

# Claremore Indian Hospital-

Executive Summary – November 2022 data

## COVID-19

- 1,816 COVID tests performed for the month
- 579 COVID vaccinations administered in the month
  - 12 years and older= 560
  - 5 - 11 years old = 9
  - 6 months to 4 years = 10
- Monthly COVID positive case breakdown = 141
  - # positive less than 10 years old=11
  - # positive 10-19 years old= 13
  - # positive 20-29 years old= 25
  - # positive 30-39 years old= 30
  - # positive 40-49 years old= 15
  - # positive 50-59 years old= 22
  - # positive 60-69 years old= 15
  - # positive 70-79 years old= 7
  - # positive 80-89 years old= 3
  - # positive 90-99 years old= 0
- COVID positivity rate for the month 7.8%. 1,200 of the tests were for Cherokee Nation citizens; 83 of the 1,200 were positive (6.9% positivity rate for the month).
- 17,412 Ambulatory Care Visits
  - 11,946 of those were Cherokee Nation citizens
- Top 5 diagnosis codes for visits:

Encounter for immunization	1076
Type 2 Diabetes Mellitus	352
Essential (primary) hypertension	319
Segmental and somatic dysfun	251
Acute upper respiratory infection	230

- 29,880 Rx's were filled (10,331 new and 19, 549 refills)
- \$4,581,980.16 in 3<sup>rd</sup> Party collections
- 3,324 Patients were seen in ER
- 97 Surgical Procedures and 47 scopes were performed at CIH this month
- 7 Babies delivered during this month
- 641 Patient visits (Dental Specialist visit, General Dentist visit, Hygiene visits with dentist check Hygiene outreach visits) seen by dental with 4,853 dental services provided
  - 146 Dental Specialist visits
  - 260 General Dentist Visits
  - 71 Hygiene visits with dentist check

- 165 Hygiene outreach visits
- 14 Pediatric and Oral Surgeon OR cases

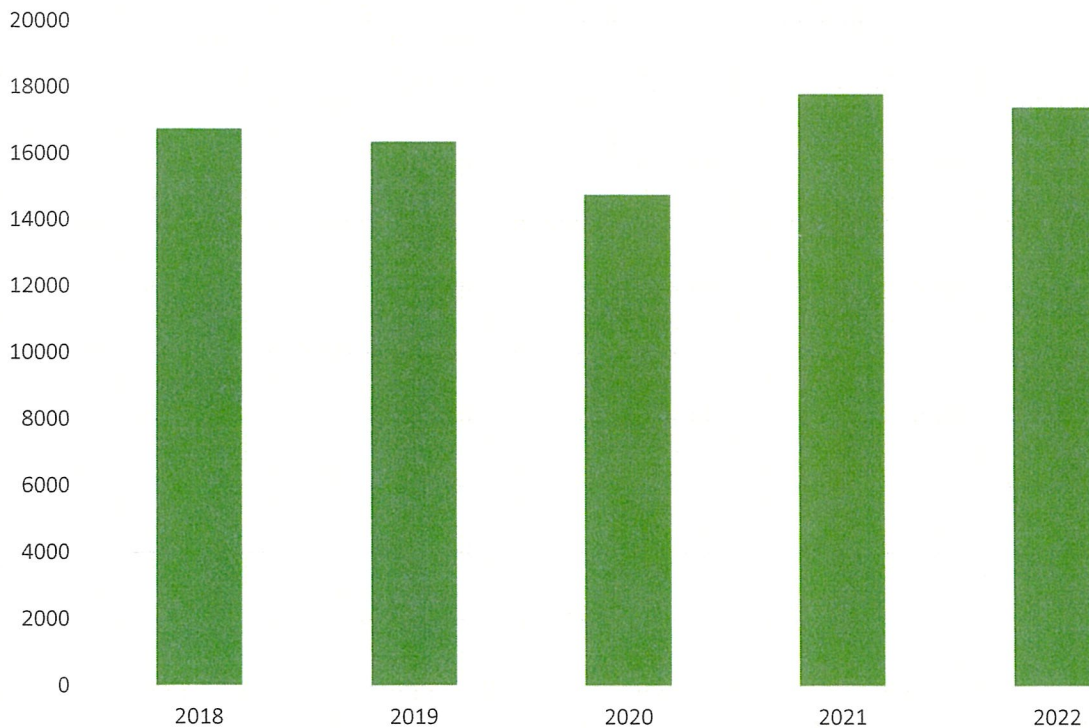
The 3 newly hired dental assistants should complete chair side training by Jan 2023. Still have 3 dental assistant openings.

- 156 Mammographies performed this month
- 572 Current number of health service employees as of end of month
- 3 Physician vacancies out of 39 positions at Claremore. (1 Peds, 1 CRNA, 1 Hospitalist, General Surgeon)

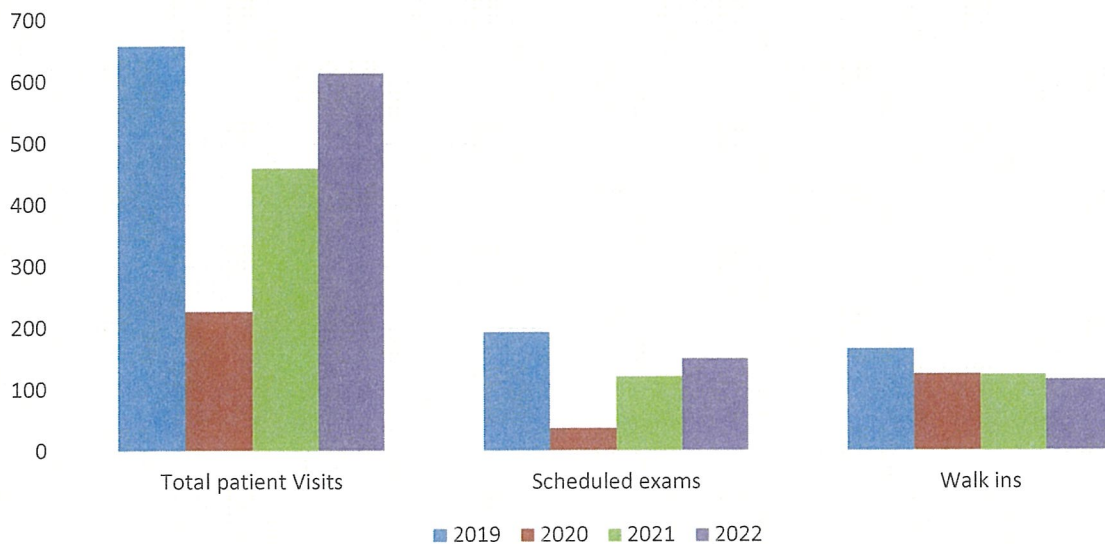
PRC			<u>CN Patients</u>
• Approved	393 cases	\$397,041.00	269
• Denied	73 cases	\$415,089.00	20
• Deferred	181 cases	\$213,079.00	119
▪ <u>14 CIH clinics</u>			
661 Total cases			

