



Cherokee Nation Tribal Council Health Committee Report

Claremore Indian Hospital

Month/Year of the report: September 2017

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Accomplishments:

- **Staffing:** Active announcements out for Chief of Family Medicine and staff Surgeons.
- **Visits:** Outpatient visits for September up 7.5% over the same period the previous year.
- **Revenues:** Revenues for FY2017 increased 18.9% over the same period the previous year.

Future Plans / New Initiatives:

- New Services:
 - Orthopedic patients still being sent to Dr. Wheeler's Group in OKC. Still waiting review by Hillcrest Legal Department.
 - Remodel work for Women's Health progressing. ER remodel has been awarded. Replace of Air Handler in ER scheduled the week of Nov. 6.

Workload:

Actual numbers/month

Outpatient visits up	7.5%	24,720
Dental visits down	11.6%	726
Admissions down	33.0%	67
Newborns up	22.6%	38
New charts		383
Reactivated Charts		360

These statistics are compared to FY2016 statistics for the same time period. (September)

Occupancy rate for September 2017: 20.0%

Third Party Collections:

September collections

Medicare:	\$ 496,248.81
Medicaid:	587,061.81
Private Insurance:	606,852.58
V.A.	<u>13,374.75</u>

\$ 1,703,537.95

Year-to-date collections for FY 2017: \$ 25,372,433.26

Amount billed for September 2017: \$ 3.8 million

Collections are up compared to FY2016 collections for same time period. \$ 4,042,149.63

Percentage of account receivables pending for claims > 120+ days: 4%

PRC Activities:

September cases

Funded:	321 cases: \$ 1,457,548.00
Denials:	332 cases: \$ 762,085.00
Deferred:	383 cases: \$ 284,685.00
CIH clinics:	25 cases

Files to Committee 1061

Cherokee Nation Tribal Council Health Committee report

Report By

Connie Davis, MSN, RN

Executive Director Health Services

October 2017

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Charts



AMBULATORY CARE VISITS by Health Centers, September 2015- 2017

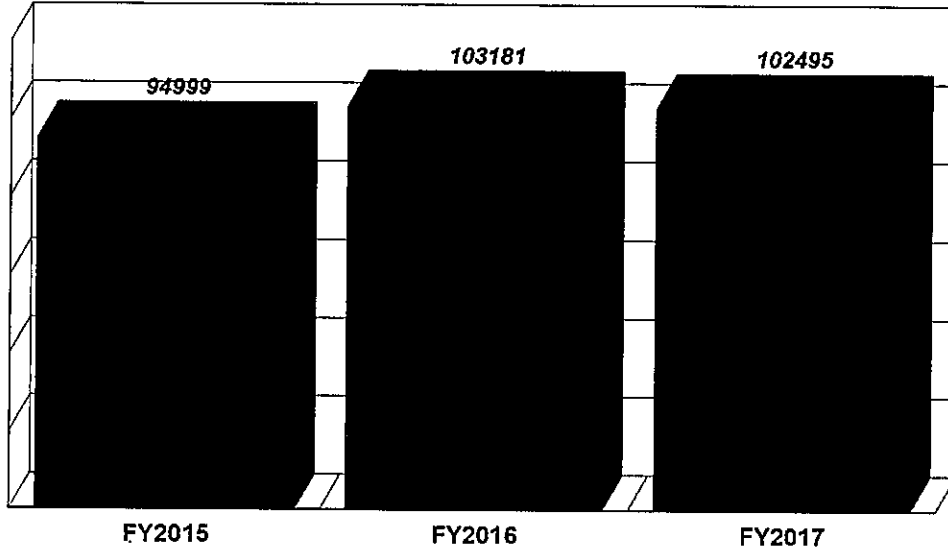


	WPM	RBS	AMO	JAY	NOW	MUSK	OCHELATA	VINITA	GADUGI	HASTINGS
■ FY2015 All p	9682	9484	8000	6815	4160	13459	2206	7760	372	33061
□ FY2016 All p	9903	10781	8184	7827	4696	14155	3503	8859	371	34902
■ FY2017 All p	9816	10499	7820	7288	4665	14461	4067	8867	298	34714

■ This report is based on ambulatory care visits by one or more of the following disciplines: physician, advanced practice provider (i.e., PA/APRN), dentist, pharmacist, optometrist, podiatry, and behavioral health



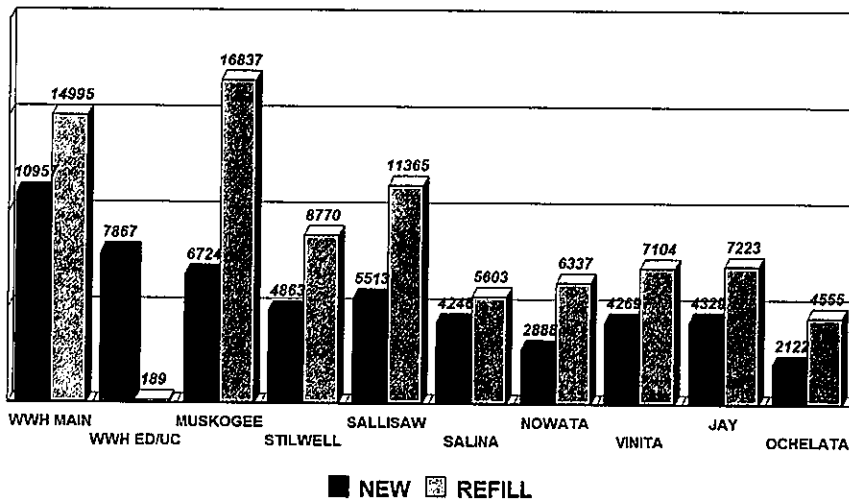
TOTAL AMBULATORY PATIENTS VISITS September 2015-2017



