Claremore Indian Hospital-

Executive Summary - April 2023 data

COVID-19

- 475 COVID tests performed for the month
- 35 COVID vaccinations administered in the month
 - o 12 years and older= 32
 - \circ 5 11 years old = 1
 - o 6 months to 4 years = 2
- Monthly COVID positive case breakdown = 45
 - # positive less than 10 years old= 1
 - # positive 10-19 years old= 5
 - o # positive 20-29 years old= 7
 - o # positive 30-39 years old= 5
 - o # positive 40-49 years old= 9
 - # positive 50-59 years old= 9
 - o # positive 60-69 years old= 3
 - o # positive 70-79 years old= 4
 - o # positive 80-89 years old= 1
 - o # positive 90-99 years old= 1
- COVID positivity rate for the month is 9.5%. 329 of the tests were for Cherokee Nation citizens; 35 of the 329 were positive (10.6% positivity rate for the month).
- 18,462 Ambulatory Care Visits
 - 12,767 of those were Cherokee Nation citizens
- Top 5 diagnosis codes for visits:

Type 2 diabetes	444
Essential hypertension	369
Encounter for dental exam	367
Segmental and somatic dysfunction	315
Viral Infection, unspecified	197

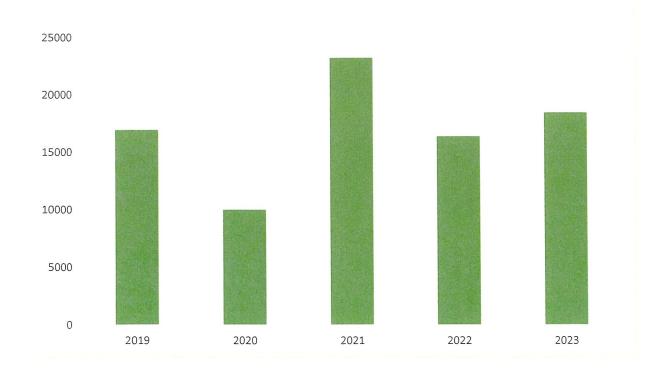
- 28,746 Rxs were filled (9,740 new and 19,006 refills)
- \$5,937,002.81 in 3rd Party collections
- 2,528 Patients were seen in ER
- 114 surgical procedures were performed at CIH this month
- 28 Babies delivered during this month
- 720 Patient visits (Dental Specialist visit, General Dentist visit, Hygiene visits with dentist check, Hygiene outreach visits) seen by dental with 5,590 dental services provided
 - 158 Dental Specialist visits
 - 363 General Dentist visits
 - 95 Hygiene visits with dentist check

- 104 Hygiene outreach visits
- 21 Pediatric and Oral Surgeon OR cases
- 197 Mammographies performed this month
- 566 Current number of health service employees as of end of month
- 3 Physician vacancies out of 39 positions at Claremore. (2 CRNA, 1 General Surgeon)

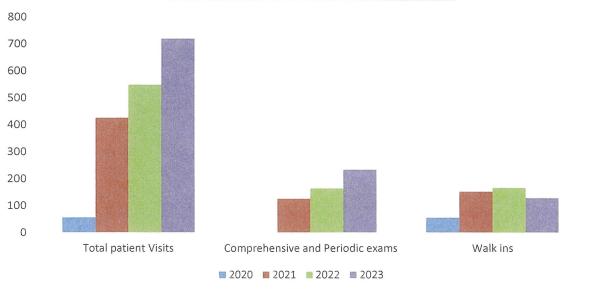
PRC				CN Patients
•	Approved	630 cases	\$534,530.00	414
•	Denied	14 cases	\$ 97,250.00	10
•	Deferred	41 cases	\$ 57,050.00	24
		4 CIH clinic	<u>s</u>	
		689 Total case	es	

Appeals	CN Patients	
Processed	17	
Approved	13	8
Denied	4	0

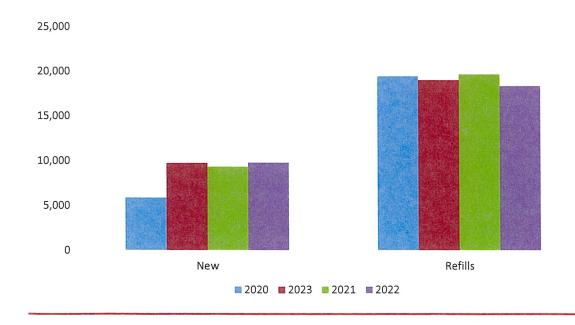
Ambulatory Care Visits Month of April 2019-2023



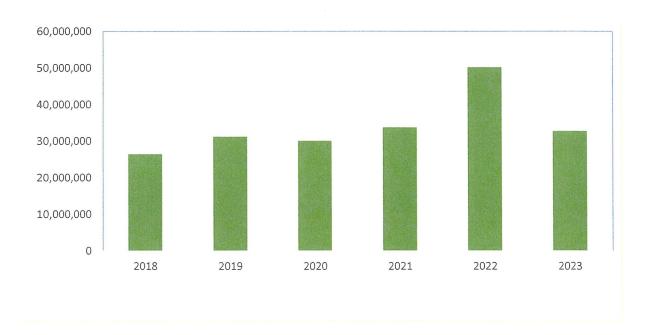
<u>Dental Services</u> <u>Month of April 2020-2023</u>