<u>Appeals</u>	<u>CN Patients</u>	
Processed	38	
Approved	27	11
Denied	11	5

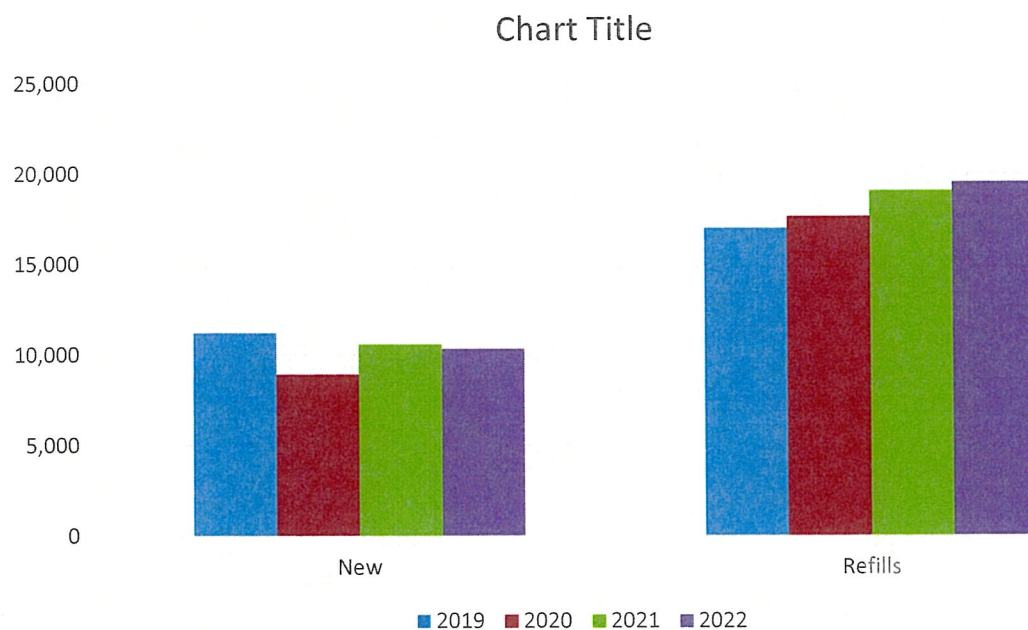
## Ambulatory Care Visits Month of November 2018-2022



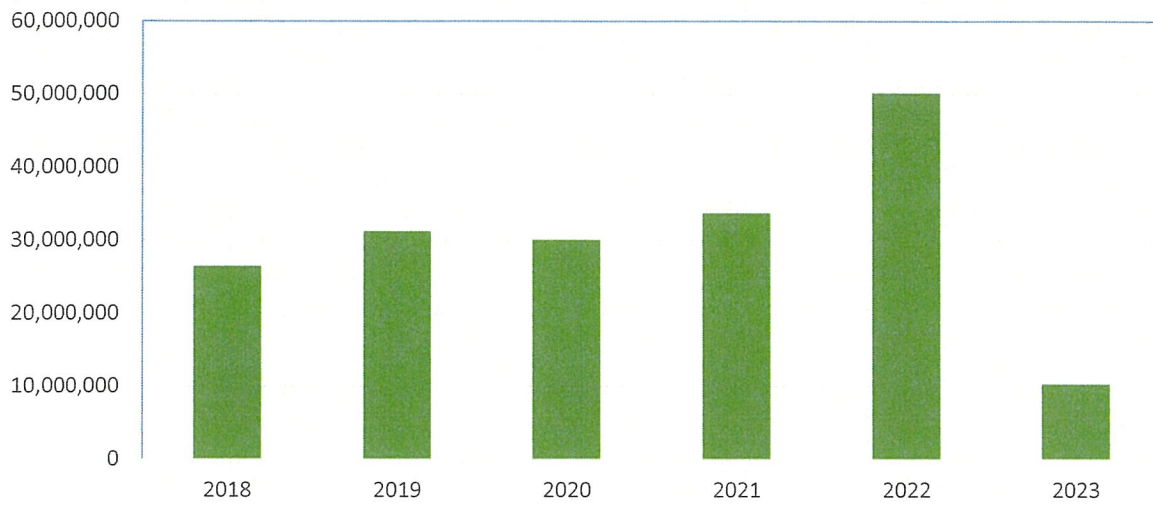
## Dental Services Month of November 2019-2022



## No. of Rx filled Month of November 2019-2022



## Third Party Revenue Year to date Collections-2018-2023



	<u>Claremore</u>
2018	\$26,483,973
2019	\$31,236,804
2020	\$30,082,489
2021	\$33,769,119
2022	\$50,221,322
2023	\$10,362,092





# Health Committee Report

## December 2022



### Highlights

CNHS joins in the spirit of giving by participating in the Cherokee Nation Angel Tree program, which provides gifts during the holiday season to Cherokee children who live within the 14-county tribal reservation. So far over 51 angles have been adopted by staff members.

#### Clinic Compliments:

The patient would like to recognize her provider for her thoughtfulness and compassion towards her at her establish care appointment. Her advice was extremely helpful. She went above and beyond to provide the best care, and it was greatly appreciated.

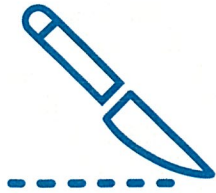
patient states that they received excellent service from the CNHS. "This was my first visit and I was very impressed with the whole experience."

The patient states that she loved her provider and stated that she is their new favorite. The patient had a lot of different concerns, but the provider went over all of them, and got the referrals in quick.

Patient stated that during their first visit to CNHS Clinic, their provider was very good. "My visit was great!"

# Health Committee Summary

December 2022



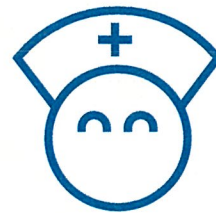
391 surgical  
procedures  
performed



6,161 patients  
were seen at the  
ED/Urgent Care



75 babies were  
delivered at  
Hastings Hospital



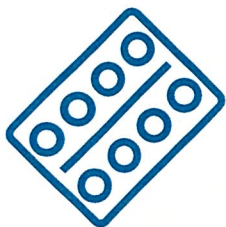
1,283 Encounters  
with Public  
Health Nursing