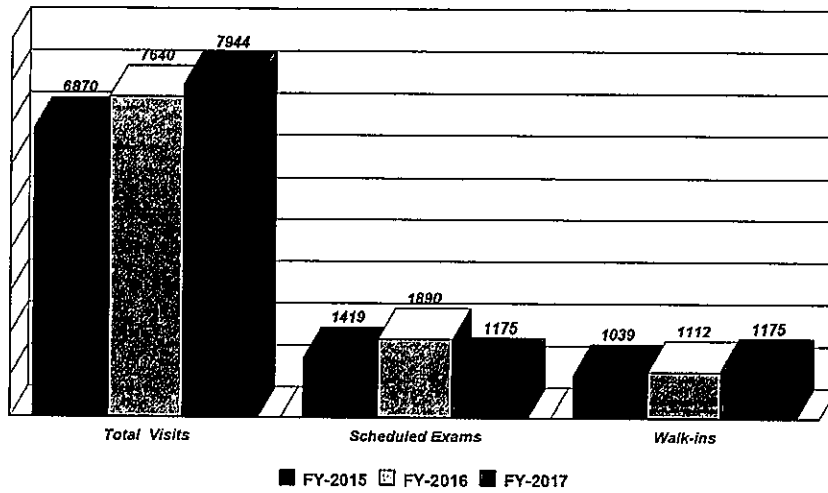
■ This report is based on ambulatory care visits from Health Centers and CN-Hastings Hospital



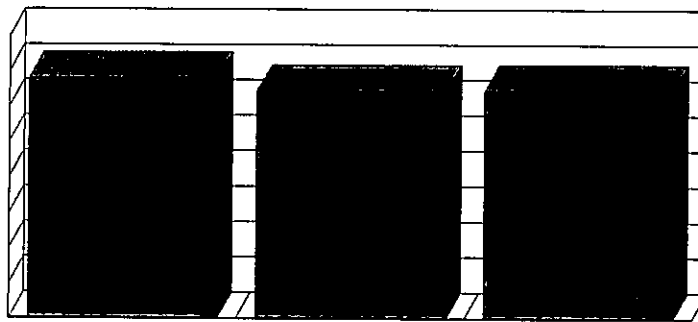
RX BY SITE September 2017



Dental Services Trend September 2015- 2017

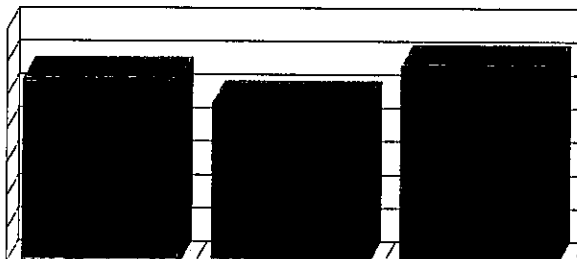


Emergency/Urgent care Trend at CN WW Hastings Hospital September 2016- 2017



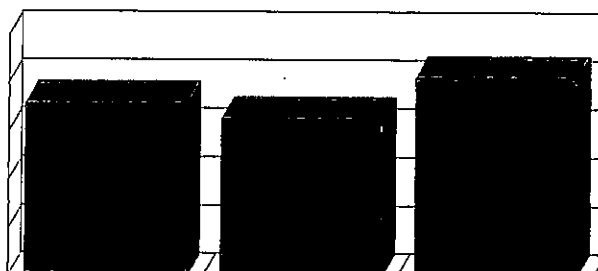
	FY-2015	FY-2016	FY-2017
ED/Urgent Care	6788	6435	6458

**Rate trend for Patients Left without being Seen
CN WW Hastings Hospital September 2015-2017**



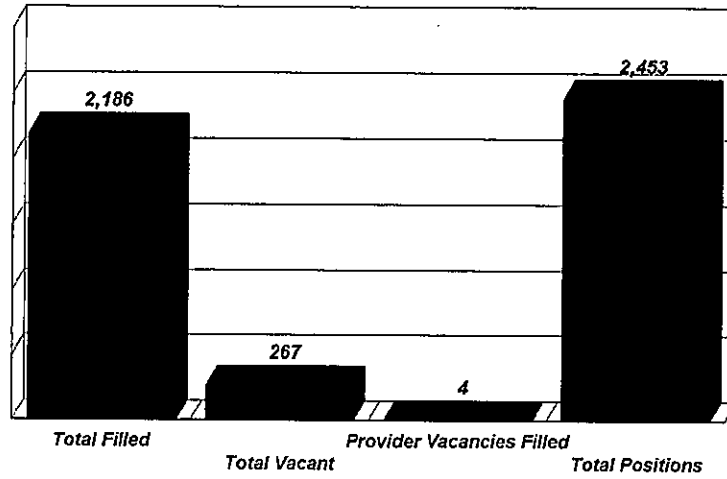
	FY-2015	FY-2016	FY-2017
■ Left without Being Seen Rate	6%	5%	6%

