

## Cherokee Nation Tribal Council Health Committee Report

Claremore Indian Hospital Month/Year of the report: March 2015

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## **Accomplishments:**

• **Staffing:** Still recruiting physicians for Internal Medicine, Family Practice, Surgery and OB/GYN.

• Visits: Outpatient visits for March down 0.8% over the same period the previous year.

• Revenues: Revenues for FY2015 increased 19.25% over the same period the previous year.

## **Future Plans / New Initiatives:**

### • New Services:

WW7 - -- II - II - - - II -

- o Construction: Starting design to remodel the Emergency Department.
- Expanding Chiropractor services to two days per week.

<u>Workload:</u>	Actual numbers/month				
Outpatient visits down	0.8%	21,732			
Dental visits down	5.75%	950			
Admissions up	26.9%	85			
Newborns up	17.4%	27			
New charts		334			
Reactivated Charts		277			

These statistics are compared to FY2014 statistics for the same time period. (March) Occupancy rate for March 2015: 22%

## **Third Party Collections**:

#### March collections

Medicare:\$ 179,673.13Medicaid:438,587.11Private Insurance:796,510.50V.A.44,712.32

\$ 1,459,483.06

Year-to-date collections for FY 2015: \$8,793,170.29

Amount billed for March 2015: \$ 3.4 million

Collections are up compared to FY2014 collections for same time period. \$1,420,027.28

Percentage of account receivables pending for claims > 120+ days: 6%

## **CHS Activities**:

March cases

Funded: 164 cases: \$ 903,790.00 Denials: 294 cases: \$ 761,251.00 Deferred: 862 cases: \$ 684,356.00

CIH clinics: 22 cases

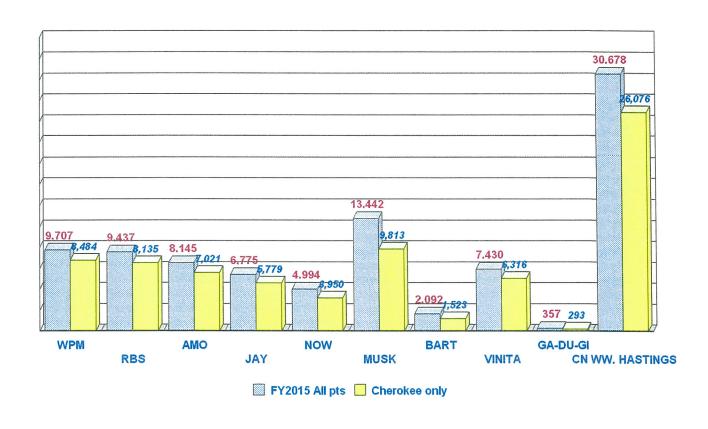
Files to Committee 1342

# Cherokee Nation Tribal Council Health Committee report

Report By
Connie Davis, MSN, RN
Executive Director Health Services
April, 2015

## **CHARTS**

# AMBULATORY PATIENTS VISITS BY CLINIC, MARCH 2015



# TOTAL AMBULATORY PATIENTS VISITS -MARCH 2015

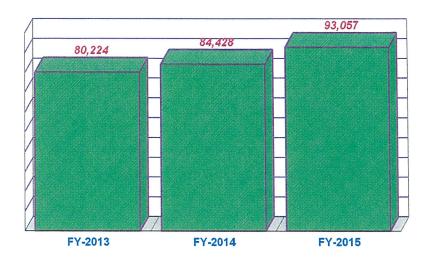
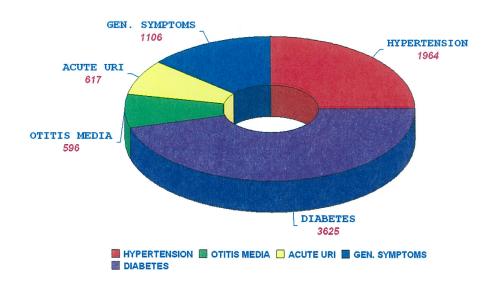
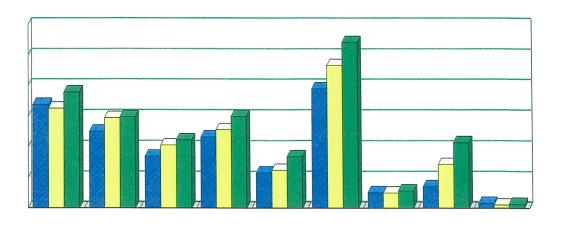