960 COVID-19  
vaccines given



135,751 all  
drive-thru  
COVID-19 tests  
administered to  
date



148,447 new &  
refill prescriptions  
filled



2,050 Behavioral  
Health visits

# Health Committee Report

## Provider Recruitment

CNHS Provider  
Vacancy Rate

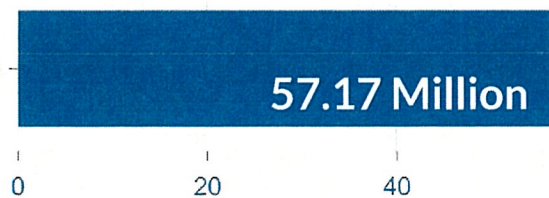


IHS Provider  
Vacancy Rate  
Benchmark



## Contract Health

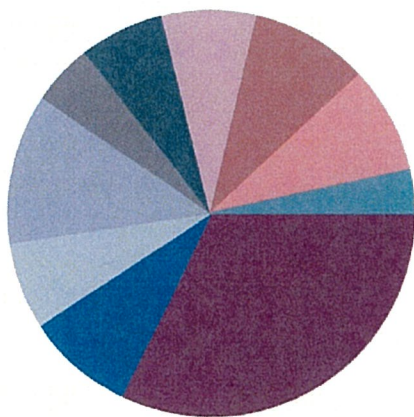
Projected annual expense



Referral Approval Rate

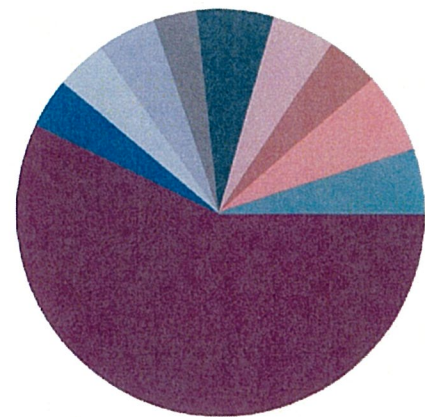


CHS Monthly Referrals by Location



WWH 32% VIN 8% OCH 7% TRHC 12%  
NOW 5% JAY 7% AMO 8% RBS 9%  
WPM 9% CIH 3%

YTD CHS Spend by Location

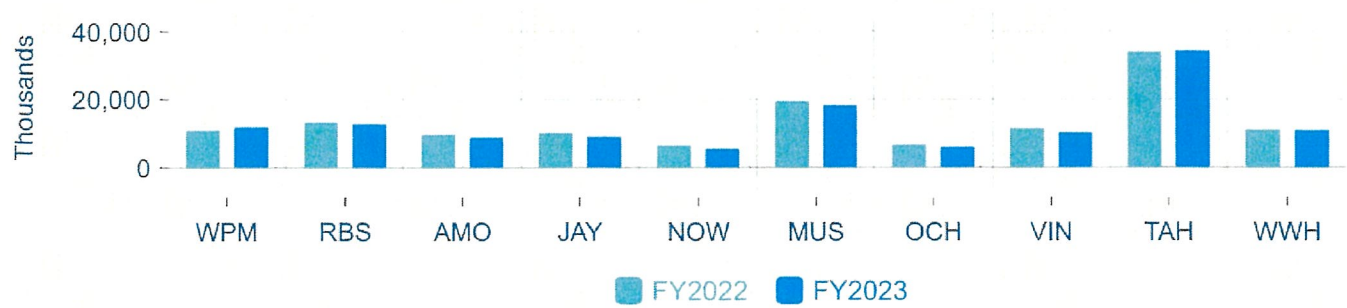


WWH 57% VIN 4% OCH 4% TRHC 5%  
NOW 3% JAY 6% AMO 5% RBS 4%  
WPM 6% CIH 5%

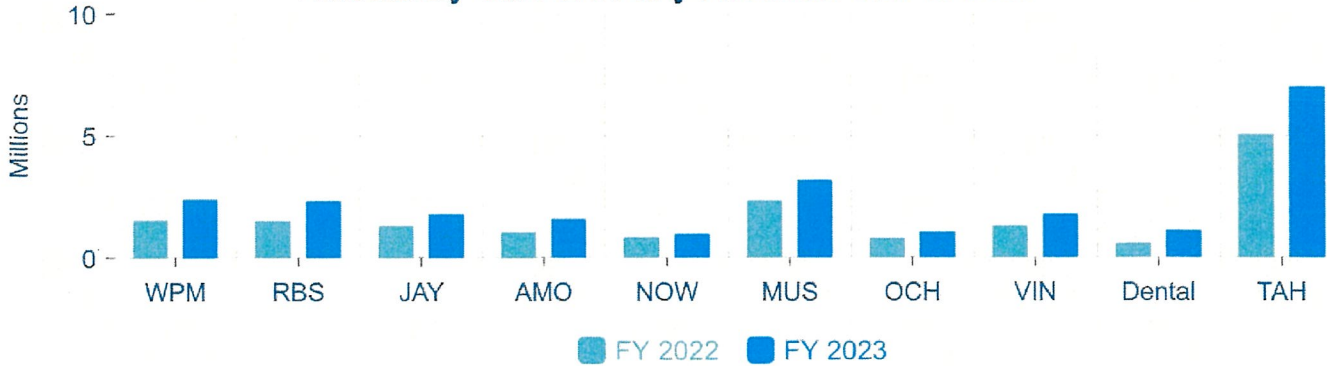


# Patient Visits and Revenue

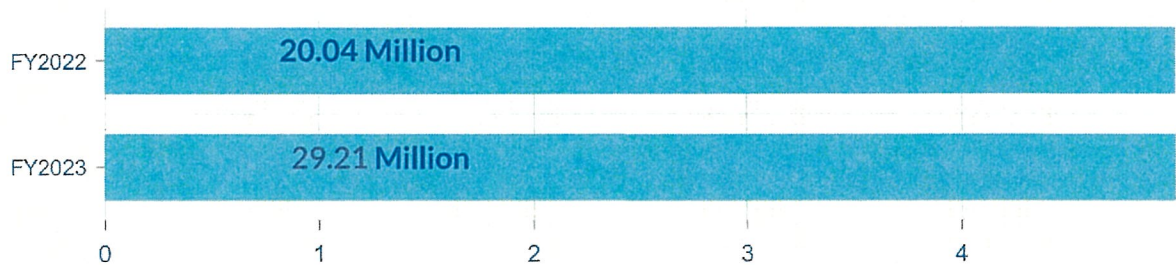
Ambulatory Care Visits: Monthly



Ambulatory Care 3rd Party Revenue: Year to Date



Third Party Revenues Combined: Year to Date



Third Party Revenue Comparison CN WW Hastings Hospital Year to Date



# Service Summary

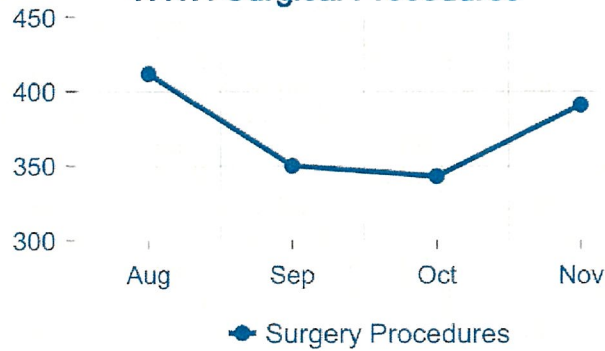
## ED/UC Left Without Being Seen



## ED/UC Services Delivered



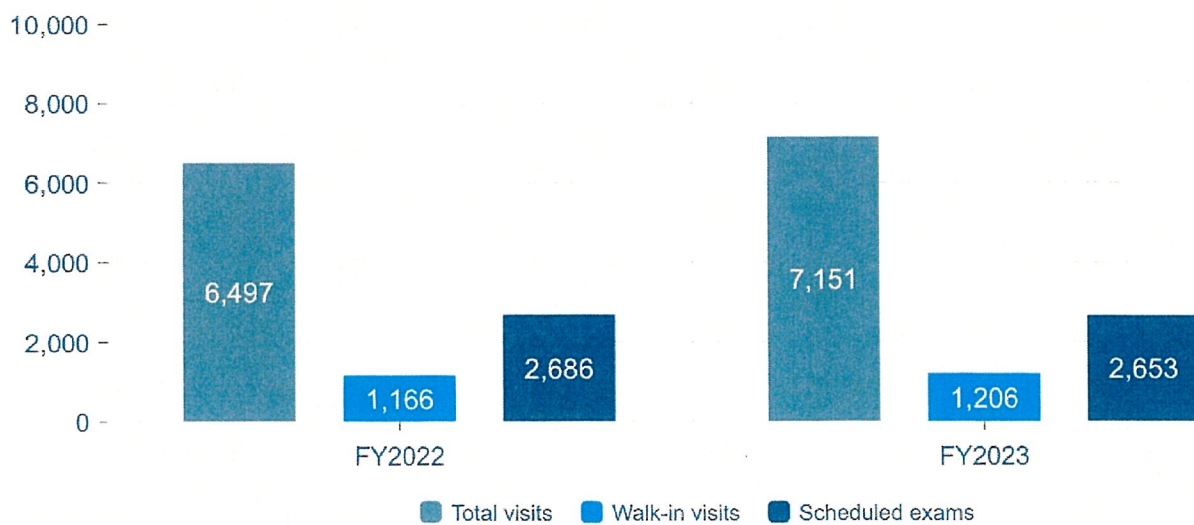
## WWH Surgical Procedures



## WWH Inpatient Care



## Dental Services: Monthly







# Cherokee Nation Health Services

## Public Health Report – December 2022

### Part A: PUBLIC HEALTH LEADERSHIP

#### **Public Health Infrastructure Development: December 2022**

- ✓ Official application for reaccreditation accepted by PHAB
- ✓ Public Health Strategic Plan –Complete
- ✓ Public Health Workforce Development Plan – Complete
- ✓ Emergency Operations and Risk Communications Plan – Complete
- ✓ Launched new public health website on May 1, 2022. [www.cherokeepublichealth.org](http://www.cherokeepublichealth.org)
- ✓ Tribal Health Assessment – Complete
- ✓ Tribal Health Improvement Plan – Complete
- ✓ Public Health Performance Management Plan -Complete
- ✓ PHAB Re-accreditation required documentation submission – waiting on PHAB feedback
- ✓ Public Health Staff Training on Results Based Accountability (RBA) for performance management.

#### **Working Together Initiative:**

In 2021, Cherokee Nation Public Health (CNPH) launched *Working Together*, an initiative to bring partners together across Cherokee Nation to better understand and address the multiple social, cultural, economic, and environmental conditions that influence Cherokee well-being. Over a 12-month period, CNPH held engagement meetings with more than 50 representatives across multiple departments, including but not limited to, Education, Language and Culture, Human Services, Environmental Health, school and community health programs, and local and state health departments. A Working Together Team was then formed to review engagement outcomes, and to work towards the following goals:

Create a shared vision for Cherokee Wellness

Create a wellness framework reflective of the social and cultural determinants of health.

Identify indicators to determine how wellness will be measured.

Using a method called Results Based Accountability, the Working Together Team worked collaboratively to define the desired “results” or aspirations for Cherokee wellness. The Team explored the many *social and cultural determinants* that can affect community and individual wellness. Social determinants include social, cultural, economic, and environmental factors and conditions that affect the ability of individuals, families and entire communities to make choices that promote good health. The Team considered education, economic stability, safe and affordable housing, built and natural environments, access to quality healthcare, cultural and community connectedness, and exposure to trauma.

In 2023, we will begin phase 2 of the project which includes finalization of Cherokee Indicators of Wellness, expanded inclusion of staff from additional programs, and initial collaborative data collection and evaluation.



## **Centers for Disease Control and Prevention (CDC) Tribal Advisory Committee (TAC):**

- TAC Chair Deputy Chief Warner and Authorized Representative Lisa Pivec continue work with CN Government Relations staff to provide input to CDC. The Winter TAC meeting will be held at CDC headquarters in Atlanta, GA in February, 2023. TAC meeting planning is in progress and the TAC Chair Deputy Chief Warner leads those efforts in conjunction with CDC staff.