**Surgical Procedures Performed at
CN WW Hastings Hospital September 2015- 2017**

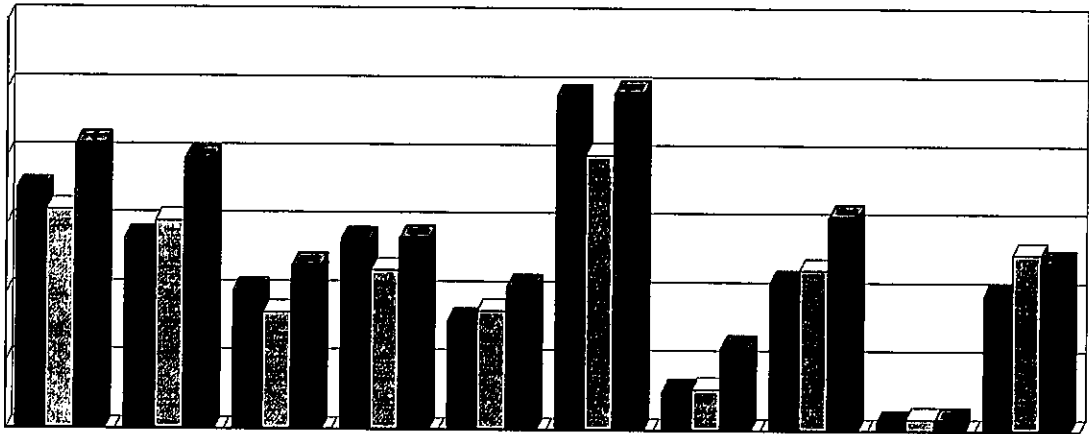


	FY-2015	FY-2016	FY-2017
■ Surgical Procedures performed	355	323	409

Staffing Trend September 2017

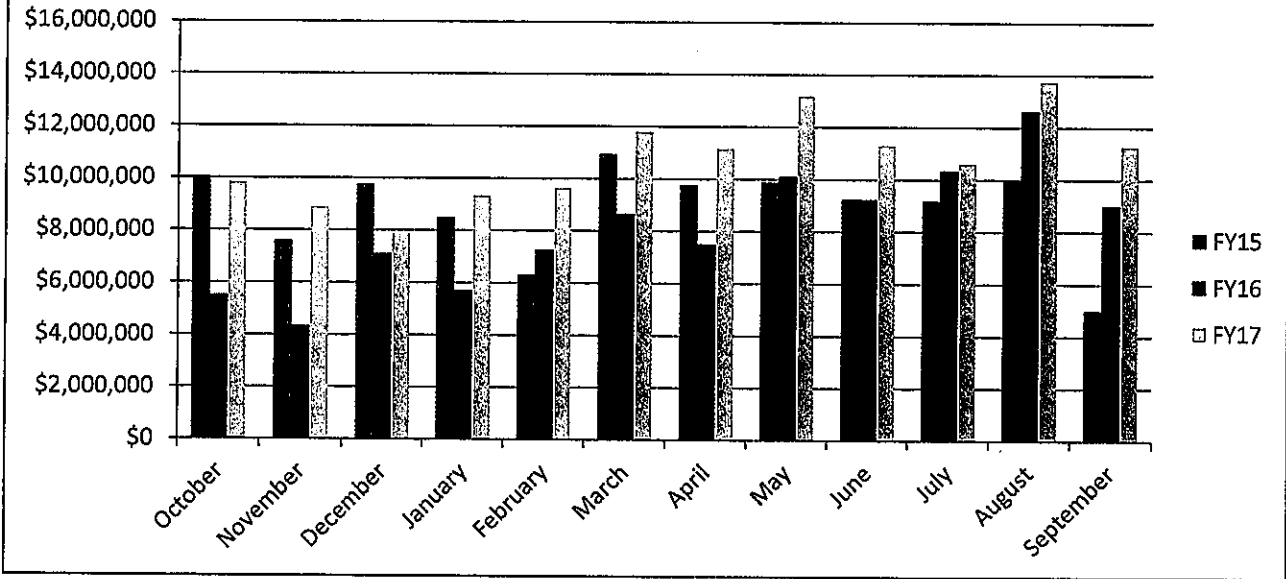


Third Party Revenue by Health Centers OCT 2016-Thru August 2017



	Stilwell	Sallisaw	Jay	Salina	Nowata	Muskogee	Ochelata	Vinita	Ga Du Gi	Dental
■ FY-2015	\$7,032,258	\$5,625,565	\$4,086,766	\$5,599,827	\$3,217,549	\$9,769,738	\$1,177,908	\$4,355,506	\$257,337	\$4,005,225
□ FY-2016	\$6,400,655	\$6,110,127	\$3,444,462	\$4,669,790	\$3,482,018	\$8,053,316	\$1,232,401	\$4,695,211	\$371,983	\$5,198,008
■ FY-2017	\$8,353,241	\$7,905,944	\$4,816,067	\$5,616,336	\$4,204,788	\$9,875,615	\$2,452,931	\$6,249,687	\$338,884	\$4,952,207

Monthly Cash Collection by Fiscal Year



CHS Report as of September 30, 2017

CAN Description	HASTINGS			STILWELL			SALLISAW			JAY		
	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50RW01 HASTINGS 01	89,304.41	148,784.00	236,068.41			0.00			0.00			0.00
J50RW02 MERP	154,637.31	54,053.23	208,690.60	24,601.18	26,293.08	50,894.26	71,538.64	46,878.50	118,417.14	30,590.81	4,068.00	34,648.81
J50RW03 INPATIENT	3,765,463.90	1,741,503.76	5,497,967.65	257,887.02	122,890.00	380,777.92	427,172.81	192,035.00	619,208.81	58,100.69	7,600.00	65,699.69
J50RW04 OUTPATIENT	4,276,411.94	3,277,616.50	7,554,028.84	885,057.00	978,219.58	1,863,276.58	869,491.44	813,898.73	1,683,378.17	686,017.88	518,278.99	1,184,296.87
J50RW05 SUBSTANCE ABUSE	231,208.02	19,880.00	251,088.02	10,645.00		10,645.00	45,300.00	10,180.00	55,480.00	5,415.00		5,415.00
J50RW06 BEHAVIORAL HEALTH	207,078.14	73,178.00	280,256.14			0.00	26,114.00		26,114.00			0.00
J50RW08 DENTAL	78,705.92	74,308.00	153,013.92	3,492.00		3,492.00	1,900.00		1,900.00	6,210.00	50.00	6,260.00
J50RW19 DIABETIC SHOES	17,400.83	217,300.00	39,130.93	6,557.98	7,500.00	13,157.98	4,347.68	6,800.00	10,947.68	4,118.06	4,000.00	8,118.06
J50RW47 5% INPATIENT	1,174,613.14	604,156.14	1,678,669.28	197,830.80	10,633.06	198,463.86	84,951.26	38,321.00	123,272.26	14,782.27	17,302.00	32,084.27
J50RW48 5% OUTPATIENT	738,896.23	646,966.42	1,385,662.65	165,689.61	281,639.00	447,328.61	180,120.81	185,841.00	365,961.81	123,180.67	132,329.00	255,509.67
J50RW49 6% DENTAL	231,492.50	60,300.00	291,792.50	224,628.13	39,395.00	263,923.13	212,818.56	7,700.00	220,518.56	120,812.26	21,675.00	142,487.26
J50RW50 6% VISION	400,300.83	92,183.52	490,484.35	138,110.61	20,685.42	158,796.03	151,321.55	13,401.00	160,722.55	86,469.45	10,534.00	97,003.45
TOTALS	11,356,216.27	6,711,228.02	18,067,444.29	1,913,499.33	1,487,255.14	3,400,754.47	2,085,066.75	1,320,854.23	3,405,920.98	1,114,697.09	715,736.99	1,830,424.08