No. of Rx filled Month of April 2020-2023



Third Party Revenue Year to date Collections-2018-2023



		Claremore
2018	\$26,483,973	
2019	\$31,236,804	
2020	\$30,082,489	
2021	\$33,769,119	
2022	\$50,221,322	
2023	\$32,740,143	



Health Committee Report



Highlights

<u>SHHC</u>- Oklahoma Health Care Authority staff was onsite to do a site visit of CNHS Physical Therapy. No non-conformities were noted on their report

During the month of April Community Health went to Grove St. Center, Eucha Community Center. Kennwood St. Center and Kansas St. Center to provide blood pressure and/or DM screenings. Community Health Nurses also help Public Educators to do blood pressure screenings at their Community Walk.OBI was on size for Blood Mobile. 13 total donors.

VHC Began virtual new employee orientation to reduce time and expense created by travelling. The Goal will be to roll this out to all other health centers in the coming months.

Misc- Health Departments completed a site visit for the Vaccine for Children's (VFC) program and there were no non-conformities noted. Noteworthy efforts were the volume of doses provided from VFC stock with no lost vaccine.

Patient Compliments-

VHC- Proported that she has received great care here at VHC thanks to her her PCP. She stated that she has had a lot of referrals larely dealing with health issues. She noted the rumaround time is excellent and she really appreciates the contract health team.

TRHC- Patient would like to recognize, the Clinic APRN and her team for the excellent care that was delivered to him today. Patient states, "This was my first visit to the facility, and I was extremely impressed." Patient also would like to thank the Lab department for their efficiency. They were triendly, courteous and did not waste any time to get their tob done. Thank you all for the wonderful experience."

CHC: The patient would like to recognize not only Dental Services for an outstanding patient experience, but she also loves the entire Chini and enjoys coming here. "The Clinic is very clean, and the staff is professional and very courteous. The equipment seems to be state of the art in all the departments she has been to and has been to them all. Thanks for having someone actually call to see how their appointment went, it is awesome to have a patient advocate to the Clinic to call on it needed."

Health Committee Summary April 2023



249 surgical procedures performed



4,257 patients were seen at the ED/Urgent Care



65 babies were delivered at Hastings Hospital



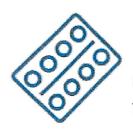
124,135 Ambulatory Care visits



76 COVID-19 vaccines given



142,175 All COVID-19 tests Administered to date



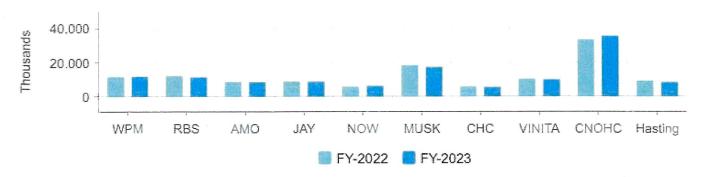
144,197 new & refill prescriptions filled



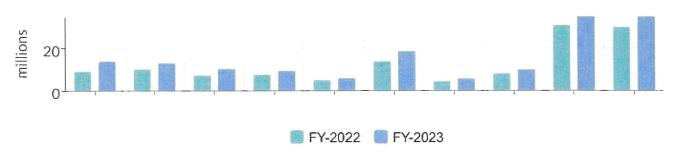
3,822 Behavioral Health visits

Patient Visits and Revenue

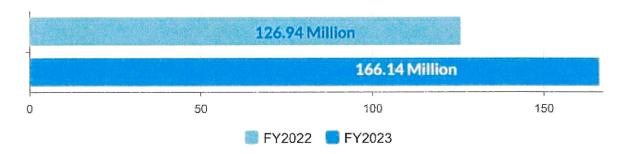
Ambulatory Care Visits: Monthly



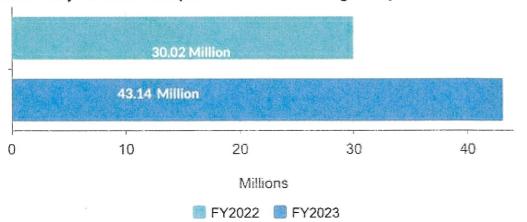
Ambulatory Care 3rd Party Revenue; Year To date