## **National Association of City County Health Officials (NACCHO):**

- Cherokee Nation Public Health Interim Executive Director, Lisa Pivec, was elected to the Board of Directors representing Tribal Public Health Departments. NACCHO is the only organization dedicated to serving every local health department in the nation. NACCHO serves 3000 local health departments and is the leader in providing cutting-edge, skill-building, professional resources and programs, seeking health equity, and supporting effective local public health practice and systems. Ms. Pivec was elected recently to serve on the governance committee of NACCHO.

## **Public Health Monitoring & Surveillance:**

- Youth Risk Behavioral Survey: complete for 2021 cycle/2023 cycle to begin in Spring 2023
- Community data dashboard program and website launched May 1, 2022
- Continued work with various CN departments gathering data, performing comprehensive evaluations for several CDC grants.
- Continued work on Opioid data sets and further research into opioid use disorder in Cherokee Nation.

## **Part B: PUBLIC HEALTH PROGRAMS**

### **Women, Infants, and Children (WIC) Program:**

<b>MONTH/FY 2023</b>	<b>WOMEN</b>	<b>INFANTS</b>	<b>CHILDREN</b>	<b>SEBCT</b>	<b>FOOD SALES</b>
October	1,034	1,255	2,459	0	\$241,241.79
November	1,033	1,218	2,510	0	\$187,693.98
December	1,057	1,219	2,529	0	\$213,391.25
January					
February					
March					
April					
May					
June					
July					
August					
September					
<b>YTD TOTAL:</b>	<b>3,124</b>	<b>2,473</b>	<b>7,498</b>	<b>0</b>	<b>\$642,327.02</b>

*\*Indicates Food Sales through end of closing 12/28/22. \*July was the last month to redeem SEBCT Benefits.*

**\*\*\*\*\*SUMMER EBTC: 11,754 applications**

## **Male Seminary Recreation Center:**

*\*Indicates through end of closing 12/28/22\**

<b>MONTH/FY 2022</b>	<b>TOTAL MEMBERS</b>	<b>TOTAL VISITS</b>	<b>GROUP FITNESS</b>	<b>CHILD WATCH</b>
October	10,428	3,791	977	176
November	10,522	4,258	823	158
December	10,626	5,725	945	239
January				
February				
March				
April				
May				
June				
July				
August				
September				
<b>YTD TOTAL:</b>	<b>10,626</b>	<b>13,744</b>	<b>2,745</b>	<b>573</b>

## **Cooperative Agreements/Grants:**

- Centers for Disease Control and Prevention (CDC) Public Health Crisis Response
- CDC Tribal Capacity Supplements: Opioid Misuse, Adverse Childhood Experiences
- CDC Supporting Tribal Public Health Capacity in COVID-19: Accreditation Support
- Health Resources & Services Administration (HRSA) COVID-19 Response
- CDC Youth Risk Behavioral Survey
- CDC Comprehensive Cancer Control Program
- CDC Breast and Cervical Cancer Early Detection Program
- Sub-recipient of Indian Health Service: Special Diabetes Program for Indians: School Health and Diabetes Prevention Project support
- Oklahoma Tobacco Settlement Endowment Trust (TSET)
- CDC Good Health and Wellness (GWIC)
- USDA Women Infant and Children (WIC)
- USDA Summer Electronic Benefits Transfer for Children (SEBTC)
- CDC Community Health Workers for COVID-19 Response and Resilient Communities
- CDC Closing the Gap with Social Determinants of Health Accelerator Plans
- Cherokee Tribal Practices for Wellness Indian Country (TPWIC)
- New award: SAMHSA grant for support of suicide prevention via national suicide hotline support and follow-up



## Community Health Promotion Programs:

<b>WINGS Running/Walking Program: 2022 Schedule / COMPLETED</b>			
<b>WINGS RACE</b>	<b>MONTH</b>	<b># of PARTICIPANTS (In Person)</b>	<b># of PARTICIPANTS (Virtual)</b>
Super Hero 5k / Sallisaw	March 26	112	353
CC Camp 5K & Fun Run / Stilwell	April 2	92	352
Run for the Berries / Stilwell	May 14	288	343
Beat the Heat 5k / Salina	June 4	151	304
Huckleberry Run 5k / Jay	July 2	167	459
Lake Vian Trail Run / Vian	August 27	129	416
Cherokee Holiday Run / Tahlequah	September 3	375	362
Hornet 5 K & Fun Run / Vinita	September 24	124	315
Kay Lane Run for Wellness 5k / Muskogee	October 1	129	258
Nowata 5k /Nowata	October 15	220	370
Will Rogers Memorial 5k/	November 5	220	369
Ugly Christmas Sweater 5k/ Hulbert	December 3	128	322
<b>2022 TOTAL PARTICIPANTS</b>	<b>6,358</b>	2,135 (in person)	4,223 (virtual)