CAN Description	SALINA			NOWATA			MUSKOGEE			YINITA		
	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50RW01 HASTINGS 01			0.00			0.00			0.00			0.00
J50RW02 MERP	135,347.23	9,895.00	145,242.23	27,426.38	4,181.00	31,607.38	3,885.00	12,242.00	16,127.00	61,162.63	22,994.00	84,146.63
J50RW03 INPATIENT	2,977.21	1,300.00	4,277.21	5,913.03	10,950.00	16,863.03	3,127.60	16,991.00	48,108.60	9,380.00	3,500.00	11,880.00
J50RW04 OUTPATIENT	926,646.70	940,766.00	1,867,412.70	698,108.20	273,113.00	971,221.20	1,191,216.87	987,394.68	2,178,611.55	912,338.66	434,241.00	1,246,579.66
J50RW05 SUBSTANCE ABUSE	15,010.00	5,020.00	20,030.00	38,640.00	7,265.25	45,905.25	16,465.00		16,465.00	21,290.00	3,800.00	25,090.00
J50RW06 BEHAVIORAL HEALTH	37,175.00		37,175.00	8,050.00	8,012.00	14,062.00			0.00	6,520.00		6,520.00
J50RW08 DENTAL	1,520.00	50.00	1,570.00	20.00		20.00	22,389.00	1,520.00	23,909.00	2,925.00	70.00	2,995.00
J50RW19 DIABETIC SHOES	2,870.86	3,000.00	5,870.86	4,433.42	6,500.00	10,933.42	5,178.12	7,600.00	12,678.12	7,343.30	2,000.00	9,343.30
J50RW47 5% INPATIENT	91,962.74	1,300.00	92,882.74	178,011.81	17,676.00	195,687.81	67,649.23	15,266.00	82,915.23	65,606.13	22,670.00	88,176.13
J50RW48 5% OUTPATIENT	222,971.33	362,728.00	585,699.33	109,658.12	98,829.00	206,485.12	104,207.27	152,218.00	256,426.27	181,253.45	149,904.00	331,157.45
J50RW49 6% DENTAL	141,927.92	43,197.00	184,724.82		1,900.00	1,900.00	112,312.76	18,171.00	131,483.76	213,686.58	61,296.00	274,871.58
J50RW50 6% VISION	79,354.28	8,944.00	88,298.28	121,788.54	7,225.00	129,013.54	100,395.00	14,711.00	115,106.00	242,957.57	21,120.00	264,077.57
TOTALS	1,656,789.27	1,378,200.00	3,032,989.27	1,190,047.50	433,651.25	1,623,698.75	1,654,825.84	1,227,004.68	2,881,830.52	1,623,258.94	721,505.00	2,344,843.94

CAN Description	CLAREMORE			OCHELATA			TOTAL		
	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50RW01 HASTINGS 01			0.00			0.00	89,304.41	146,764.00	236,068.41
J50RW02 MERP	20,510.73	1,135.00	21,646.73	13,887.02	768.00	14,655.02	543,666.93	182,508.87	726,075.80
J50RW03 INPATIENT	7,894.58	18,155.13	25,849.71	3,986.40	500.00	4,486.40	4,569,709.24	2,115,325.68	6,685,035.12
J50RW04 OUTPATIENT	1,114,444.40	629,093.00	1,743,527.40	453,086.66	350,162.00	803,238.66	11,892,809.97	9,202,761.88	21,095,571.85
J50RW05 SUBSTANCE ABUSE	45,435.00	8,035.00	53,470.00	10,010.00	6,490.00	15,500.00	439,418.02	89,670.25	499,088.27
J50RW06 BEHAVIORAL HEALTH	11,625.00	200.00	11,725.00	5,450.00		5,450.00	299,909.14	81,388.00	381,297.14
J50RW08 DENTAL			0.00	411.00	70.00	481.00	116,572.92	76,668.00	193,240.92
J50RW19 DIABETIC SHOES	4,117.40	8,100.00	12,217.40	1,344.44	822.00	2,166.44	66,618.19	67,752.00	124,370.19
J50RW47 5% INPATIENT	42,021.21	2,000.00	44,021.21	14,646.75	17,625.00	32,171.75	132,129.34	646,943.20	779,104.99
J50RW48 5% OUTPATIENT	137,179.26	215,240.00	352,419.26	61,076.09	73,203.32	134,279.41	2,024,030.83	2,296,899.74	4,320,929.57
J50RW49 6% DENTAL			0.00	73,335.40	15,100.00	88,435.40	1,330,413.50	269,724.00	1,600,137.50
J50RW50 6% VISION			0.00	109,354.79	11,300.00	120,654.79	1,330,697.83	204,083.94	1,534,781.77
TOTALS	1,392,927.67	881,949.13	2,264,876.70	746,588.55	474,330.32	1,221,518.87	24,614,546.32	15,350,394.76	39,964,941.08

	TOTAL			Projected Annual Expns	Projected Bal At Year End
	Budget	Paid	Open		
COMPACT	28,218,616.00	16,968,305.68	11,222,907.76	(371,597.44)	(371,597.44)
SUB ABUSE	260,000.00	439,418.02	69,670.26	(239,088.27)	(239,088.27)
DIABETIC SHOES	360,000.00	66,818.19	67,762.00	225,429.81	124,670.19
5% DIVIDEND	6,500,000.00	7,150,004.43	3,600,084.76	(4,250,069.18)	(4,250,069.18)
Totals	35,328,616.00	24,614,546.32	15,350,394.76	(4,635,325.08)	(4,635,325.08)