Chart includes Ambulatory visits from clinics and CNWW Hastings Hospital

# TOP FIVE AMBULATORY CARE DIAGNOSIS FOR CNHSG, MARCH 2015

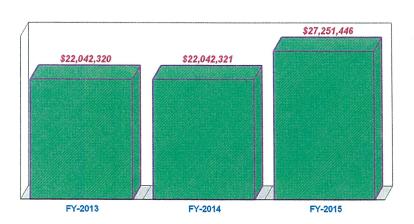


# Third Party Revenue By Clinic, MARCH 2015 (YEAR TO-DATE)



	WPM	RBS	JAY	AMO	NOW	MUSK	BART	VINITA	GA-DU-GI
FY-2013	\$3.397.656	\$2,519,441	\$1.713.136	\$2.336.053	\$1.165,926	\$3,913,173	\$524,630	\$720.791	\$173.686
☐ FY-2014	\$3,265,483	\$2.952.711	\$2.077.519	\$2.579,331	\$1.252.738	\$4.680.685	\$508.000	\$1.444.089	\$124.706
FY-2015	\$3,792,835	\$2,983.325	\$2,249,146	\$2,995,686	\$1,700,957	\$5,430,809	\$581,380	\$2,167,197	\$142,380

# TOTAL THIRD PARTY COLLECTIONS HASTINGS HOSPITAL ONLY( YEAR TO DATE)



#### Report from Rhonda Cochran, Senior Director of Ambulatory Services- March 2015

#### AMO Health Center (AHC):

- Dr. Brett Gray served as Doctor of the Day at the State Capitol.
- Hosted a Walk for Heart Health with 53 participants
- Hosted a National Nutrition Month Health Fair 43 participants
- Staff worked with the city of Salina on cleaning the city park and posted NO SMOKING signs

#### **Bartlesville Health Center (BHC):**

- Hosted a Veterans Benefit Fair
- Public Health Nursing held Blood Pressure screenings for seniors at the Bartlesville Delaware Tribe,
   Senior Advantage and Leisure Lane
- Patient satisfaction 95% for the month

#### Cooweescoowee Health Center (CHC):

- Over 100 interviews were conducted to fill positions for new health center
- On track to begin seeing patients in April

### Redbird Smith Health Center (RSHC):

- National Nutrition Month activities:
  - o Meatless Monday
  - o Trivia Tuesday
  - Walking Wednesday
  - o Think Your Drink Thursday
  - o Free Fruit Friday
- Biggest Loser Challenge:
  - o 28 participants
  - o 1st place: lost total of 20 lbs., 9% body fat loss
  - o 2<sup>nd</sup> place: lost total of 21.8 lbs., 8.7 body fat loss
  - Total lost as group in 13 week 166 lbs.

#### Sam Hider Health Center (SHHC):

- Youth Risk Behavior surveys:
  - Okay High School
  - Westville High School
- Participated in Kenwood Alumni Basketball fundraiser

#### Three Rivers Health Center (TRHC):

- Charles Smith presented to Civitan Club in Muskogee on TRHC services
- Hosted Oklahoma Blood Institute Drive
- National Nutrition Month:
  - o Contests
  - o Cooking demonstrations

### Vinita Health Center (VI):

- Fit Kids Boot Camp
- HIV Awareness Day
- Veterans Assistance Day
- Immunization Rate for 0-27 months 92%
- Customer Satisfaction Rate for the month 97.2%

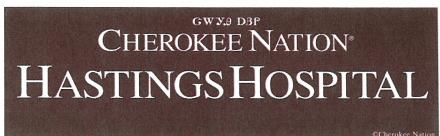
#### Will Rogers Health Center (WRHC):

- Blood Pressure clinics for the Delaware tribe
- Public Health Staff attended:
  - Regional Medical Planning Group for Washington & Nowata Counties
  - o Oklahoma Statewide 2015 Quarterly drill for Washington & Nowata Counties

#### Wilma P. Mankiller Health Center (WPMHC):

- WIC conducted presentation at Cherry Tree Headstart
- Staff assisted with Affordable Care Act enrollment/exemption for Stilwell Memorial Hospital staff





100 South Bliss Avenue, Tahlequah, OK 74464 918-458-3100

#### Memorandum

To: Connie Davis From: Brian Hail Date: April 13, 2015

Subject: March 2015 Executive Summary for W.W. Hastings Hospital

On March 4, 2015, we hosted Dr. McKinney, an Oral Maxillofacial Surgery resident graduating from OU this summer who is planning to join Dr. Cullens and our staff to augment and further develop our Cleft Lip and Cleft Palate Program.

Stephen Richard, PA, was hosted here on Friday, March 13<sup>th</sup>, in hopes of his joining the medical staff as a provider in Urgent Care. Mr. Richard has a great deal of experience in the urgent care setting and expressed great interest in joining our organization.

Seeking to enhance our relationship with Cherokee Elder Care (CEC), I met with Deborah Proctor and April Hughes at CEC on Tuesday, March 17<sup>th</sup>, to discuss ways of improving access to W.W. Hastings for CEC patients eligible for care here.