		<b>2023 Wings Schedule</b>	
<b>DATE</b>		<b>NAME OF RACE</b>	<b>LOCATION</b>
1.	3/11/2023	Second Chance Pet Rescue 5K	Grove
2.	3/25/2023	Superhero 5K	Sallisaw
3.	4/1/2023	CC Camp 5K & Fun Run	Stilwell
4.	4/15/2023	Happy Hills 5k	Cherokee County
5.	4/29/2023	Run the Streets 5K	Bartlesville
6.	5/13/2023	Run for the Berries	Stilwell
7.	6/10/2023	HOPE FitBiz Challenge 5K	Pryor
8.	7/1/2023	Huckleberry Run	Jay
9.	7/15/2023	Westville 5K	Westville
10.	7/22/2023	Walter Webbers Falls 5K	Webbers Falls
11.	8/26/2023	Lake Vian Trail Run	Vian
12.	9/2/2023	Cherokee Holiday Run	Tahlequah
13.	9/23/2023	Hornet 5K & Fun Run	Vinita
14.	10/14/2023	Nowata 5K & Fun Run	Nowata
15.	10/21/2023	The Fast and the Furriest 5k	Muskogee
16.	11/4/2023	Will Rogers Memorial 5k	Claremore
17.	12/2/2023	Ugly Christmas Sweater 5K	Hulbert

<b>Community Walking Groups</b>	
<b>County</b>	<b>Group Meeting Date /Location Information</b>
<b>Adair</b>	<ul style="list-style-type: none"> <li>10/ 11- 11/29 (Tues/Thursday) Westville Park at 5:15 p.m. - 5 participants</li> </ul>
<b>Cherokee</b>	<ul style="list-style-type: none"> <li>9/13 – 12/3 (Tuesdays/Thursdays) Hulbert City Park at 5:15 p.m. - 15 participants</li> </ul>

<b>Craig</b>	<ul style="list-style-type: none"> <li>11/2/22 – 11/30/22- Mondays &amp; Wednesdays @ Vinita Health Center (meet in Wellness Center)-5:15 pm- 5:45 pm. - 4 participants</li> </ul>
<b>Sequoyah</b>	<ul style="list-style-type: none"> <li>9/13/22 - 11/1/22 (Tuesdays) Sallisaw Sports Complex at 9am- 3 participants : Completed November</li> <li>Vian 9/13/2022 – 11/1/2022 (Tuesdays) 9:00am- Vian City Lake walking trail - 5 participants: Completed in November</li> </ul>
<b>Delaware</b>	<ul style="list-style-type: none"> <li>9/21 - 11/9 at 9 am (Wednesdays) Sam Hider Clinic walking track – 6 participants</li> </ul>
<b>Mayes</b>	<ul style="list-style-type: none"> <li>10/3 - 11/22 (Monday and Tuesdays) 5:30 p.m. AMO Walking Track - 9 participants</li> <li>10/ 18 – 12/8 (Tuesday/Thursdays) 5:15 p.m. Rogers Park, Warner, OK - 10 participants</li> </ul>
<b>Washington</b>	<ul style="list-style-type: none"> <li>9/26 – 11/30 (Mondays and Wednesdays) at noon. Cooweescoowee Health Center Walking Track - 5 participants</li> </ul>

### **Tobacco Prevention and Cessation:**

- Offered quarterly depending upon clinic referrals.
- 1 on 1 tobacco cessation appointments have been regularly scheduled for patients as needed.
- On-going community outreach & awareness information about the Oklahoma Tobacco Quit Line.
- Staff Training – currently in process of completing training to deliver youth tobacco prevention & cessation program.

<b>Tobacco Cessation Classes</b>				
<b>County</b>	<b>Dates/ Quarter 1</b>	<b>Location</b>	<b>Number of Referrals</b>	<b>Public Health Educator (PHE) Contact</b>
<b>Adair</b>	October – December, 2022	Wilma P Mankiller Health Center - Stilwell	In process of collecting referrals	<ul style="list-style-type: none"> <li>Kasey Maxwell – 918-506-7760 – <a href="mailto:kasey-maxwell@cherokee.org">kasey-maxwell@cherokee.org</a></li> <li>Kassandra Rosas -918-696-8860 – <a href="mailto:kassandra-rosas@cherokee.org">kassandra-rosas@cherokee.org</a></li> <li>Shaina Kindle -918-696-8861 – <a href="mailto:shaina-kindle@cherokee.org">shaina-kindle@cherokee.org</a></li> </ul>

<b>Cherokee</b>	October – December, 2022	Clinic in the Woods – Tahlequah	In process of collecting referrals	<ul style="list-style-type: none"> <li>Kindle Spry – 918-453-500 ext. 5905 – <a href="mailto:kindle-spry@cherokee.org">kindle-spry@cherokee.org</a></li> <li>Sarah Hawk – 918-453-500 ext. 7428 – <a href="mailto:sarah-hawk@cherokee.org">sarah-hawk@cherokee.org</a></li> <li>Dillon Lemasters -918-453-5000 ext. 5963 – <a href="mailto:dillon-lemasters@cherokee.org">dillon-lemasters@cherokee.org</a></li> </ul>
<b>Sequoyah</b>	October – December, 2022	Redbird Smith Health Center - Sallisaw	In process of collecting referrals	<ul style="list-style-type: none"> <li>Steven Hatcher-918-316-6980- <a href="mailto:steven-hatcher@cherokee.org">steven-hatcher@cherokee.org</a></li> <li>Isaac Barnoskie -918-774-1400 ext. 1560 – <a href="mailto:isaac-barnoskie@cherokee.org">isaac-barnoskie@cherokee.org</a></li> </ul>
<b>Delaware</b>	October – December, 2022	Sam Hider Health Center - Jay	2 participants	<ul style="list-style-type: none"> <li>Cindy Tudor 918-253-1763 <a href="mailto:cindy-tuder@cherokee.org">cindy-tuder@cherokee.org</a></li> </ul>
<b>Mayes</b>	October – December, 2022	Salina Health Center - Salina	<p>2 Classes:</p> <p>(1) , In -person Salina AMO – Pawnee – 3 participants Class started 12/16</p> <p>(2), Virtual Class started 11/9 - Emily – participant</p>	<ul style="list-style-type: none"> <li>Emily Mealin - 918-434-8500 ext. 8549 - <a href="mailto:emily-mealin@cherokee.org">emily-mealin@cherokee.org</a></li> <li>Pawnee Crabtree -918-434-8500 ext. 8674 <a href="mailto:pawnee-crabtree@cherokee.org">pawnee-crabtree@cherokee.org</a></li> </ul>
<b>Washington</b>	October – December, 2022	CooWeeScoowee Health Center	In process of collecting referrals	<ul style="list-style-type: none"> <li>Julie Miller Washington County Office: 918-535-6047 <a href="mailto:emily-mealin@cherokee.org">emily-mealin@cherokee.org</a></li> </ul>