Top Diagnosis by Clinic

Sam Hider HC		
	#	Total Visits
Essential (primary) hypertension	479	3719
Type 2 diabetes mellitus without complications	380	
Encounter for immunization	243	
Type 2 diabetes mellitus with unspecified complications	141	
Ochelata HC		
	#	Total Visits
Essential (primary) hypertension	256	1683
Type 2 diabetes mellitus without complications	173	
Encounter for immunization	147	
Vitamin D deficiency, unspecified	113	
Ga Du Gi HC		
	#	Total Visits
Acute maxillary sinusitis	96	299
Acute maxillary sinusitis, unspecified	95	
Allergic rhinitis due to pollen	75	
Allergic rhinitis, unspecified	23	
Three Rivers HC		
	#	Total Visits
Essential (primary) hypertension	539	5512
Encounter for immunization	441	
Type 2 diabetes mellitus without complications	427	
Hyperlipidemia, unspecified	241	
Will Rogers HC		
	#	Total Visits
Essential (primary) hypertension	320	1806
Type 2 diabetes mellitus without complications	280	
Encounter for immunization	233	
Hyperlipidemia, unspecified	198	

A MO HC		
	#	Total Visits
Essential (primary) hypertension	459	3559
Type 2 diabetes mellitus without complications	418	
Encounter for immunization	386	
Encounter for screening, unspecified	335	
Redbird HC		
	#	Total Visits
Essential (primary) hypertension	429	3885
Encounter for immunization	380	
Type 2 diabetes mellitus without complications	342	
Low back pain	118	
Wilma P Mankiller HC		
	#	Total Visits
Encounter for immunization	634	4568
Essential (primary) hypertension	521	
Type 2 diabetes mellitus without complications	449	
Type 2 diabetes mellitus with unspecified complications	194	
Vinita HC		
	#	Total Visits
Type 2 diabetes mellitus without complications	413	3719
Essential (primary) hypertension	297	
Long term (current) use of oral hypoglycemic drugs	150	
Encounter for immunization	147	
WW Hastings HC		
	#	Total Visits
Essential (primary) hypertension	1198	13642
Encounter for immunization	1074	
Type 2 diabetes mellitus without complications	751	
Encounter for supervision of normal pregnancy, unspecified	555	

Summary Highlights for the month of September, 2017

September 2017 Report:

- A-MO Health Center (AHC):** 37 new charts. PHN staff kicked off flu shot clinics providing vaccinations at the RSU Campus in Pryor, Wickliffe School, and Locust Grove City Hall. A Blood Drive was hosted this month. Dr. Linda Ketcher was honored as one of the top 100 Outstanding Graduates in the 100 year history of the OU School of Social Work. Bobbie Stamps, Pediatric APRN began this month.

- **Cooweescoowee Health Center (CHC):** 103 new patients/reactivated charts. Public Health Nurses (PHNs) provided blood pressure checks at Skiatook Senior Citizen Center and Copan Senior Citizen Meeting. Melissa Whitchurch and Lorrie Pinkston were both honored as one of the “100 Great Nurses.” The PHNs taught a hand washing class at Small World Daycare. New staff that started during the month were Tabatha Markley, Clerk III, Amy Cheney, Pharmacy Tech and Haley Davis, Clerk III.
- **Redbird Smith Health Center (RSHC):** New Employees are Kassidy Roberts, Dental Assistant, Tuesday Fletcher, RN, Stacy Click, Dental Assistant and Craig Edgmon, Van Driver.
- **Sam Hider Health Center (SHHC):** 58 new/reactivated charts. Staff hosted a pie auction and rummage sale for a staff member’s grandchild. Employees disbursed school/office supplies to 7 teachers at Jay Middle School. PHNs conducted a flu clinic in Kenwood and one in Colcord. Connie Kearns, LPN was the Employee of the Month. Robin Cox, DO joined the staff.
- **Three Rivers Health Center (TRHC):** 113 new patients. TRHC hosted a car seat program in collaboration with Safe Kids Tulsa Area, The Children’s Hospital at Saint Francis, and Oklahoma Highway Safety Office.
- **Vinita Health Center (VHC):** 105 new patients. Hosted a three-day Kids Baking Challenge under the direction of the Dietitian. The children were given 2 days of instruction on kitchen safety, healthy substitutions for cooking and then they competed in a baking challenge. Each team had to use one substitute item for a less healthy ingredient and complete a baked item for judging. High School students participated as Team Leaders.
- **Will Rogers Health Center (WRHC):** 22 new patient appointments. PHNs attended 6 community events and did Blood Pressure Checks. They did a BLS/CPR training at Nowata School for 21 staff members. They worked with the Caring Van to provide Immunizations and update immunization records for the 8th-12th grades at the South Coffeyville School. PHNs and CHRs gave dental hygiene education to 338 students at the Oklahoma Union School Health Fair. Cindy Collins, Clinic Administrator is working on a grant from FEMA for a new generator. Lorrie Pinkston and Christy Fees were awarded the Oklahoma’s 100 Great Nurses Award.
- **Wilma P. Mankiller Health Center (WPMHC):** 38 new/reactivated charts. PHN staff conducted a flu clinic at Westville Community Building and one at Facet in Stilwell. Melinda Moten, RN was selected as a Great 100 Nurse for 2017. Two new employees joined the staff, Jana Grigsby, Clerk III and Lee Foreman, RN.

Cherokee Nation W.W. Hastings Hospital

September 2017

Announcements

- Cherokee Nation EMS and Behavioral Health have been awarded a grant from Substance Abuse and Mental Health Services Administration (SAMHSA) in the amount of \$1 million over four years to provide naloxone kits and training for first responders in the Cherokee Nation.
- On Friday, September 01, 2017, we participated in a community-wide drill to simulate a mass casualty event in town. “Operation Parade Rampage” began at 8 AM and involved law enforcement, emergency medical services, emergency management, and several hospitals. We had excellent participation from our staff and physicians, in particular Dr. Dante Perez and Dr. Bruce Rotton.
- Dr. Charity Holder represented Cherokee Nation Health Services at the MetaECHO Conference in Albuquerque, New Mexico, during September as part of an expert panel discussing opioid substitution therapy. Project ECHO (Extension for Community Healthcare Outcomes) is a collaborative model of medical education and clinical management that empowers clinicians all over the world to provide better care to more people in the communities they live. Dr. Holder and several other physicians and advanced practice providers within Cherokee Nation Health Services use Project ECHO to take advantage of medical expertise in specialties that are frequently not available in many communities.