Third Party Revenues Combined: Year to Date



Third Party Revenue Comparison CN WW Hastings Hospital Year to Date



Health Committee Report

Provider Recruitment

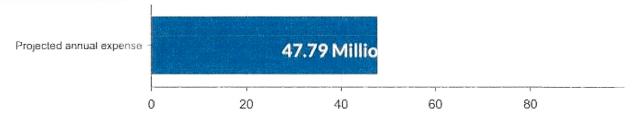
CNHS Provider Vacancy Rate



IHS Provider Vacancy Rate Benchmark



Contract Health

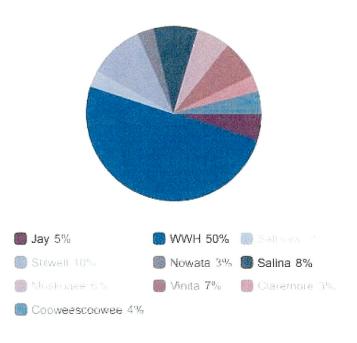


Referral Approval Rate

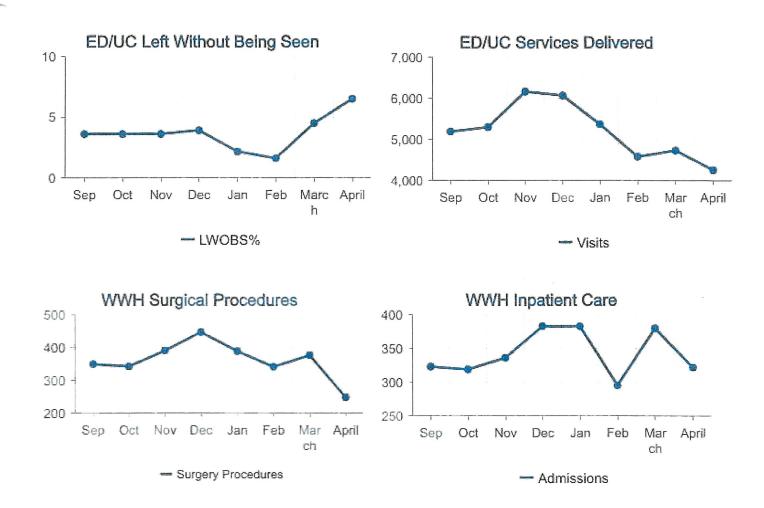


CHS Monthly Referrals by Location

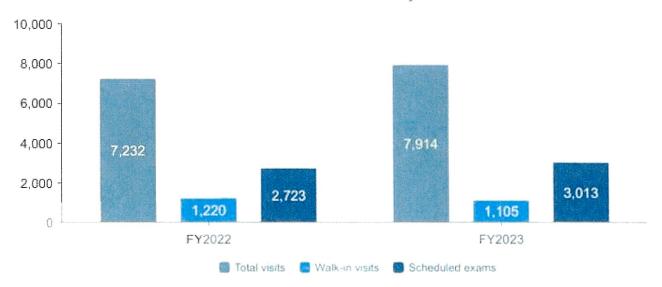
YTD CHS Spend by Location



Service Summary









Cherokee Nation Health Services Public Health Report – May 2023

Part A: PUBLIC HEALTH LEADERSHIP

Public Health Performance Management: May 2023

- ✓ Public Health Strategic Plan –Complete
- ✓ Public Health Workforce Development Plan Complete
- ✓ Emergency Operations and Risk Communications Plan Complete
- ✓ Launched new public health website on May 1, 2022. www.cherokeepublichealth.org
- ✓ Tribal Health Assessment Complete
- ✓ Tribal Health Improvement Plan Complete
- ✓ Public Health Performance Management Plan -Complete
- ✓ Public Health Staff Training on Results Based Accountability (RBA) for performance management.
- ✓ PHAB site visit scheduled for July 27, 2023

Working Together Initiative:

Phase 1: Cherokee Nation Public Health (CNPH) launched *Working Together*, an initiative to bring partners together across Cherokee Nation to better understand and address the multiple social, cultural, economic, and environmental conditions that influence Cherokee well-being. A Working Together Team was then formed to review engagement outcomes, and to work towards the following goals:

- o Create a shared vision for Cherokee Wellness
- o Create a wellness framework reflective of the social and cultural determinants of health.
- o Identify indicators to determine how wellness will be measured.

Phase 2 of the project which includes finalization of Cherokee Indicators of Wellness, expanded inclusion of staff from additional programs, and initial collaborative data collection and evaluation started in February. Additional leadership from Health Services, Career Services, Community Services, Indian Child Welfare, and Natural Resources have joined the team since the last report. Phase 2 work has been focused on continued development of the framework as well as individual department meetings to identify potential measurable indicators. Meetings are scheduled monthly for the remainder of 2023 with the next meetings scheduled for July 27, 2023.

Centers for Disease Control and Prevention (CDC) Tribal Advisory Committee (TAC):

O TAC Chair Deputy Chief Warner and Authorized Representative Lisa Pivec continue work with CN Government Relations staff to provide input to CDC. The Summer TAC meeting is in the planning stages and will be held on the Oneida Reservation in Wisconsin in September 2023. Deputy Chief Warner TAC and Ms. Pivec are working with CDC leadership to revise language in CDC funding opportunities to be consistent with self-determination and remove requirements for state authorization. To date 2 funding opportunities have been revised after publication to recognize tribal sovereignty.

Cherokee Nation Public Health - May 2023- Page 1 of 15

CDC and the TAC are working together to develop a process to ensure published funding opportunities have the appropriate language.

National Association of City County Health Officials (NACCHO):

O Cherokee Nation Public Health Interim Executive Director, Lisa Pivec, was elected to the Board of Directors representing Tribal Public Health Departments. NACCHO is the only organization dedicated to serving every local health department in the nation. NACCHO serves 3000 local health departments and is the leader in providing cutting-edge, skill-building, professional resources and programs, seeking health equity, and supporting effective local public health practice and systems. Ms. Pivec was elected recently to serve on the governance committee of NACCHO.