<b>Muskogee</b>	October – December, 2022	Three Rivers Health Center - Muskogee	In process of collecting referrals	<ul style="list-style-type: none"> <li>Jordan Purcell – 918-316-2478 – <a href="mailto:Jordan-purcell@cherokee.org">Jordan-purcell@cherokee.org</a></li> <li>Ben Buckskin – 918-781-6500 ext. 6521 <a href="mailto:ben-buckskin@cherokee.org">ben-buckskin@cherokee.org</a></li> </ul>
<b>Craig</b>	October – December, 2022	Vinita Health Center - Vinita	In process of collecting referrals	<ul style="list-style-type: none"> <li>Mandy Russell – 918-373-4337 – <a href="mailto:Miranda-russell@cherokee.org">Miranda-russell@cherokee.org</a></li> </ul>
<b>Nowata</b>	October – December, 2022	Will Rogers Health Center	In process of collecting referrals	<ul style="list-style-type: none"> <li>Vacant position</li> </ul>

### **Healthy Native Diabetes Prevention Program (DPP):**

<b>Healthy Native Diabetes Prevention Program (DPP) Classes:</b> <i>*New classes contingent on referrals</i>	
<b>County</b>	<b>Current Class Meeting Dates /Locations Information</b>
<b>Cherokee</b>	DPP virtual class- Zoom - Monthly meetings- month [8] date: November 15 <sup>th</sup> , 2022 <ul style="list-style-type: none"> <li>○ 2 participants</li> <li>• Diabetes Walk <ul style="list-style-type: none"> <li>○ 11/07/22- Cherokee Nation Outpatient Health Center at 12:00 pm</li> <li>○ 100 participants</li> </ul> </li> </ul>
<b>Craig</b>	Diabetes Glucose Monitoring Event @ Vinita Health Center on 11/29/22 <ul style="list-style-type: none"> <li>• 40 participants</li> <li>• 3 referrals</li> </ul>
<b>Delaware</b>	<ul style="list-style-type: none"> <li>• Diabetes Awareness Walk <ul style="list-style-type: none"> <li>○ 11/15/2022- Sam Hider Health Center at 11am-1 pm</li> <li>○ 27 Participants</li> </ul> </li> <li>• Staff Training <ul style="list-style-type: none"> <li>○ DTTAC(Diabetes Training and Technical Assistance Center) Making Moves Forward – 11/2/2022</li> </ul> </li> </ul>

<b>Sequoyah</b>	<ul style="list-style-type: none"> <li>• DPP Virtual class – Zoom - Monthly meetings- month #12 date(s): Tuesdays 5:30pm. <ul style="list-style-type: none"> <li>○ 3 participants</li> <li>○ Class now completed. All 3 hit the 5% weight loss goal.</li> </ul> </li> <li>• Diabetes Awareness Walk – Redbird Smith Health Center – 11/2/22 <ul style="list-style-type: none"> <li>○ 50 participants</li> </ul> </li> </ul>
<b>Mayes</b>	<ul style="list-style-type: none"> <li>• DPP Virtual class- Zoom- Monthly meetings- month 8 date(s): Dec 15th. <ul style="list-style-type: none"> <li>○ 7 participants</li> </ul> </li> <li>• 1 educational trainings completed. <ul style="list-style-type: none"> <li>○ DTTAC(Diabetes Training and Technical Assistance Center) : Making Moves Forward –Emily Mealin – 11/28/2022</li> </ul> </li> </ul>
<b>Muskogee</b>	<ul style="list-style-type: none"> <li>• Diabetes Awareness Walk <ul style="list-style-type: none"> <li>○ 11/16/22- Three Rivers Health Center from 11am – 1pm</li> <li>○ 54 walking participants</li> </ul> </li> </ul>
<b>Washington</b>	<ul style="list-style-type: none"> <li>• DPP Virtual class- held on Tuesday evening – currently on Week 11 of program <ul style="list-style-type: none"> <li>○ 6 participants</li> </ul> </li> </ul>

## **Public Health Educator (PHE) Community Partnership & Outreach Activities:**

<b>November &amp; December Community Partnership Activities</b>	
<b>County</b>	<b>Partnership &amp; Outreach Activities</b>
<b>Adair</b>	<p><b><u>Partnership Events</u></b></p> <ul style="list-style-type: none"> <li>• Catch My Breath</li> <li>• Zion Public School- 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup> grade - 81 kids Shaina Kindle- 918-316-7990- <a href="mailto:Shaina-kindle@cherokee.org">Shaina-kindle@cherokee.org</a></li> <li>• Diabetes Walk <ul style="list-style-type: none"> <li>○ 11/3/2022- Wilma P Mankiller Health Center- 11:00am</li> </ul> </li> <li>• TSET Health Living Program <ul style="list-style-type: none"> <li>○ Mid-county Community Organization <ul style="list-style-type: none"> <li>▪ Possible shared-use/ tobacco policy, meeting Jan 10<sup>th</sup></li> </ul> </li> <li>○ Adair County Pals</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>▪ Assisted with packing 41 gift bags for elders that receive home delivered meals in Adair County. Provided tobacco and nutrition information for bags along with measuring cups and spoons.</li> <li>○ DB Gaines Park <ul style="list-style-type: none"> <li>▪ Received all of the playground equipment that was purchased by OSU High Obesity Program. PHEs will work with City of Stilwell on placement and installation. Equipment included monkey bars, slides, and swing set.</li> </ul> </li> <li>○ Westville Park Steering Committee <ul style="list-style-type: none"> <li>▪ The Committee has finalized goals and objectives for their Parks and Open Space master plan. They are waiting to hear back on the ODOT Transportation Alternatives Grant. They have OU Institute for Quality Communities scheduled to tour the town and hold key informant interviews on February 24-26. PHEs have been assisting with the coordination of this event.</li> </ul> </li> </ul> <p><b><u>Outreach Events</u></b></p> <ul style="list-style-type: none"> <li>• Greasy Community Meeting <ul style="list-style-type: none"> <li>○ 12/03/22- Greasy Immersion School at 12:00 pm</li> <li>○ 2 tobacco forms distributed</li> <li>○ 4 DPP forms distributed</li> <li>○ 5 Wings forms distributed</li> </ul> </li> <li>• Hard Rock Photo ID Event <ul style="list-style-type: none"> <li>○ 12-11-22/ 12-12-22 Tulsa Hard Rock</li> <li>○ 7 tobacco forms distributed</li> <li>○ 10 DPP forms distributed</li> <li>○ 75 wings for distributed</li> </ul> </li> </ul>
<b>Cherokee</b>	<p><b><u>Partnership Events</u></b></p> <ul style="list-style-type: none"> <li>• Getting to Y Training - Spry <ul style="list-style-type: none"> <li>○ 11/29/22 - Armory at 9:00am</li> <li>○ A train the trainer event to help in training new schools as added. This is designed to empower youth to lead in decision-making and action planning based around the results of the Youth Risk Behavior Survey.</li> <li>○ Trained approximately 30 kids</li> </ul> </li> <li>• Diniyotli Festival – Hawk/Lemasters <ul style="list-style-type: none"> <li>○ 11/29/22 – CN Vinita Health Center at 9:30am</li> <li>○ Cultural learning event to teach the kids the many games and cultural activities from various different schools. Approximately 500 children in attendance.</li> </ul> </li> <li>• Cherokee Nation Angel Project – Hawk/Spry <ul style="list-style-type: none"> <li>○ 12/19/22 – Tahlequah Walmart at 9:00am</li> <li>○ Cherokee Nation Angel Project</li> </ul> </li> </ul> <p><b><u>Outreach Events</u></b></p> <ul style="list-style-type: none"> <li>• Early Childhood Conference – Hawk/Spry</li> </ul>