Achievements

- Oklahoma State Department of Health’s Newborn Hearing Screening Program recently provided feedback to us indicating that our Labor and Delivery staff has achieved excellent results for the second quarter of 2017 with regard to hospital compliance with newborn screening.

Patient Access

- Labor and Delivery delivered 98 babies during September 2017.
- The Emergency Department and Urgent Care provided care to 6,458 patients during September 2017 with a Left Without Being Seen (LWOBS) rate of 5.9%.
- Surgical Services performed 409 surgical procedures during September 2017.
Respiratory Therapy performed 51 In-Lab Sleep Studies and 19 Home Sleep Tests this month.
Transport transported 187 patients during September 2017.
- **Dental Services: Clinical visits** include Exams, Emergency Exams, Return Visits for Treatment, Diabetic Screenings, and Headstart Screenings: **7,944 clients served. Scheduled Dental Examinations** for routine care: **2,389 clients** were served. **Emergency Exams**- These are unscheduled walk in patients **1,175 clients** served.
- **Emergency Medical Services**- the program transported **486 clients**; of those 343 were emergency transports. In addition 733 participants were trained at our facility.
- **Public Health Nursing**- Hastings PHN's provided **88** home visits, **1,269** clinic screenings/classes, and **468** phone call/audits/letters. Claremore PHN's provided **146** home visits/postpartum checks, **305** clinic screenings/classes, and **689** phone call/audits/letters and medical deliveries.
- **Breast & Cervical Cancer Early Detection Program**- The program served **249** Indian/Cherokee women (Clinical Breast Exam, Mammograms, Ultrasound, Pap smear, HPV testing, Colposcopy with or without biopsy, Colposcopy w/ ECC and ECC, and Cytopathology) at the cost of **\$16,043.59**. Education/outreach was offered at WW Hastings Hospital, (32 participants), Sam Hider HC in Jay (12 participants), and the Senior Citizens Center in Cookson, OK (22 participants).
- **Cancer Control Program**- Final 5 year of CCC report was submitted to CDC. Revised budget and work plan was submitted for the Breast & Cervical Cancer Early Detection program to the CDC. Oklahoma Strategic Tribal Alliance for Health (OSTAH) meeting was held at the Healthy Living Campus. Liver cancer Prevention Project monthly report was submitted to ICF.
- **JBC**- Served a total of **24** clients in September. 16 of which were male; 8 of which were female. Vickie Goodnight and Angela Sumter attended the NAADAC conference in Denver, CO. Blake Lyons was hired as a Residential Advisor II.
- **Dietary Services**- **772 clients** were provided dietary counseling services. The services include DSME Classes; DM Classes; Weight Mgmt Classes ;Employee Activity Committee Activities; DM Ancillary Clinic; Power Up Class Nutrition Lesson; Cherokee Kids Baking Challenge Class; Lunch and Learn; Healthy Native, Prenatal, New OB Enrollment. MNT Classes: **58** -number of participants in the classes. Worksite or Community Classes/Presentations: **77 (# of participants)**.
- **Staffing Report**- Total positions: **2,453**; of these **2,186** (89.1%) are filled, 267 (10.8%) are vacant.
- **Health facilities** - Health Facilities opened **103** called in work orders, completing **106** including carryover from last month; developed an Infection Control Risk Assessment for the Cooweescoowee Health Center. Safety Officer became certified in OSHA#2264 Permit-Required Confined Space Entry. Facilities completed 44% of all Preventative Work Orders opened in the month; Property Management completed 100% of all work orders in the +month; Attended AEC meeting; Submitted documents in preparation for DHHS Secretary's visit. Health Services has a fleet of **162** vehicles.
- **Community Health Promotion**- The program works directly with Cherokee communities, youths, and schools within the CN Jurisdiction to support healthy lifestyles and sponsors risk prevention. The program offered Smoking Cessation classes at various locations.
- **Community Recreation Center**
Total Members: 12,478
Revenue: \$3,330.00
Total Visits: 7,263
Total Group Fitness: 3,512
Total Child Watch: 454

