined team 2/19
- OSU Residency Fair 3/2
- Hearts of Gold Gala 3/2
- Our Docs Rock 4/7
- Scheduling spring residency visits

Total CNHS Providers 11.2% Vacancy Rate (excludes PRNs)



	Physicians	Podiatrist	P.A.s	APRNs	CNM	CRNA	Total
■ Total Filled	71	2	12.5	45.8	7	4	142.3
▨ Total Vacant	15	0	1	2	0	0	18
▩ Vacancy Rate	17.4%	0.0%	7.4%	4.2%	0.0%	0.0%	11.2%

Total Health Professionals 6.8% Vacancy Rate (Includes PRN)

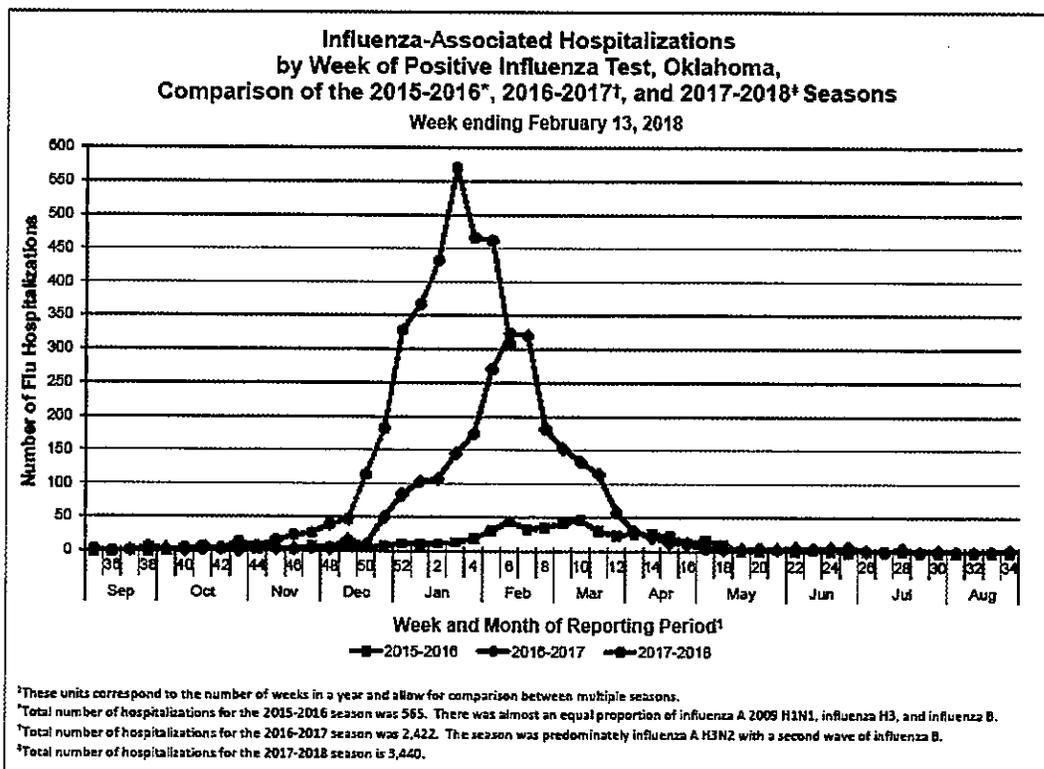


	Dental	Pharmacy	Physical Therapy	Behavior Health	Health Facilities	WWW Hastings	PRN Physicians	PRN MidL	Total
■ Filled	48.75	69.5	12	5	68.3	74	30	8	315.55
▨ Vacant	1	1	0	1	8	10	1	1	23
▩ Vacancy Rate	2.0%	1.4%	0.0%	16.7%	10.5%	11.9%	3.2%	11.1%	6.8%

Statewide Influenza Summary as of February 17, 2018

Current Flu Activity:

- **Influenza is considered “widespread” within Oklahoma.** *All previous records for influenza-associated hospitalizations and deaths have been surpassed since tracking started for these indicators of influenza severity during the 2009-2010 pandemic.* The next highest recorded numbers were during the 2016-2017 influenza season (influenza A H3N2 predominant) when 2,425 hospitalizations and 135 deaths were recorded.
- Between Sept. 1, 2017 and Feb. 20, 2018, **3,860** influenza-associated hospitalizations were reported to the Acute Disease Service (ADS); 300 of the hospitalizations had positive flu testing between Feb. 14 and Feb. 20, 2018. For comparison, during the 2014-15 and 2016-17 influenza seasons, the peak week had 302 and 324 influenza-hospitalizations, respectively.
- The percentage of outpatient visits meeting the criteria for ILI (ILI_Influenza-like illness is defined as having a fever (>100°F) combined with a cough and/or a sore throat) was 6.2% (569/9,149).
- **173**, Number of New and Previously **Reported Deaths** with Testing between Sept. 1, 2017 – Feb. 6, 2018
- Thirty-three percent of rapid influenza tests performed by sentinel sites were positive; 53% were influenza B.
- Seven percent of RSV tests performed by sentinel laboratories were positive. Surveillance data suggests that overall influenza activity in Oklahoma likely peaked during the week ending January 20, 2018. However, since that time there has been an **increase in the percentage of influenza B** among the positive specimens reported by sentinel laboratories. A second wave of influenza B could keep influenza activity elevated for several more weeks. The majority (> 90%) of influenza B positive specimens tested at the Public Health Lab this season have been **B Yamagata lineage**.



What Is the Flu?

Flu, or influenza, is a contagious respiratory infection caused by a variety of flu viruses. Symptoms of flu involve muscle aches and soreness, headache, and fever.

How Does a Flu Virus Make You Sick?

Flu viruses enter the body through the mucus membranes of your nose, eyes, or mouth. Every time you touch your hand to one of these areas, you are possibly infecting yourself with a virus.

This makes it very important to keep your hands germ-free with frequent and thorough hand washing. Encourage family members to do the same to stay well and prevent flu.

What Are the Different Types of Flu?

There are three types of flu viruses: A, B, and C. Type A and B cause the annual influenza epidemics that have up to 20% of the population sniffing, aching, coughing, and running high fevers. Type C also causes flu; however, type C flu symptoms are much less severe.

The flu is linked to between 3,000 and 49,000 deaths and 200,000 hospitalizations each year in the United States. The seasonal flu vaccine was created to try to avert these epidemics.

What Is Type A Flu Virus?

Type A flu or influenza A viruses are capable of infecting animals, although it is more common for people to suffer the ailments associated with this type of flu. Wild birds commonly act as the hosts for this flu virus.

Type A flu virus is constantly changing and is generally responsible for the large flu epidemics. The influenza A2 virus (and other variants of influenza) is spread by people who are already infected. The most common flu hot spots are those surfaces that an infected person has touched and rooms where he has been recently, especially areas where he has been sneezing.

What Is Type B Flu Virus?

Unlike type A flu viruses, type B flu is found only in humans. Type B flu may cause a less severe reaction than type A flu virus, but occasionally, type B flu can still be extremely harmful. Influenza type B viruses are not classified by subtype and do not cause pandemics.

How Is Type C Flu Virus Different From the Others?

Influenza C viruses are also found in people. They are, however, milder than either type A or B. People generally do not become very ill from the influenza type C viruses. Type C flu viruses do not cause epidemics.

Preventing the Flu: Good Health Habits Can Help Stop Germs

The **single best way to prevent seasonal flu is to get vaccinated** each year, but good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu. There also are flu antiviral drugs that can be used to treat and prevent flu.

1. **Avoid close contact**
2. **Stay home when you are sick**

3. Cover your mouth and nose.

4. Clean your hands.

5. Avoid touching your eyes, nose or mouth.

6. Practice other good health habits—Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Difference between Stomach Flu and Influenza?

Sometimes people mistake symptoms of stomach flu, or gastroenteritis, for the viral infection we commonly call "flu." But they're not the same.

Stomach flu happens when your stomach and intestines (also called the gastrointestinal or GI tract) are inflamed and irritated. Causes range from bacteria, viruses, and parasites to food reactions and unclean water.

The flu comes with symptoms like fever, congestion, muscle aches, and fatigue. The cause is the influenza virus. More severe cases can lead to life-threatening illnesses like pneumonia.

Antibiotics can treat a bacterial infection that causes stomach flu, but they won't work against viruses like the ones that cause the flu.

What Are the Symptoms of Stomach Flu?

You may have a fever, headache, and swollen lymph glands, depending on the type of germ that causes it. In addition you may also suffer from,

- Cramps in your belly or sides
- Stomach pain
- Nausea
- Vomiting
- Diarrhea
- Sunken eyes
- Lightheadedness
- Being more thirsty
- Dry or sticky mouth
- Lack of normal elasticity of the skin
- Peeing less
- Fewer tears

You can avoid some of the complications by drinking plenty of liquids. When you can keep food down again, try bland things like toast, rice, bananas, and applesauce first. Go back to a normal diet within 24 hours if you can.

Stomach viruses spread fast because people don't **wash their hands** well after using the bathroom or changing a baby's diaper. Wash long enough to sing "Happy Birthday" twice. Many doctors call stomach flu "a family affair" because it's so highly contagious it can affect every member of a family.