Dr. William Simpson, MD, a gastroenterologist employed at Tahlequah Medical Group, was hosted during our Emergency Services Committee meeting on March 24, 2015. Dr. Simpson was introduced to our providers and provided an overview of the procedures and types of patients he can assist with.

During the night shift of March 24, 2015, I held a staff meeting with the night shift at Hastings to apprise them of the latest projects ongoing within Health Services as well as afford them an opportunity to share their insight directly with me. Several actionable items were suggested by the staff and I will be following up with the relevant directors within Hastings to try and resolve some of the staff members' concerns and suggestions. This is part of my effort to routinely engage with our night shift staff at least a few times each year.

Doctor's Day was celebrated at WWH on Monday, March 30, 2015, with banners and lapel pins displaying our customized logo designed by Josh Webster. Additionally, Chief Baker signed a proclamation marking the day officially and the reception was well attended by our providers. Our logo incorporated the four elements that form the carriers of the Spirit in traditional Cherokee healing. These elements represent the essential base forms that act as the mechanism of action in Cherokee healing rituals.

#### Cherokee Nation W.W. Hastings Hospital

March 2015

#### **Announcements**

Cardiopulmonary has new equipment to perform Pulmonary Function Tests (PFT). PFTs determine reasons a patient may be short of breath, such as Asthma or Emphysema. PFTs can determine if a patient's lungs are fibrotic due to heart medications. Our new PFT system is the Platinum Series from Medical Graphics Diagnostics which offers pre- and post-spirometry and diffusion testing. A new addition is a plethysmography body box which provides more accurate measurement the airway. This equipment also offers another option for patients who are claustrophobic and unable to undergo lung volume measurement using other methods. The new software offers a better capability to customize reports to meet providers' needs better.

Imaging Services has a new 64-slice CT scanner to replace the obsolete 6-slice CT scanner that was no longer supported by the manufacturer. Our new scanner provides better images with less radiation exposure to our patients as it's capable of "low dose" imaging.

#### **Achievements**

Cherokee Nation Emergency Medical Services (CNEMS) received notice that our EMS Training Program, specifically our Emergency Medical Technician-Paramedic program, has been accredited via the Commission on Accreditation of Allied Health Education Programs (CAAHEP).

Mid-America Radon completed the radon mitigation project at the Hastings Annex and PT buildings, consisting of piping and fans. Testing is ongoing to confirm the success of the mitigation project.

#### **Volume**

The ED and Urgent Care treated 6,584 patients during March 2015 and experienced a Left Without Being Seen (LWOBS) rate of 3.4% in the ED and 9.15% in Urgent Care. ED Arrival to Discharge time held at 167 minutes; ED Arrival to Transfer was 310 minutes; ED Arrival to Admission to Med-Surg was 323 minutes and ED Arrival to Admission to ICU was 313 minutes.

Surgical Services performed 428 surgical procedures during March 2015.

Transport Services transported 62 patients during March and traveled 3,963 miles. We currently have one driver with the retirement of our second full-time driver; a selection has been made for his replacement.

# Monthly report for Dental Health Services FY 15 – March 2015 Dr. Stephen Jones; Senior Director of Dental Services

**Patient Visits**: Any visit for treatment in the clinics. A clinical visit includes Exams, Emergency Exams, Return visits for treatment, Diabetic Screenings and Headstart screenings.

Clinic	<b>Current month</b>	Previous month	(+/-)
WW Hastings-Tahlequah	1676	1513	(+)
Wilma P Mankiller-Stilwell	685	570	(+)
Three Rivers-Muskogee	1238	1162	(+)
Vinita Health Center-Vinita	796	705	(+)
Redbird Smith-Sallisaw	921	696	(+)
Sam Hider-Jay	723	623	(+)
Amo-Salina	<u>569</u>	<u>506</u>	<u>(+)</u>
Total	6608	5775	(+)

**Summary:** The increase in patient visits is attributed to longer month more days in clinic and less staff out for illness or annual leave. Jay clinic continues to show an increase as the new provider there is getting up to speed in our system.

**Examinations**: Appointments where the patient is evaluated for routine care. This can be a 6-12 month recall appointment after all treatment is complete or a new patient exam for someone who has never been to our facility before or has not been seen other than for emergency treatment in over a year.