- **Youth Risk Behavior Survey**
We have received the data back from CDC. We are in the process of evaluating the data and developing reports about that data.
- **Cherokee Nation Health Survey**
We have continued to collect the data for this survey and are in the process of analyzing that data.
- **Public Health Accreditation**
We are continuing to work under new standards (version 1.5) in preparing for re-accreditation. We are working on preparing documentation for Emergency Management, Strategic Plan, Workforce Development, Tribal Health Assessment, Tribal Health Improvement Plan and the Quality Improvement Plan.
- **Sequoyah County PHEs Mary Owl and Lacey Wallace-** PHE's offer Smoking Cessation classes on Wednesdays at 1pm at Redbird Smith Health Center; Smoking Cessation classes are offered on Wednesdays at 1pm at Redbird Smith Health Center. PHE arrives at 6am during the week to walk and work out with employees. There have been new employees coming periodically to walk and work out. Directed the Bird Walk/5K Run, great turnout with 546 registered and 322 completing 5K; Webber Falls running/walking group is meeting again for 12 weeks on Monday's at the Webber Falls Baptist church to run down through the park/river area at 5:30pm. 9 participants. Diabetes Prevention Program Group has completed the 16 sessions and now will be meeting monthly for maintenance until May 2018. Participants are doing very well in the class and adapting to new life style. PICH grant requirements for Sequoyah County for tobacco free schools, tobacco free business, and farm to school have been met and closed out. Redbird Smith Community Garden is still producing okra and peppers. Majority of the beds have been cleared out. PHE visited with Marble City and Gore Schools administration about closing out the 2017 school award and the new 2017-2018 application process and picked up 2018 award applications. PHE administered Pre BMI at Gore Elementary for the 2017-2018 school award requirements. Zion BMI (Body Mass Index)
- **Cherokee County – PHE Hillary Mead and Sonya Davidson –** PHE working on the planning of the Hastings Howling Hill 5k to take place in October 7, 2017. PHE met with Hastings wellness team to discuss the details of the Hastings 5K on September 21st; directed the Cherokee Nation Veterans Holiday run. 750 + participants; assisted with final mini markets at the following schools Briggs, Lowrey, and Peggs. Peggs 3rd-8th grade students (227) received \$10.00 each in veggie bucks to spend at the Market. Market took place on September 12th. Briggs 3rd-6th grade students (203) received \$10.00 each in veggie bucks to spend at the Market. Market took place on September 19th. Lowrey Elementary students (147) all grades received \$10.00 in veggie bucks to spend at the Market. Market took place on September 26th. Any remaining veggie bucks that students didn't spend are redeemable at the Tahlequah Farmers Market on Saturdays in Norris Park; attended a meeting on September 14, 2017 in which we honored our coordinating partner Tahlequah BEST coalition by presenting them with a plaque for their cooperation and assistance with the PICH initiative; continues to facilitate the Healthy Native Diabetes Prevention classes held at the Cherokee Nation Tribal Complex Wednesdays at 12:00 o'clock these meetings are now in their monthly maintenance phase with 2 participants attending; began new Healthy Native Class on August 21st with 9 in attendance class meets Monday evenings 5:30pm; attend NSU health fair on September 18th. PHE distributed information on the WINGS program as well as pamphlets on eating healthy on a budget; met with Grandview, Tenkiller, Shady Grove, Hulbert, Cherokee, Woodall, Peggs, Briggs, and Lowrey to offer Health Leadership Award to these schools. All schools have accepted the award and we are moving forward.
- **Adair County – PHEs Charlie Stilwell and Teresa Eagle-** PHE's visited Rocky Mountain School about the School Health Leadership award progress; Rocky Mountain School decided to focus on the physical activity section of the Award for 2018 school year; took the 2018 School Health Leadership Award Letter of Interest to Stilwell Elementary School. Stilwell Elementary chose the Physical activity option for the 2018 school year; took the School Health Leadership Award of Interest to Greasy, Dahlongegah, and Peavine Schools; contacted Cave Springs School, Rocky Mountain School, Stilwell Elementary School, and Dahlongegah School to determine dates in which to administer BMIs; did the BMIs (Body Mass Index) at Zion School. BMI will act as a 2017 post BMI & 2018 Pre BMI for the Award; continue working with patients who want to quit smoking on a one on one basis; PHE's have found this more effective in helping patients when they have a desire to quit before new class starts;

conducted the Healthy Native Living Maintenance Class for the month; attended the PICH (Partners Improving Community Health) Grant Award dinner; conducted an Adair County TSET site visit with Hillary Mead and a TSET coordinator in which Rocky Mountain School, Dahlongegah School, Maryetta School, Stilwell farmers Market, City of Stilwell, Carson Park, City of Westville, Westville City Park, and Watts School were visited. The Healthy Native Program has started their Lifestyle Change Program- Post-Care portion. All DPP participants returned and received a George Foreman Grill. Farmers Market: We attended the 3rd Thursday Dinner and presented an award to the Stilwell Farmers Market (SFM) for their partnership with Cherokee Nation Public Health PICH Grant. PHE's continue to work with the Adair County Farm to School; will be working with Hillary Mead and the TSET grant on reconstructing our SWAT (Students Working against Tobacco) teams in four local schools. The first week in October will kick off the WPMHC Walking Challenge. PHE's hosted a walking event on September 26, 2017 and we had 46 employees attend and walk during breaks, and their lunch. PHE's handed out 9 School Award letters of intent and all 9 schools signed and returned.

- **Delaware/Ottawa Counties –PHEs Trisha Nichols and Cindy Tudor-**PHEs conducting smoking cessation classes at the Cherokee Nation Casino in West Siloam Springs and the casino at Grove; met with schools at Colcord, Kenwood, Leach, Oaks and Kansas about the School Health Leadership Award. We will be doing BMIs, the School Health Index, and other assessments at the schools; preparing for the Sunset Dam Run; conducted BMIs at Colcord School; represented Cherokee Nation Health at the monthly DCCP meeting at the Kansas Vo-Tech. Discussion included an upcoming prescription drug take back event at the Fall Festival in Jay; assisted with BMIs at Zion School; partnering with the NEO Community Action Agency to promote local farmers market and the mobile farmers market; Tobacco free signs ordered for the City of Fairland to post in city offices and parks; continuing to mentor the Kickin' Asphalt running group. The goal of the group is to have them prepared for a half-marathon in November.
- **Maves and Rogers Counties– PHEs Tony Ballou and Ronnie Neal -** PHE's provided 1-on-1 cessation counseling. Worked as advisor for 3 tobacco free business policies in Mayes County; coordinating a walking group with Claremore Indian Hospital for diabetes patients in Claremore service area. Group will begin in October walking on Mondays and Thursdays from 5pm-5:45pm; participated in the "Walking Wednesdays" program that is starting up in Claremore, OK. A program for 2 elementary schools in Claremore, where students meet with parents and volunteers at a central location and walk to school together; partnering with City of Claremore and several other partners to strategize on a Safe Routes to School Program; introduced the 2018 Cherokee Nation School Health Leadership Award to Osage School in Mayes County. They will be working on "complete" physical education policies; doing all the prep work for upcoming races in Locust Grove, and Spavinaw; Assisted/participated in Disney's 5-K Sunset Dam Run on the 23rd; continued with the Healthy Native class maintenance sessions at the AMO Health Center in Salina; presented the Rogers County Healthy Community Partnership with an award for their participation and partnership with the PICH grant; working on the TSET Oklahoma Health Improvement Plan (OHIP) for healthier schools committee; participating as a technical assistance partner for a new health coalition in Oologah, OK; Visited with Aiada Strong from Wickliffe Elementary about their Farm to School program, we are still trying to secure a tractor so we can start moving railroad ties and construct garden beds. AMO Clinic Hosted Oklahoma Blood Drive on the September 8th with over 30 individuals helping out.
- **Muskogee County – PHE Jason Shelor and Stephanie Buckskin-** Muskogee Farmers Market continuing through the month. Braggs Schools have completed the school garden project. Warner Schools have received all materials and have installed their greenhouse. PHEs announced an OETA/PBS featured presentation on Certified Healthy Communities in Muskogee County, including Oktaha, Warner and Taft. Cherokee Nation Public Health and the Muskogee County Health Department offered support to these communities in this effort. Tobacco cessation assistance continuing through a partnership with the Three Rivers Health Center pharmacy. PHE continuing to teach the boot camp class at Three Rivers Health Center; coordinating a Running/Walking 101 course at Three Rivers Health Center in January; assisted with Safe Kids in a Safety/Car Seat Check at Three Rivers Health Center; meeting with the Muskogee Wellness Initiative Coalition to coordinate improved access and consumption of healthy foods in Muskogee.