Public Health Monitoring & Surveillance:

Public Health Monitoring & Surveillance:

- Youth Risk Behavioral Survey: 2023 data collection completed
- o Community data dashboard program and website launched May 1, 2022
- o PH Monitoring & Surveillance continues to develop revised evaluation plans for PH programs
- o Continuing work on Opioid data with research into opioid use disorder in Cherokee Nation set for later this spring.
- o Surveillance team awarded grant to develop wastewater surveillance

Part B: PUBLIC HEALTH PROGRAMS

Women, Infants, and Children (WIC) Program:

MONTH/FY	WOMEN	INFANTS	CHILDREN	SEBCT	FOOD SALES
2023					
October	1,034	1,255	2,459	N/A	\$241,241.79
November	1,033	1,218	2,510	N/A	\$187,693.98
December	1,057	1,219	2,529	N/A	\$213,391.25
January	1,109	1,248	2,579	N/A	\$284,155.70
February	1,154	1,288	2,599	N/A	\$280,286.89
March	1,148	1,279	2,613	N/A	\$262,312.90
April	1,273	1,361	2,709	N/A	\$309,241.71
May	1,277	1,367	2,755	\$193,674.97	\$305,756.63
June					
July					
August					
September					
YTD TOTAL:	9,085	10,235	20,753	\$193,674.97	\$2,084,080.85

^{*}Indicates Food Sales through end of closing 5/23/23.

Summer EBCT Program:

- *Application period is March 1 April 30th. All EBT cards are mailed in May. Benefit usage is for the months of May, June, and July.
 - EBT Total Applicants: 2,023

Students qualified for assistance: 13,920Households qualified for assistance: 7,014

Male Seminary Recreation Center:

Indicates through end of closing 5/23/23

MONTH/FY 2023	TOTAL	TOTAL	GROUP	CHILD WATCH
	MEMBERS	VISITS	FITNESS	
October	10,428	3,791	977	176
November	10,522	4,258	823	158
December	10,626	5,725	945	239
January	10,819	5,468	1,325	272
February	10,905	5,015	1,779	352
March	10,940	7,292	1,392	521
April	11,036	6,565	1,285	457
May	10,770	6,710	1,614	442
June				
July				
August				
September				
YTD TOTAL:	10,770	44,824	10,140	2,617

Cooperative Agreements/Grants:

- o Centers for Disease Control and Prevention (CDC) Public Health Crisis Response
- o CDC Tribal Capacity Supplements: Opioid Misuse, Adverse Childhood Experiences
- o CDC Supporting Tribal Public Health Capacity in COVID-19: Accreditation Support
- o Health Resources & Services Administration (HRSA) COVID-19 Response
- CDC Youth Risk Behavioral Survey
- o CDC Comprehensive Cancer Control Program
- CDC Breast and Cervical Cancer Early Detection Program
- Sub-recipient of Indian Health Service: Special Diabetes Program for Indians: School Health and Diabetes Prevention Project support
- Oklahoma Tobacco Settlement Endowment Trust (TSET)
- o CDC Good Health and Wellness in Indian Country (GHWIC)
- USDA Women Infants and Children (WIC)
- o USDA Summer Electronic Benefits Transfer for Children (SEBTC)
- o CDC Community Health Workers for COVID-19 Response and Resilient Communities
- o CDC Closing the Gap with Social Determinants of Health Accelerator Plans
- o Cherokee Tribal Practices for Wellness in Indian Country (TPWIC)
- o SAMHSA grant for support of suicide prevention via national suicide hotline support and follow-up
- Cherokee Nation Public Health awarded a grant to develop wastewater surveillance from the National Association of City/County Health Officials (NACCHO)
- o Cherokee Nation Public Health WIC awarded WIC Community Innovation & Outreach grant
- Application Submitted to CDC: School-Based Interventions to Promote Equity and Improve Health,
 Academic Achievement, and Well-Being of Students waiting to see if awarded.

Community Health Promotion Programs

Wings

Upcoming Races

- Happy Hills (Tahlequah)- 4/15/2023
 - o 198 5K in-person
 - o 397 5K Virtual
 - o 49 Fun Run
- Run the Streets 5K- (Bartlesville) 4/29/2023
 - o 139 in-person
 - o 12 Fun Run
 - o 341 5K Virtual
- Run for the Berries (Stilwell)- 5/13/23
 - o 261 in-person
 - o 79 Fun Run
 - o (TBD) 5K Virtual

Community Walking Groups

- Adair County
 - o 03/20/2023-5/24/2023 Mondays at Carson Park at 5:15pm
 - 6 participants
- Cherokee County
 - o 5/17/23- 7/12/23- One day a week-Cherokee County Health Services Building at 9:00 A.M.
 - 7 participants
- Craig County
 - o 5/22/2023 7/17/2022- Mondays & Thursdays Vinita High School Track at 5:15 pm.
- Delaware County
 - 4/4//2023-5/25/2023, Tuesday And Thursday MAO (Mid-America Outdoors Jay, OK) at 5:15pm. Tuesday And Thursday
 - 14 participants
- Mayes County
 - o 4/3/2023- 06/07/2023- Monday & Wednesday Pryor Rec Center at 11am.
 - 6 participants
- Rogers County
 - o 3/20/2023 5/16/2023- Mondays and Tuesdays- RSU Nature Reserve at 12pm
 - 4 –participants
 - Post Blood Pressure completed
- Sequoyah County