Clinic	Current month	Previous month	(+/-)
WW Hastings-Tahlequah	338	210	(+)
Wilma P Mankiller-Stilwell	143	100	(+)
Three Rivers-Muskogee	312	305	(+)
Vinita Health Center-Vinita	181	164	(+)
Redbird Smith-Sallisaw	126	112	(+)
Sam Hider-Jay	184	139	(+)
Amo-Salina	<u>88</u>	<u>66</u>	<u>(+)</u>
Total	1372	1096	(+)

**Summary:** Starting to see an increase due to recall exams being done when patients are coming in for cleanings and not having to reschedule for a separate appointment

**Emergency Exams**: These are unscheduled walk in patients. We have a policy to see all walk in or emergent care patients same day.

Clinic	Current month	Previous month	(+/-)
WW Hastings-Tahlequah	233	238	(-)
Wilma P Mankiller-Stilwell	163	142	(+)
Three Rivers-Muskogee	188	138	(+)
Vinita Health Center-Vinita	98	129	(-)
Redbird Smith-Sallisaw	109	85	(+)
Sam Hider-Jay	100	100	(=)
Amo-Salina	<u>118</u>	<u>120</u>	(-)
Total	1009	952	(+)

**Community Dentistry**: Community Dentistry team is responsible for visiting schools and headstart programs to do sealant and fluoride applications. This team travels to clinics without Dental Clinics to do screenings and facilitate patient access. They also coordinate education services and community meetings.

Schools visited: Gore, Shady Grove, Moffett, Sequoyah, and Cherokee Immersion School

Education Programs: Prenatal and Diabetic oral care at Hastings Hospital,

• The team placed **274 Fluoride applications**, **262 sealants placed** and **281 Dental Screenings**.

## Health Professional Recruitment Activity-As of April, 2015 Report

Location	Specialty	Activity	Ethnicity		
W.W. Hastings Hospital	<b>Emergency Medicine</b>		Caucasian		
W.W. Hastings Hospital	Emergency Medicine	NEW POSITION	Caucasian		
W.W. Hastings Hospital	Physician Urgent Care	Dr. Echeverria transfer from Stilwell	Caucasian		
W.W. Hastings Hospital	Physician Urgent Care	Dr. Gloria Grim effective 5/25/2015	Cherokee		
W.W. Hastings Hospital	Family Medicine	Charity Holder, DO	Caucasian		
W.W. Hastings Hospital	Physician OB/GYN	Pending letter of intent	Cuucusian		
W.W. Hastings Hospital	Midwife	Diane Day replacing Abigail Skinner eff. 6/1/2015	Caucasian		
W.W. Hastings Hospital	Physician Assistant	Stephen Richard, PA effective 5/25/2015	Caucasian		
W.W. Hastings Hospital	Dentist	Mechelle Speed, DDS from R/PT to R/FT	Caucasian		
W.W. Hastings Hospital	Pharmacist	Letter of Intent to Staci Tackett	Caucasian		
W.W. Hastings Hospital	Pharmacist	Letter of Intent to State Tackett  Letter of Intent to Latosha Zugelder	Caucasian		
W.W. Hastings Hospital	Pharmacist	Letter of Intent to Roy Mattox	Caucasian		
W.W. Hastings Hospital	Pharmacist	Letter of Intent to Alex Hendrix	Cherokee		
W.W. Hastings Hospital	Pharmacist	Letter of Intent to Alex Hendrix  Letter of Intent to Christopher Pack	Cherokee		
w.w. Hastings Hospital	Filamiacist	Letter of Intent to Christopher Fack	Cherokee		
Ochelata	Dhygiaian	Great Breaks DO offeetive 6/1/2015	Cherokee		
	Physician Pharmacist	Greg Brooks, DO effective 6/1/2015	Seneca-		
Ochelata		Kellye Parker, PharmD	Cayuga		
Ochelata	Dentist	Brian Drouillard transfer from Redbird	Caucasian		
Ochelata	Dental Hygienist	Pending selection			
Three Rivers Health Center	Dentist	Pending letter of intent Josh Coates	Cherokee		
Three Rivers Health Center	Dentist	Signed LOI Gentry Henry, DMD	Chocotaw		
Three Rivers Health Center	Dentist	Karen Luce vacating effective 7/2015			
Three Rivers Health Center	Physician	Continuing Search			
Redbird Smith Health Center	Physician	Vacated by Brandy Duke			
Redbird Smith Health Center	Physician	Vacated by Heather O'Neal			
Redbird Smith Health Center	Dentist	Signed LOI Ross Forrester, DMD	Cherokee		
A-Mo Health Center	Physician	Dominic Totani, DO effective 6/1/2015	Caucasian		
A-Mo Health Center	Physician	NEW POSITION			
Sam Hider Health Center	Physician	Carl Duncan MD; Effective 7/20/2015	Caucasian		
Sam Hider Health Center	Physician	Rayetta Eaton, MD interview 4/20/15	Caucasian		
Sam Hider Health Center	Physician	Theodore Sample, MD interview 4/22/15 (Peds)	Caucasian		
Sam Hider Health Center	Physician	Continuing Search			
Vinita Health Center	Physician	NEW POSITION			
Wilma P. Mankiller	Physician	Dr. Echeverria transfer to Urgent Care			
	Dentist		Cherokee		
Wilma P. Mankiller	Dennist	Signed LOI Matthew Reece, DDS – IHS Scholar	Cherokee		
Will Doggra	Dhygioian	Clint Doccon MD region offerting 5/15/2015			
Will Rogers	Physician	Clint Beeson, MD resign effective 5/15/2015			
Behavioral Health	Psychologist	Matthew Dzak, declined			
Behavioral Health	Mid-Level	Angeline Wickliffe, APRN declined			
		Angeline wicking, Al Kiv decilled			