- **Washington/Craig/Nowata Counties – PHE Amy DeVore** – PHE hosted a booth at the Bluejacket School carnival and provided information on tobacco cessation. Assisted with the fall festival held by the Vinita FFA; PHE assisted with BMIs at Bluejacket and Colcord Schools; planning the Nowata Halloween BOO-Yah run; working with the Ewing Halsell Middle School SWAT group.
- **Contract Health Services**– During the month of September 2017, CHS program processed 8,623 referrals of those 8,456(98%) were approved at the cost of \$ 3,982,005.
- **Behavioral Health Services**— A range of behavioral health Services were provided across 2282 visits to Behavioral Health in September, 2017. The services provided ranged from initial treatment intakes to psychiatric services to rigorous psychological assessments to parent-child interaction therapy and include animal-assisted, individual, group, and marriage and family therapy.

Health Committee Report- Aug-
Sept. 2017 (as of 9/19/17)

OFFICE OF PROFESSIONAL RECRUITMENT, RETENTION, AND CREDENTIALING

New Professionals:

- David Martin, MD (Muskogee) PRN-9/10
- Dererk Bolt, DO (WWH-UC) PRN-9/24
- Laila Khan, DO (WWH-UC) PRN-9/24
- Adam Summers, MD (WWH-EM) -9/24
- Janelle Johnson, DO (Stilwell)- 10/8
- Lyman Foster, DDS (Sallisaw) -10/29

Pending candidates (LOC & pending processing/approval)

- APRN (Stilwell)
- DPM (Muskogee) PRN.
- APRN (Jay),
- PA (Stilwell)-pending transfer from WWH once PRN staff on at WWH
- Dental Hygienist (Jay)
- CNM (WWH)
- MD (WWH-UC) PRN
- DO (WWH-UC) PRN
- DO (WWH-UC) PRN

Recruiting for the following Vacancies (does not include vacancies where a candidate has been selected and is process):

Clinic Vacancies:

- Physicians: 9 (vacancies at all clinics, except Vinita & Stilwell)
- increased with Duncan transferring to PRN from R/FT at Jay
- Mid-levels: 1 in Jay

WWH Vacancies:

- Physicians: 1 R/FT in UC, 1 R/FT in EM, 1 R/FT in PC
- OB/GYN: 1 R/FT
- Anesthesiology: 1 R/FT
- Surgery: 1 R/FT
- APRN: 1 R/FT in UC, 1 in EM (with Oxford transferring to WPM), 2 R/FT in PC & 3 PRN for UC

Behavioral Health:

- Tahlequah: 1 APRN R/FT (selection pending)

Dental:

- Dentist: 1 R/FT WWH
- Dental Hygienist: 1 R/FT in Vinita (re-advertising)

Pharmacy:

- 1 in Refill Center (selection pending)

Vacancy Rates (excludes PRN):

- Clinic Providers: 13.1%
- WWH Providers: 11.9%
- Total Providers: 12.5
- Total Health Professionals: 7.8% (including PRN)

Recruitment Activity:

- Using new talent source; Doximity
- Resident presentations/Luncheons scheduled for UAMS, OUHSC-Tulsa, & OSUHCC, others pending
- Developing Tulsa Recruitment event

Highlighted in yellow are Cherokee citizens.

Breast Cancer

The October is the National Breast Cancer Awareness Month. In the interest of Public Health we are sharing information with you on Breast cancer,

- One in eight women in the United States will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading cause of cancer death among women. On average, every 2 minutes a woman is diagnosed with breast cancer and 1 woman will die of breast cancer every 13 minutes.
- Each year it is estimated that over **252,710 women** in the United States will be diagnosed with breast cancer and more than **40,500** will die.
- According to Cherokee Cancer Registry, **764 Cherokee/Indian women** have been diagnosed with Breast Cancer in our service population during **2005-2015**
- **The good news** is that most women can survive breast cancer if it's found and treated early Over 3.3 million breast cancer **survivors** are alive in the United States today
- Two out of three women with invasive cancer are diagnosed after age 55.
- If your mother, sister, father or child has been diagnosed with breast or ovarian cancer, you have a higher risk of being diagnosed with breast cancer in the future. Your risk increases if your relative was diagnosed before the age of 50
- **Certain Genome Changes:** Mutations in certain genes, such as BRCA1 and BRCA2, can increase your risk for breast cancer. This is determined through a genetic test, which you may consider taking if you have a family history of breast cancer. Individuals with these gene mutations can pass the gene mutation onto their children.
- Although breast cancer in men is rare, an estimated 2,470 men will be diagnosed with breast cancer and approximately 460 will die each year.

The new American Cancer Society recommendations for Breast Screening

- Women with an average risk of breast cancer – most women – should begin yearly mammograms at age 45.
- Women should be able to start the screening as early as age 40, if they want to. It's a good idea to start talking to your health care provider at age 40 about when you should begin screening.
- At age 55, women should have mammograms every other year – though women who want to keep having yearly mammograms should be able to do so.
- Regular mammograms should continue for as long as a woman is in good health.
- Breast exams, either from a medical provider or self-exams, are no longer recommended.
- The guidelines are for women at average risk for breast cancer. Women at high risk – because of family history, a breast condition, or another reason – need to begin screening earlier and/or more often. Talk to your medical provider to be sure.