- o 3/11/23 4/29/23, Saturdays Old Sallisaw High School @8am
 - 8 participants
- \circ 4/3/23 5/18/23 Brushy School Track at 3:30pm weekdays.
 - 13 Participants
- Washington County
 - 03/27/2023 5/24/2023, Mondays and Wednesdays- Cooweescoowee Health Center Track-12:00PM
 - 5 participants

Upcoming dates/times for spring walking groups

New groups in other counties to be added March-May

Tobacco Prevention and Cessation:

- Offered quarterly depending upon clinic referrals.
- 1 on 1 tobacco cessation appointments have been regularly scheduled for patients as needed.
- On-going community outreach & awareness information about the Oklahoma Tobacco Quit Line.
- Staff Training currently in process of completing staff training to deliver youth tobacco prevention & cessation program

Ongoing Classes

- Vinita Health Center
 - 0 5/22/2023
 - o 1 participant
 - o Miranda Russell- 918-506-7274
- A-MO Health Center
 - o Emily Mealin 918-316-1638 Emily-mealin@cherokee.org
 - o May 30, 2023
 - o 1- participant (one-on-one)
- A-MO Health Center (Wednesdays at 3:00)
 - o Pawnee S Kingfisher 918-506-9014 pawnee-crabtree@cherokee.org-
 - o 1-Participant
 - o Completed on 4/27/2023
- Gospel Rescue Mission -6/6/2023
 - o Jordan Purcell- Jordan-purcell@cherokee.org
 - o Distributed 29 Tobacco Helpline Fliers

Healthy Native Diabetes Prevention Program (DPP):

Adair County

- DPP virtual class zoom weekly meeting- Tuesdays at 2:00 PM
 - o Kassandra Rosas- Kassandra-rosas@cherokee.org
 - o 4 participants
 - o Total of 40lbs lost.
 - o 659 exercise minutes

Cherokee County

- DPP in-person class- CNOHC Weekly meetings- month 1 date(s): 4/17, 4/24, 5/1, 5/8, 5/15.
 - o Kindle Spry- kindle-spry@cherokee.org
 - Total of 32lbs lost.
 - o 7 participants

Craig County

- DPP Virtual / Zoom class- Weekly meetings- (Tuesdays @ 5:30 pm) Month 4
 Date(s): 4/25/23, 5/2/2023, 5/9/2023, 5/16/2023
 - o Total of 78.2lbs lost.
 - o 6 participants
 - o 4,956 exercise minutes

Mayes County

- DPP Virtual / Zoom class- Weekly meetings- Month 12 Date(s):4/20/2023
 - o 7 participants /
 - o 71.2 lbs lost
 - o 1,095 exercise minutes

Muskogee County -

- DPP- In-person class Three Rivers Health Center -Weekly meeting Month
 - o Jordan Purcell
 - o Monday Evenings @ 5:30pm
 - o 5 Participants
 - o 29 pounds lost through 16 sessions
 - o 1,620 exercise minutes through session 16

Rogers County- DPP Virtual class starting Thursdays April 20th @5:30pm

- o DPP Virtual / Zoom class- Weekly meetings- Month 1 Date(s):4/20/2023
- o 7 Participants
- o 22.2 lbs lost

Washington County - virtual - zoom - bi weekly - week 22

- o 4 participants
- o 24 lbs lost
- o 600 exercise minutes

Public Health Educator (PHE) Community Partnership & Outreach Activities:

Adair County

Partnership Events

TSET Health Living Program

- Retail Education Visits in Adair Co. 5/08/23
 - o Completed 19 of 22, 3 not completed due to closings or no tobacco product being sold.
 - Only one retailer attempted a sale to minor.

Cherokee Nation Public Health - May 2023- Page 6 of 15

^{*}New classes contingent on program referrals received

- o Retailers were educated about Tobacco 21 laws and provided Validate Oklahoma toolkit.
- Farmers Market partnership meeting 5/15/23
 - O Adair County farmer's market manager, Misty Mahler, and Alexia Davila with the ONIE Project to discuss SNAP/EBT.
- Westville Chamber with Loyalty Day 5K 5/06/23
 - o 16 runners
 - 4 fun runners

- Hypertension awareness Day 5/17/23- 11am-1pm
 - o 40 BP taken
 - o 10 Rack Cards

Cherokee County

Partnership Events

- Train the Trainer
 - o April 24th April 27th Markoma at 1:00 pm
 - o Training by Brandon Goad apart of the OSTAH/Physical Activity workgroup.
- Bag Stuffing w/ALT
 - o April 25th at 9:30am
 - o Provided healthy youth materials for bike to school bag stuffing event.
- Bike/Roll to School Day
 - o May 3rd at 7am
 - o Volunteered at Heritage and Greenwood