Total Providers: 282
Total Positions: 37
Providers with start dates: 15
Total vacant positions: 22
Percent Vacant: 8%

- Diabetes Program- Ninety five patients attended the Diabetes Self-Management Education classes in March. The program is exploring ways for RNs to become certified to perform foot and nail care on diabetes patients at clinics with no or limited onsite podiatry services, and asked Ambulatory Care Nursing Managers to identify RNs with at least a BSN degree who would be interested, if the Diabetes Program would provide funds for the required CEUs and collaborate with Dr. Adams for them to acquire the clinical hours needed to sit for the exam. We found 4 nurses who wanted to do this and registered them for a 5-hour online course through the Emory University School of Nursing. Two of the nurses completed their clinical hours in Diabetes Wound Care Clinic at Hastings with Dr. Adams or Dr. Bassi before the end of March. The program submitted data to IHS by the deadline on March 16<sup>th</sup> for all 9 Cherokee Nation facilities for 9,463 active patients on the Diabetes Registry for the "official" IHS annual diabetes chart audit. Program director is coordinating with staff at Nowata, Vinita, Jay, Salina, Stilwell, and Hastings on March 16<sup>th</sup> and 17<sup>th</sup>, to prepare for the ACHC surveyor who was going from clinic to clinic for survey. ACHC accreditation will allow Cherokee Nation to bill Medicare for diabetes supplies for the first time ever.
- Diabetes Prevention Program (DPP) The program has served 550 participants. Highlights: New Year. New You. Challenge Completed on March 7<sup>th</sup>. Started Million Mile March Challenge Began on March 15<sup>th</sup>. Mailed 225 encouragement letters to participants. Recruitment: Started class with 13 participants in Salina, 12 participants in Tahlequah. Core Classes: Started two classes in Tahlequah on March 10 and 11<sup>th</sup>. Sessions 1 4 were taught. Lost 42.2 pounds. Started one class in Salina on March 12<sup>th</sup>. Sessions 1-3 were taught. Lost 30 pounds.
- Dietary Services –Reports that they served 637 clients during the month of March. MNT Classes: 31(This is the number of participants in the classes) Worksite Activities: PN Classes, DSME Classes; DM Classes; Lipids Classes, Hypertension; Weight Mgmt. Classes; PreDM, HTN Classes; Kindergarten Nutrition Lesson; DPP Nutrition Session; Cooking Classes. Special Projects: Biggest Loser Contest, DM MNT Weekly Audits, Log Teaching Kitchen Refrig/Freezer Temps-weekly, Notify Nurse Manager weekly of DM pts that need added to DM Registry, Research nutrition info needed for patient appts, Million Hearts Initiative, Heart of the Nation Expo,, Community Garden, DM Surveys, iCare for DM patients, Kid's Health Fair-Nutrition Booth, Bulletin Board Contest-Million Hearts. New Staff: None.
- Breast and Cervical cancer early detection Program The program served 217 Indian/Cherokee women (Clinical Breast Exam, Mammograms, Ultrasound, Pap smear, HPV testing, Colposcopy with or without biopsy) at the cost of \$21,591.65. Educational events were held at WW Hastings, A-MO Salina clinic, the program also participated in a health fair.
- Cancer Registry—The program has been granted two years of funding by the National Cancer Institute. Presently the Cherokee Cancer Registry now has a total of **7,042 cases** in the SEER\*DMS system. **Top Cancer Sites**: Lung and Bronchus, Breast, Prostate, Kidney and Renal Pelvis.
- CN Emergency Medical Service—CN-EMS handled 708 calls, of those 205 required emergency transport, 247 were transferred. In addition program provided EMS training to 819 participants of those 458 were Native Americans.
- Behavioral Health Services—Behavioral Health provided mental health and substance abuse services for 2020 patient visits, of those 1235 were unduplicated patients. Of the patients served at the Tahlequah and CIH sites, 1027 were Cherokees citizens.
- **Jack Brown Center** The new location of the JBC is up and running. The JBC served a total of **24** clients of those 14 were males and 10 were females. 19 patients are on waiting list.
- Community Health Program- March Report- the program focused on extensive community engagement and outreach to promote healthy living, specifically the following areas,
- Active Wings Members: 7,714

#### **Community Recreation Center**

Total Members: 9,413 Revenue: \$8,430.00 Total Visits: 11,784

Total Group Fitness: 2,940 Total Child Watch: 805

#### **Adult Tobacco Survey**

The Adult Tobacco Survey is 100% complete and we are now continuing the data input phase of the project.