	<ul style="list-style-type: none"> <li>○ 11/22/22- Marriott, Southern Hills – Tulsa, OK at 10:00am</li> <li>○ Provided DPP – Do you qualify form &amp; WINGS</li> <li>○ 6 DPP forms distributed</li> <li>○ 57 Wings forms distributed</li> <li>• Glucose Event <ul style="list-style-type: none"> <li>○ 11/30/22- Cherokee Nation Outpatient Health Center at 1:00 pm</li> <li>○ Provided DPP – Do you qualify form</li> <li>○ 138 participants</li> </ul> </li> </ul>
<b>Craig</b>	<p><b><u>Partnership Events:</u></b></p> <ul style="list-style-type: none"> <li>• SMART Girls @ Vinita Boys &amp; Girls Club Mondays 3:45 – 5:00 pm <ul style="list-style-type: none"> <li>○ Teaching SMART girls curriculum that promotes healthy and wellness</li> </ul> </li> <li>• Teach Health Habits @ Vinita Boys &amp; Girls Club Wednesdays 3:45 – 5:00 pm <ul style="list-style-type: none"> <li>○ 12/7/22 taught importance of oral hygiene to 55 kids &amp; provided new toothbrushes, floss &amp; toothpaste</li> <li>○ 12/14/22 taught importance of daily physical activity to 55 kids &amp; gave out extra Hornet Run t-shirts to kids</li> </ul> </li> <li>• Teach Cultural Class @ Vinita Boys &amp; Girls Club Thursdays 3:45 – 5:00 pm <ul style="list-style-type: none"> <li>○ 12/8/22 Taught kids how to make pinch pots &amp; told of Cherokee History related to pottery</li> </ul> </li> </ul> <p><b><u>Outreach Events</u></b></p> <ul style="list-style-type: none"> <li>• Diniyotli Festival (Cultural Event) <ul style="list-style-type: none"> <li>○ 11/29/2022- Vinita Health Center from 9 am – 2 pm</li> </ul> </li> </ul>
<b>Delaware</b>	<p><b><u>Partnership Events</u></b></p> <ul style="list-style-type: none"> <li>• Have been in Contact with Second Chance Pet Rescue , the city of Grove and Grove police department in Grove ok, Planning for 5 k run in March of 2023</li> <li>• City Of Jay Christmas 12/10/2022 walked with the Chief Hoskins, 2 Council Member and 5 fellow employees of the Sam Hider Health Center, passing out Candy</li> <li>• The Delaware County Community Partnership Coalition was Awarded Newman’s own Foundation Grant ( Nutrition Security for Indigenous youth) which is set to begin</li> <li>• January 1, 2023, will be working with the coalition, Boys and girls clubs of Delaware County and Oaks mission school to provide raised garden beds, some cooking classes and farmer’s market events.</li> </ul> <p><b><u>Outreach Events</u></b></p> <ul style="list-style-type: none"> <li>• Diabetes Glucose Monitoring event 11/18/22 at Sam Hider Health Center <ul style="list-style-type: none"> <li>○ 64 participants</li> </ul> </li> <li>• 11/28/2022 Community Meeting at Jay Community center <ul style="list-style-type: none"> <li>○ 20 Diabetes prevention classes,</li> <li>○ 20 Quitting tobacco pamphlets</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ 15 wings application</li> <li>• 11/29/2022 Cultural Event at Vinita Health Center-Assisted with pinch pots <ul style="list-style-type: none"> <li>○ 316 students attended the event.</li> </ul> </li> <li>• Tribal Registration/ID card at Hard Rock Casino in Tulsa 12/11-12/12/2022 there were <ul style="list-style-type: none"> <li>○ 450 Plus people who attended, gave out</li> <li>○ 79 wings applications,</li> <li>○ 20 Quick quit smoking kits. Shared information about our diabetes prevention program.</li> </ul> </li> </ul>
<b>Mayes</b>	<p><b><u>Partnership Events:</u></b></p> <ul style="list-style-type: none"> <li>• Yoga/Walking Group with Mrs. Amanda Bennett <ul style="list-style-type: none"> <li>○ Wednesday(s)- Locust Grove High School at 8:00am-9:00am</li> </ul> </li> <li>• Diniyotli Festival <ul style="list-style-type: none"> <li>○ 11/29/2022-Vinita Health Center at 10:00am-2:00pm</li> <li>○ Cherokee Cultural Event for schoolchildren grades 4<sup>th</sup>-8<sup>th</sup>.</li> <li>○ Provided Cherokee Culture demonstration and hands on activities</li> </ul> </li> </ul> <p><b><u>Outreach Events:</u></b></p> <ul style="list-style-type: none"> <li>• Diabetes Awareness Month Walk <ul style="list-style-type: none"> <li>11/18/2022- Salina AMO Health Center at 1:00pm-2:00pm</li> <li>Information Provided (DPP-Healthy Native)</li> <li>25 Walkers</li> </ul> </li> <li>• ECU Conference/Health Event <ul style="list-style-type: none"> <li>11/22/2022- Tulsa at 8:00am-1:00pm</li> <li>155 CNPH program forms</li> </ul> </li> </ul>
<b>Muskogee</b>	<p><b><u>Partnership Events:</u></b></p> <ul style="list-style-type: none"> <li>• Groundbreaking Ceremony at Three Rivers Health Center <ul style="list-style-type: none"> <li>○ Community Walking Trail</li> <li>○ 12/8/22- Three Rivers Health Center from 230pm – 4pm</li> </ul> </li> <li>• Balance Bike Training <ul style="list-style-type: none"> <li>○ Oklahoma School for the Blind on 12/5/22</li> <li>○ 27 students participated</li> <li>○ Students used balance bikes provided by OSU Extension</li> </ul> </li> </ul> <p><b><u>Outreach Events</u></b></p> <ul style="list-style-type: none"> <li>• Diabetes Awareness Glucose Event <ul style="list-style-type: none"> <li>○ 11/22/22- Three Rivers Health Center (1pm – 3pm)</li> <li>○ 10 DPP forms distributed</li> <li>○ 2 Wings forms distributed</li> <li>○ 62 people participated</li> </ul> </li> <li>• Cherokee Nation Community Meeting D-4 <ul style="list-style-type: none"> <li>○ 12/2/22- Three Rivers Health Center from 500pm – 700pm</li> <li>○ 5 DPP forms distributed</li> <li>○ 10 WINGS applications distributed</li> <li>○ 15 Tobacco Cessation forms distributed</li> <li>○ 37 Wellness/Nutrition information distributed</li> </ul> </li> </ul>