Outreach Events

- Blood pressure checks
 - o 05/09/23 Cherokee Nation WW Keeler Complex at 11:00 am
 - o 05/16/23 CNOHC at 11:00 am
 - o 05/17/23- Markoma Gym at 11:00 am
 - o Provided DPP Do you qualify form
 - o 3 tobacco forms distributed
 - o 6 DPP forms distributed
 - o 10 Wings forms distributed

Craig County

Partnership Events

- Cultural Day at Cowboy Junction
 - o 5/12/2023 Cowboy Junction School at 10 am to 12:00 pm
 - o Entire school population K-8
 - o 62 total participants
 - o 47 Youth
 - o 15 Adults

Skin Care 101

- 05/15/2023- Ketchum Elementary & Ketchum High School at 9:45 12:00 pm & 1:00 pm –
 2:00 pm
- o Partnered with St. Francis Vinita and CeraVe with presentations on the importance of using sunscreen to protect from sunburns & also personal hygiene washing your face, acne information & free slingbags with promotional sunscreen & moisturizer from CeraVe
- o 300 students
- o Grades 6th 12th

• Roll, Bike or Walk to School Day

- \circ 5/12/2023 7:30 8:00 am
- o Partnered with Craig County TSET & City of Vinita to accompany the kids & parents that biked or walked to school.
- o Met group @ 7:30 am @ Craig County Courthouse parking lot and biked on designated route with the bikers to Will Rogers Elementary School.
- o Flyers sent home with all Will Rogers Elementary students (grades 3rd 5th)
- o 35 total participants
- o 25 Youth
- o 10 adults

SMART Girls at Vinita Boys & Girls Club

- \circ 4/24/23-3:30 pm What's With Bullying 8 girls
- \circ 5/1/23-3:30 The importance of community 7 girls
- 5/8/2023- 3:30 pm Who is you're hero or role model 5 girls (FINAL LESSON OF SMART GIRLS FOR THAT AGE GROUP)

Taught Healthy Habits at Vinita Boys & Girls Club

- \circ 4/27/2023 Being in touch with our 5 senses when we eat 22 kids
- o 5/4/23 How media influences what we eat 19 kids
- \circ 5/10/23 Using your voice & asking for healthy food choices 26 kids

Outreach Events

• World Hypertension Day

- o 05/17/2023- Vinita Health Center at 11 am -1 pm
- o 32 participants signed in
- o Provided DPP Do you qualify form
- o 3 DPP forms distributed
- o 1 Wings forms distributed
- Youth Information provided Yes

Delaware County

Outreach Events

• Delaware County Health Fair

- o 05/12/2023- Delaware County Library at 10am-2pm
- o Information Provided (DPP, Tobacco Cessation, Wings, Hypertension Awareness)
- 5 tobacco forms distributed

- o 3 quit kits
- o 10 brochures on heart disease
- o 25 Wings forms distributed
- o Youth Information provided [Yes] on Vaping and wings program
- o 31 Blood pressures were taken by the Community Health Nurses
- 22 Blood Sugars were done by Community Health Nurses
- o 40 people attended the health fair

Hypertension Awareness Day

- o 5/17/2023 Sam Hider Health Center 11 am-1 PM
- o 13 blood pressure checks
- o Provided information On heart disease and Hypertension
- o Provide information on DPP(Diabetes Prevention Program), Tobacco Cessation program and Wings program,
- o 3 wings applications

Mayes County

Partnership Events

- Cherokee Basket Starts (come and go)
 - o 4/28/2023- Salina AMO Health Center at 9am-3pm
 - AMO Staff helped make 45 starter baskets for TPWIC event organized by PHE Mandy in Craig
 Co. on Friday May 12.

Old Saline Cherokee Association

- o 5/8/2023- at 4:00pm-8:30pm- Locust Grove, OK.
- Cherokee basket weaving and Cherokee Language Class with instructor Sandra Turner at Ballou Baptist Fellowship Hall in Locust Grove, OK..

COCO FLEX: The Biggest Loser Competition

- \circ 2/13/2023 5/12/2023 Salina, Ok.
- o Biggest Loser Winner received a swag bag and gift cards to local businesses.
- o There were 25 participants signed up, 13 participants completed the full 12 weeks with an average weight loss of 16.2lbs and the winner lost over 40lbs.

Outreach Events

• 3rd Annual Locust Grove Pow-Wow Demonstration

- o 4/27/2023- Locust Grove Pirate Arena at 5:30pm-8:00pm
- o Information Provided Wings, Tobacco, DPP, Public Health Food Calendars, Community Health Worker Flyer, Walking Running Group.
- o 2- Tobacco QR flyer
- o 5- DPP- Do You Qualify
- o 8- Wings QR flyer
- o 5- CNPH Traditional Foods Season Calendar
- o 3- Community Health Worker Flyer
- o 6- Walking Running Group flyers
 - 2-Mayes
 - 1-Craig

- 1-Washington
- 2-Rogers
- Youth Information provided YES

• Hypertension Awareness Month (Community)