#### **Public Health Accreditation**

The pre-review team has looked at our application. We are in the process of providing some simple clarification to a few of our items and are awaiting a scheduled visit from the accreditation team for the site visit. Signage and other items are being designed.

#### Sequoyah County

- The fitness center @ RSHC had 104 employees sign in for the month
- New course marked for the Gary Lattimore Memorial Scholarship 5K
- Biggest Loser Competition at RSHC 28 participants; 13 weeks= 166 lbs lost
- House of Gains in Roland passed smoke free business policy
- Met with representative from Cliffs pharmacy on tobacco free business policy and provided tobacco free signage and door stickers.
- Smoking Cessation Classes Sessions 4 and 5
- Public health educator Discussed with RSHC department heads about the summer youth camp.
- Sequoyah Wellness Partnership 14 attendees
- PICH budget proposal discussed and approved. We have a planned cleanup day after the next meeting on April 14<sup>th</sup> at RSHC for the community gardens. Discussed partnering opportunities with KI Bois community action for food truck monthly events they do throughout the county to try and incorporate local farmers or produce from our community garden at RSHC for these days and using veggie bucks. Looking at partnering with KiBois to have a community back to school event after the Redbird smith 5K partner race on Saturday August 1st.
- RSHC Committee decided to partner with the Boys and Girls club for our clinic philanthropy. We have 90 participants signed up for the glow run at the clinic Friday April 17<sup>th</sup>. HPDP will provide horseshoes and volleyball for physical activity for the employee appreciation day on Saturday April 25<sup>th</sup>.
- Gore and Vian schools visit over PICH grant-introducing the grant, work plans, and scheduling to do assessments.
- Vian school tobacco free property and farm to school assessments completed.
- Gore school farm to school and food service assessments completed.
- Facilitating smoking cessation classes on Wednesdays at Redbird Smith Health Center at 1pm.
- Public health educator conducted Youth Risk Behavior Survey to class in Okay, and Westville.
- Public health educator attended Brushy Youth Dinner for group of youth that came in to do community service for local non-profits. Brushy Organization is also going to offer a Diabetes Prevention program for youth in regards to healthy recipes and awareness.
- Staff met with Max Smith who is over the Sallisaw Farmer's Market. Conducted the PICH Assessment.

#### **Cherokee County**

• Public health educator attended Kick Butts Day on March 25<sup>th</sup> at Norris Park. Several schools were in attendance. Along with Lakes Country Radio station with a live feed of the event. Students picked up cigarette butts throughout the Park for 30 minutes. The Tobacco Control Coalition will count the cigarette butts and report the final count at the April meeting. They will then use this activity to determine the enforcement methods to prevent smoking or littering at the park.

- Public health educator, presented to the prenatal class at Hastings Hospital on smoking and pregnancy. There were approximately twenty people in attendance. Provided individuals handouts of the presentation, notebooks, and 1800-QUITNOW information. Also informed them of smoking cessation classes that are available.
- Safe Routes to School (SRTS) planning committee held a meeting on March 10 to discuss several activities for the upcoming month. The first being a pilot Walking School Bus program. The launch date of the program was the 25<sup>th</sup>. The next meeting set on the 23<sup>rd</sup> was to plan for the upcoming city council and the SRTS grant that was recently received.
- Tahlequah City Council discussed putting Downing St. on a "road diet". This would change the lanes from a four lane to a three lane road allowing for other modes of transportation. The council voted to table the item for discussion at a later date. At the meeting we were able to note some of the concerns of the business owners. We will do more research to respond to the business owners concerns.
- On March 25<sup>th</sup>, the SRTS committee met with Matt VanAuken from the Oklahoma Department of Transportation regarding funds received from the SRTS grant. He was able to provide the committee feedback for grant expectations. We discussed projects that we wanted to work on, such as connecting sidewalks; he confirmed that our project would be allowable under the grant. He also informed us that we would be able to choose a designer and ODOT would pay 80% of the design fee, leaving the city responsible for 20% of the cost.
- Public health educator, met with the Tahlequah Farmer's Market manager Marla Saegar to complete the Farmer's Market Assessment on March 18<sup>th</sup>. We identified areas that we could collaborate on to provide more access to the farmer's market. These included school farmer's markets, accepting WIC vouchers, and marketing.
- Public health educator, met with Woodall Public School on March 25<sup>th</sup> to complete the Farm to School Assessment. Mrs. Clinkenbeard noted that Woodall has not participated in Farm to school. After completing the survey we identified elements that were a part of the farm to school program. They built a school garden during the summer of 2014. In the fall of 2014, they harvested the garden and served the produce on the salad bar. They highlighted the produce as being grown in their garden. The kitchen staff conducted a taste test in the classrooms with different types of produce. Based on the student's choices, the items were then placed on the salad bar.
- Public health educator, met with Heritage Elementary and Greenwood Elementary on March 31<sup>st</sup> to complete the Farm to School Assessment. Each school identified training needs and barriers to improving their farm to school program. These included food safety, gardening, and education about the program. Several teachers are on board with using the current gardens as teaching tools. As of right now, Tahlequah is not ready for local procurement.
- Youth Risk Behavioral Surveys Hulbert High School.
- Attended the Salina Health Fair (Salina Clinic).
- Shady Grove PICH Surveys. Completed the survey for grant purposes.