Rogers	<p><b><u>Partnership Events</u></b></p> <ul style="list-style-type: none"> <li>• Chelsea High School Vape Free Initiative Presentation <ul style="list-style-type: none"> <li>○ 12/09/2022- Chelsea, OK at 9am</li> <li>○ Presented the In-Depth and N-O-T Program to school &amp; Tobacco Policy. Plan to complete by February 2023 and offer programs to students.</li> </ul> </li> <li>• Catoosa High School Vape Presentation <ul style="list-style-type: none"> <li>○ 12/13/2022- Catoosa High School at 1pm</li> <li>○ 42 students were present for the vape presentation.</li> <li>○ Presentation described as follows: What is vaping? What are the contents? How it effects the body? Help to quit. Provided our Tobacco Programs. Students enjoyed the interactive questions.</li> </ul> </li> <li>• Getting the Y Training <ul style="list-style-type: none"> <li>○ 11/29/2022- Tahlequah Armory at 9am</li> <li>○ PHE trained alongside 30 students and 4 school administrators. We learned how to read the YRBS data and how to incorporate programs into their schools to help their student population. Chelsea and Claremore were among these schools present. Plans to meet with Chelsea mid Jan 2023 to create a “Y” group at their school.</li> </ul> </li> <li>• Catoosa Wellness Policy/Committee <ul style="list-style-type: none"> <li>○ 12/14- PHE met with, Catoosa City Planner, Chris Ceislak. PHE assisted with creation of Wellness Policy for the city employees. Employees will be forming the Wellness Committee in January 2023. Plans included are to offer Tobacco Cessation, WINGS, Walking Group, food demonstrations and DPP (for those that qualify). These Cherokee Nation programs are included as restorative programs in their Wellness Policy.</li> </ul> </li> <li>• Ooolagah Food Pantry <ul style="list-style-type: none"> <li>○ 11/30- PHE assisted food pantry collect items and distribute bags to those in need. 19 families received a food bag. PHE had WINGS members bring donations to the Will Rogers Memorial 5k for the food pantry. These items were donated on this day.</li> </ul> </li> </ul>
Nowata	<p><b><u>Vacant PHE Position Opening</u></b></p> <p><b><u>Outreach Events</u></b></p> <ul style="list-style-type: none"> <li>• Great American Smoke Out-NOWATA <ul style="list-style-type: none"> <li>○ 11/17/22- Will Rogers Health Center from 8am – 10am</li> <li>○ 11 participants on sign in sheet</li> <li>○ 11 tobacco forms distributed</li> <li>○ 11 Quit kit distributed</li> <li>○ 3 recruitment forms</li> </ul> </li> <li>• Glucose Monitoring Event-Nowata Will Rogers Health Center- 11/28/2022 <ul style="list-style-type: none"> <li>○ 30 WINGS Applications</li> <li>○ 27 DPP</li> <li>○ 18 Tobacco Cessation</li> </ul> </li> </ul>



<b>Sequoyah</b>	<p><b><u>Partnership Events</u></b></p> <ul style="list-style-type: none"> <li>• Sidewalk Recovery Project- VIAN <ul style="list-style-type: none"> <li>○ 11/22/22- Cherokee Street, Vian, OK- 9:00 am</li> <li>○ PHE's partnered with Sequoyah County TSET Healthy Living Program and Town of Vian to renovate a total of 295 feet of sidewalk. Next sidewalk workday tentatively scheduled for 1/2023.</li> </ul> </li> <li>• Sallisaw Community Thanksgiving Dinner <ul style="list-style-type: none"> <li>○ 11/23/22- Sallisaw Middle School- 10:00am</li> <li>○ PHE's partnered with KiBois Community Action, Sallisaw NOW Coalition, TSET Healthy Living Program, and Sallisaw Health and Wellness Center to serve meals. Served food and assisted with setup/takedown.</li> <li>○ Fed 487 community members.</li> </ul> </li> <li>• Sallisaw Winterfest Kids Candy Cane Run <ul style="list-style-type: none"> <li>○ 12/3/22 – Sallisaw - 4:00 pm</li> <li>○ PHE Barnoskie directed a kids fun runs</li> <li>○ 46 participants</li> </ul> </li> <li>• Tsa la Gi Angel Tree <ul style="list-style-type: none"> <li>○ PHE organized an Angel Tree for Tsa la Gi residents in Sallisaw.</li> <li>○ 76 seniors will have new coats for Christmas</li> </ul> </li> </ul>
<b>Washington</b>	<p><b><u>Partnership Events:</u></b></p> <ul style="list-style-type: none"> <li>• Dewy High School Senior Conference 11/18/2022 <ul style="list-style-type: none"> <li>○ PHE handed out/discussed to Seniors of the dangers of Vaping, tobacco cessation and WINGS races.</li> <li>○ 90 Seniors present.</li> </ul> </li> <li>• Dinitoyli Festival 11/29/2022 – Vinita, OK. <ul style="list-style-type: none"> <li>○ Assisted in the pottery-making table for all of the kids present from surrounding schools.</li> </ul> </li> </ul> <p><b><u>Outreach Events:</u></b></p> <ul style="list-style-type: none"> <li>• Diabetes Walk – 25 Participants</li> <li>• 11/14/2022 - Cooweescoowee Health Center at Noon</li> <li>• Information Provided (DPP, Prediabetes and WINGS)</li> <li>• 6 DPP forms distributed</li> <li>• 2 WINGS forms distributed</li> <li>• Cherokee Nation Council Meeting – Sperry, OK. on 11/19/2022 11am-2 pm</li> <li>• DPP, Prediabetes and WINGS information handed out</li> </ul>

### **School Health & Wellness Program:**

- 2023 school health application planning in process.

- The partnership between the schools and CN Public Health department work to implement healthy school strategies and education that improve the physical education /physical activity, and nutrition /healthy water access opportunities throughout the schools.
- Funded by Special Diabetes Program for Indians (SDPI) grant

### **Breast and Cervical Early Detection Program:**

#### **BCC Screenings\***

- Patients Screened for Breast & Cervical Cancer: 121, YTD Patients Served & Screened = 469 (July 1, 2022 – December 17, 2022). This program award begins in July 1, 2022 – June 30, 2023.

### **Comprehensive Cancer Control Program:**

1. Staff revising Survivor Care Plan for production to disburse to cancer survivors receiving services with Cherokee Nation Health Services
2. Communication department and Staff are working on three PSA's to go out in January for Cervical Cancer Awareness month.
3. OSTA Coalition meeting convened to work on 5 year cancer plan

### **Cancer Prevention Community Health Education:**

#### **Education and Awareness Activities:**

<b>Education &amp; Awareness (Breast health and awareness and screening) (cervical health and awareness and screening)</b>	<b>Location of Activity</b>	<b>Date</b>	<b>Number of Participants</b>
Delivered Women's Health info	Mazie Public Schools	11/9/22	35
Delivered Women's Health info	Pryor Native Baptist Church	11/9/22	30
Health Fair	Wilma P Mankiller	11/15/22	75
Delivered Women's Health info	Stilwell Senior Housing	11/15/22	30
Great American Smoke Out	Tahlequah Armory	11/16/22	25
Delivered Women's Health Info	Will Rogers Housing Claremore	11/17/22	35

## **Community Health Workers for COVID Response and Resilient Communities**

### **(CCR) Grant:**

CDC funded grant, led by CN Public Health, works in partnership with the CN Language Departments Speaker Service Program.

#### **Staffing:**

- 19 Community Health Workers positions filled as of December 2022. 1 position is in process of hiring and another position is advertising.

#### **Trainings:**

- 1 - Envision Webinar – Promoting CHW Self-Care
- 14 - CHWs attended

#### **Connection to CN Resources:**

Home visits	64
Phone calls	398
Office visits	43
Other contacts (emails, text messages)	187
Speakers assisted	139
Non speakers assisted	22
Referrals to Human Services	60
Referrals to Housing Authority	18
Referrals to Language Department	41
Referrals for Health	5
Referrals to other departments	32
CN Resources	101
Trainings attended	6
Applications assisted	154
Pending in process apps	189
Completed apps	38

#### **Connection to CN Resources:**

- Tribal citizens have been connected to: Home Repair, Emergency Utility Applications, GaDuGi Portal, Emergency water and Electric Reactivation Programs, Career Services, Human Services, Water & Sanitation, Health Services, Speaker Housing Rehab Application, Speaker Appliance Application, Community Funds Leadership Application, Elder Angel Tree.