- 5/3/2023-5/31/2023 Pryor Public Library
- Information Provided Wings, Tobacco Cessation, DPP, Blood Pressure Graphic, Blood Pressure numbers, what is cholesterol, consequences of high blood pressure, consequences of high cholesterol, how can I reduce high blood pressure.
- 10-Wings QR flyer
- o 10-Tobacco Cessation QR Flyer
- o 10-Risk Factors for Prediabetes (rack card)
- o 10-CNPH-Blood Pressure Graphic
- o 10-CNPH-Blood Pressure number
- o 10-AHA-What is Cholesterol flyer
- o 10-AHA-How to reduce High Blood Pressure
- 10-AHA-High Blood Pressure Chart
- o 10-AHA-Consequences of High Blood Pressure
- o 10-AHA-Consequences of High Cholesterol

• Locust Grove High School Career Fair

- o 5/11/2023 Locust Grove High School at 2:00pm-7:00pm
- o Information Provided Wings, Tobacco Cessation, DPP, Public Health Food Calendars, Community Health Workers,, Walking Running Group
- 3- Tobacco QR flyer
- o 4- DPP- Do You Qualify
- o 7- Wings QR flyer
- 5- CNPH Traditional Foods Season Calendar
- o 2- Community Health Worker Flyer
- 6- Walking Running Group flyers
 - 3-Mayes
 - 1-Craig
 - 1-Washington
 - 2-Rogers
- Youth Information provided YES

Muskogee County

Partnership Events

- Smoothie Bike Demonstrations with Oklahoma School for The Blind (OSB)
 - 04/24/23; 4-5pm
 - OSB students had the opportunity to prepare and sample three delicious fruit smoothie recipes.
 The students were able to ride the stationary bike and blend their smoothies. Ten students participated.
- Walk, Bike and Roll to School Day (Webbers Falls)
 - o 05/09/23; 0600am 0800am

- 180 students participated in the event. The students started at Webbers Falls City Park and completed at Webbers Falls Elementary.
- Head Start Mobile Market
 - 05/10/23; 12pm 3pm
 - Shawnee Head Start in Muskogee
 - o 19 bags were filled with fresh fruits and vegetables for the families
 - o 100 pounds total
- Wellness Wednesday Radio Show
 - 0 05/16/23 @ 0930
 - Discussion regarding World Hypertension Day on May 17
 - o Show was aired on May 17 @ 0830 on Okie Country 101.7

- Hypertension Awareness Day Blood Pressure Checks (Three Rivers Health Center)
 - o May 17 2023 (11am-1pm)
 - o 38 participants had blood pressure checked
 - o Hypertension handouts 20 info distributed
 - o Consequences of high blood pressure 10 info distributed
 - o My blood pressure log 10 info distributed
 - o How I can reduce high blood pressure 10 info distributed
 - o Hypertension Awareness Month
- Martin Luther King Jr. Community Center
 - o 26 hypertension awareness info distributed
 - o 13 Diabetes awareness info distributed
 - o 2 WINGS schedule/application distributed
 - o 8 tobacco cessation info distributed
 - o 36 wellness/nutrition info distributed

Nowata County

• Vacant Position

Rogers County

Partnership Events

- RSU Cherokee Conservation Day/Traditional Foods: Three Sisters Salsa
 - o 05/04/2023-RSU Nature Reserve- 9am to 3pm
 - o 8 of agencies partnered with
 - o 2 of schools present Claremore and Chelsea Middle Schools
 - 6th grade
 - o 275 of participants
 - 250 Youth
 - 25 Adults
- Talala Senior Yoga
 - o 03/20-06/05- Talala Library at 9am
 - o PHE provides chair yoga instruction to seniors at the Talala library. 9 participants.

- Hypertension Awareness Day
 - o 05/17/2023- AMO Health Center- 11am to 1pm
 - o Partnered with Community Health Nursing
 - o 15 participants
- PHOTO ID Event
 - o 05/09/2023-Nowata Community Center- 3pm to 7pm
 - o Provided DPP Do you qualify form
 - o 5 tobacco forms distributed
 - o 8 DPP forms distributed
 - o 30 Wings forms distributed
 - o 23 WIC forms
 - Youth Information provided –yes
- Diabetes Support Group
 - o 05/01/2023- Claremore Community Center 10am to 11pm
 - o 15 Wings forms distributed
 - o 8 Walking group flyers distributed

Sequoyah County

Partnership Events

- Diamond Daze Half Marathon 5k & fun run 5/6/23
 - o There were 151 participants in the Diamond Daze Half/5K/Fun Run.
 - Half Marathon 59
 - o 5k 62
 - Free Fun Run 30
 - PHEs organized and directed the event for the Sallisaw Chamber of Commerce. Partnership with Sallisaw Chamber of Commerce, TSET Healthy Living Program, School Cheer Team, Local businesses and individuals
- Sallisaw Special Victims Unit 5k Consultation 5/11/23
 - Provided consultation for setting up 5k fundraiser
- Boys and Girls Club Virtual Auction 5/4/23
 - o PHE assisted in planning and organization of the event.
 - The Mix 105.1 conducted the auction and nearly \$17K was raised for the Boys and Girls Clubs of Sequoyah County.

Outreach Events

- Hypertension Awareness Day 5/17/23
 - O PHEs in partnership with community health nurses conducted a blood pressure check day and distributed educational material on hypertension.
 - o 21 total participants.