#### **Adair County**

- Public health educator, met with Louise Miccolitis to develop a work plan for the tobacco-free worksites as part of the PICH grant requirements in the area of Farmer's Market and Tobacco-free worksites. We designated Schwann's bakery to work with for the first year to update their 24/7 no tobacco policy to include vapor and Ecigs. We also chose the City of Stilwell as the following year site to update their tobacco-free policy.
- Public health educator Met with Debbie Newman and Tom Osburn from Cave Springs School to go over the School tobacco-free survey from the PICH grant to better ascertain what needs they have in the tobacco-free area. Cave Springs has a 24/7 tobacco-free policy but it may need to be updated to include vapor and E-cigs.
- Public health educator attended the OSU extension meeting in which we finalized aspects of the physical activity/nutrition event for all Adair County schools for World health day on April 7<sup>th</sup>. We decided on certificates to hand out to all finishers of the event at each school's awards assembly. We also finalized the t-shirt design.
- Public health educator, met with Cave Springs to see how the Principal Chief grant was being utilized. They had bought 3 new exercise cycles for the public fitness room as well as 4 different weighted medicine balls. The Green house they received from the CTG grant from last fall had not been set up yet.

- March 9, 2015 visited Creek Nation Tobacco Program received information on their "Baby and Me" project. The
  purpose of this program is to work with pregnant smokers and help with their struggle without using prescribes
  medicine.
- Public health educator, spoke with Schwan's to see if we can improve their Tobacco policy by adding vapor cigs and ecigs.
- We will be working with Adair County Schools to update their tobacco policies so they can be put into the next year handbook for students and parents.
- Attended the Farmers Market Information Pot Luck Dinner we had 20 people in attendance and went over this year Famers Market season and introduced new farm vendors.
- Finished up project with the OSU Extension and 4-H department this project will allow us to work with all of Adair county schools.
- March 10, 2015 gathered with the CC Camp Board members to go over details of the upcoming 5K event that will be held on March 28, 2015. The board will be getting volunteers to help with the clean of the road, parking and protection of the runners while on this course.
- OSU Extension and 4- H will be able to help with BMI's and physically activities in our Adair County Schools for the 2015-2016 school years.

#### **Delaware County**

- Our Partnerships in Community Health (PICH) sub-committee meeting was held at the Health department here in Jay. We discussed PICH grant goals and objectives and came up with other resources that will help us in fulfill these goals.
- Bridges out of Poverty workshop was held in Grove.
- Youth Risk Behavior Survey (YRBS) was completed at Okay High School.
- YRBS was completed at Westville High School.
- Kenwood Education Community Organization held its annual Kenwood alumni basketball game.
- Community Health Services committee meeting: discussed kids camp, WINGS runs, PICH grant, post BMI's, and YRBS.
- Wings: working with the Jay high school cheerleaders and parents on the planning of bulldog classic that is on April 18, at the Jay football stadium.

#### **Mayes County**

- Provided 1-on-1 cessation counseling to 2 patients at AMO Health Center in Salina.
- Working w/ area SWAT teams on Kick Butts Day 2015.
- Established a subcommittee/workgroup within HOPE to work on Tobacco Free Programs.
- Worked on assessing all 7 school districts on Tobacco Free Policies for PICH grant.
- Taught 3 Freedom from Smoking classes at Dal-Tile in Muskogee, OK. w/ 7 participants. (3 are now smoke free)
- Conducted School Health Index (SHI) w/ Lincoln Elementary School in Pryor.
- Currently serving on Pryor SRTS task force.
- \*Conducting School Garden Surveys in Mayes County Schools
- \*Conducting Farm to School Assessment Surveys to Mayes County Schools
- Hosted a Health Fair for National Nutrition Month for employees, patients, & community members. (92 participants)
- Set date for AMO youth summer camp
- AMO Health & Wellness committee hosted 3 one-mile walks for employees, patients, & community members in honor of National Nutrition Month
- Continuing on the MAPP process for Mayes County w/ Turning Point & Mayes County HOPE.
- Participated in Youth Risk Behavior Survey (YRBS) in several area schools.