Washington County

- Hypertension Awareness Day at Cooweescoowee Clinic, 5/17/2023
 - o 11 participants got blood pressure checked
 - o Information Provided for Heart Health Awareness, Cholesterol and Know Your Numbers
 - o 8 normal blood pressure readings, 3 abnormal blood pressure readings
 - o 11 handouts taken
 - o 11 incentives provided
- Hypertension Awareness Month set up table at Bartlesville Public Library
 - o Various handouts provided and refilled when needed
 - o Provided 50 each of Hypertension Awareness handouts
 - o Refilled 25 more of each handout and rack cards on 5/15/2023

School Health & Wellness Program:

- The School Health & Wellness Program targets 40 priority public school sites located on the CN Reservation.
- The School Health & Wellness Program for 2022-20023 school year has ended.
- School focus requirements completed.
 - o Focus Area 1: Nutrition & Health Education
 - o Focus Area 2: Physical Activity & Physical Education
- School Health & Wellness Program for 2023-2024 school year set to go out August 2023.
- Program Goal: To improve the health and well-being of school-age children and adolescents in underserved and disproportionately affected communities among the Cherokee Nation Reservation through collaboration and partnership.
- Priority schools agree to a partnership with CN Public Health to implement school wellness and health
 education strategies that promote increased access to physical education /physical activity, healthy food
 options and healthy water access in the school setting.
- Funded by Special Diabetes Program for Indians (SDPI) grant

Breast and Cervical Early Detection Program

BCC Screenings*

Patients Screened for Breast & Cervical Cancer: 75, YTD Patients Served & Screened = 1,332 (July 1, 2022 – May 22, 2023). This program award begins in July 1, 2022 – June 30, 2023.

Education and Awareness

- Community Family Night Pow Wow
 - 0 04/27/23
 - Locust Grove
 - o 125 Women's monthly planners with wellness tips
 - o 50 "What Everyone Should Know About Breast Cancer" information card
- _Community Visit
 - 0 05/03/23
 - o Westville, Ok
 - o 30 "What Everyone Should Know About Breast Cancer"

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- o 30 Women's Monthly Planners with wellness tips
- Community Visit
 - 05/03/23
 - o Stilwell Senior Center and Nutrition Site
 - o 50 Women's monthly planners with wellness tips
 - o 50 "What Everyone Should Know About Breast Cancer" information card
- Community Visit
 - 0 05/05/23
 - o Salina AMO radiology department
 - o 90 Women's monthly planners with wellness tips
- Community Visit
 - 0 05/05/23
 - Kenwood Senior Center and Nutrition Site
 - o 30 Women's monthly planners with wellness tips
 - o 30 "What Everyone Should Know About Breast Cancer" information card
- Community Visit
 - 0 05/05/23
 - o Kansas VoTech
 - o 50 Women's monthly planners with wellness tips
- Community Visit
 - 0 05/05/23
 - o Kansas City Library
 - o 60 Women's monthly planners with wellness tip
- Community Visit/Presentation
 - 05/10/23
 - Cookson Senior Center/Nutrition Site
 - o Presentation to 12 Senior Citizens "Breast Cancer and Mammogram Awareness
 - o 12 Women's monthly planners with wellness tips
 - o 12 "What Everyone Should Know About Breast Cancer" information card
- BCC Table at Sam Hider, Jay, Ok
 - 0 05/18/23
 - o 40 Barrier to mammograms survey
 - o 25 "What Everyone Should Know about Breast Cancer" information card
 - o 25 Women's monthly planner with wellness tips"
 - Efforts have begun in the planning process to bring back to life the Annual Breast Cancer Survivors Luncheon.

Comprehensive Cancer Control Program:

- OSTAH Coalition is revising the 5 Year Comprehensive Cancer Control Plan.
- Submitted YR 1- progress report, YR 2 work plan, and YR 2 budget
- Staff working with OSTAH members on revised 5 YR Cancer Plan
- CCC staff collaborating with CN Communication on Colon PSA's

<u>Community Health Workers for COVID Response and Resilient Communities</u> (CCR) Grant:

CDC funded grant, led by CN Public Health, works in partnership with the CN Language Departments Speaker Service Program. We serve Cherokee Speakers and tribal citizens in need of health care and/or other tribal services available.

Connection to CN Resources:

Home visits	33	
Phone calls	72	
Office visits	15	
Other contacts (emails, text messages)	27	
Speakers assisted	106	
Non speakers assisted	41	
Referrals to Human Services	6	
Referrals to Housing Authority	15	
Referrals to Language Department	62	
Referrals for Health	6	
Referrals to other departments	113	
CN Resources	14	
Trainings attended	2	
Applications assisted		
Pending in process apps		
Completed apps		

Tribal citizens have been connected to the following Cherokee Nation programs & services:

Brushy School

Kenwood School

TPWA – utilities

Behavioral Health

PHEs

Career Services

Water and Sanitation

Donated clothing to families

CN Registration

WIC

Language/Speaker applications for appliances and home repairs

Housing

CN Outpatient Health Clinics to assist with appointments and referrals

Housing Authority for emergency repairs

Assisting with titles and deeds for property