- Offered a 6 week Smoking Cessation Class
- Assisted with YRBS at Okay High School with over 125+ students participating.
- Assisted co-worker CC Camp 5-K run with over 220 participants.
- Wickliffe Elementary P.E. Class 25+ students.
- Toured Ballou Community Garden saw that the ground had been broken up for spring planting.
- Continue to work on organizing Salina Ga du gi Community Building Organization.

#### **Rogers County**

- Healthy Community Partnership meeting 03/13/2015: RoCo Fit has 333 members enrolled with a satellite group starting workouts in Chelsea. (RoCo is a 12 week running and walking program. New sessions start in the spring, summer and fall. The Rogers County health department and community volunteers take the lead in making this a successful program. Members are encouraged to sign up for the Cherokee Nation Wings program.) HCP applied for TSET funding and should know something on May 19<sup>th</sup>. Claremore Public Schools adopted a 24/7 policy at the March school board meeting.
- PICH Surveys were distributed to appropriate individuals to be completed.
- City of Claremore adopted an ordinance on March 16, 2015 to prohibit tobacco use on property owned and operated by the city. I will be offering cessation classes for those employee's that are interested.
- Assisted with the YRBS surveys at Westville and Okay.
- Caney Valley: Expenditures \$4,348.Monies were spent on supplies for the greenhouse. Items included soil, baskets, tomato supports, watering wands and hose to name a few. Farm to School exhibit was held on March 31 at the elementary. Students learned at various stations about different happenings on a farm. It's a hands-on exhibit for students to learn about farming. Third graders took part in the Bonnie Plants cabbage program. Each student received a cabbage plant and a growing guide. Students plant the cabbage, tend to it and watch it grow.
- Foyil: Expenditures \$2,900, Monies were spent on Spark PE equipment to go along with the Spark PE curriculum purchased earlier in the year. Vegetable seeds including okra, carrots, pumpkins, peppers, etc. were purchased to grow in the greenhouse. Foyil started a running club for the elementary grades. They are using the mileage club curriculum and meet every Wednesday for 1 hour after school. As part of the SHI improvement plan, the counselor sent out a workout schedule, nutrition information, a healthy recipe and grocery buying tips to faculty and staff via email. The student challenge of the month was to run 30 minutes a day. The counselor made a bulletin board with information on the health benefits of running. The Diabetes curriculum for the older students included several case studies and worksheets that analyzed and diagnosed the cases. Attached are 2 brief power points the counselor provided.
- Band on the Run 5k was held at Claremore Sequoyah on March 7<sup>th</sup>. This is a partner run put on by the Sequoyah Band and is offered to Wings members. The Wings program had approximately 500 runners attending this race.
- Prep work continues for the Will Rogers Memorial 5k. It will take place on April 11<sup>th</sup>. Fun Run will start at 8 and the 5k starts at 8:30. Registration will be inside the museum with the race course being across the street at RSU.

### **Muskogee County**

- Braggs, Fort Gibson, Webbers Falls and Warner are finishing up their budgets for the Cherokee Nation
   Leadership Grant for Muskogee County. They will also complete the Post-BMI (Body Mass Index) required for the grant.
- Webbers Falls and Warner were required to do the Farm To School curriculum and both schools have them completed.
- We had 6 people doing the one on one classes but now are doing the 1-800-Quit-Now.
- <u>Fitness Assessments:</u> I'm doing 7 people for personal training right now. All of my clients are between the ages of 67-83 years old. They were all diagnosed with type II diabetes. The classes run for 6 weeks and they learn how to lift weights and even do cardio.

• <u>PICH (Partnerships to Improve Community Health) Grant:</u> We have met with Muskogee County Turning Point and finished up the paperwork and budget for Muskogee County. The school and community we have decided to work with is Porum Oklahoma for year one. They are in desperate need of a 24/7 tobacco policy and other key things such as better physical activity guidelines and nutrition.

#### Washington/Craig/Nowata Counties

- SWAT Students helped with water stations and sign-holders at Vinita Red Feather Fun.
- Craig County Local Emergency Planning Committee. Preparedness activities and resource and information sharing. Discussed updating County Hazard Mitigation Plan.
- Meeting with Craig County Health Improvement Planning committee to discuss resource needs for Craig County.
   Representatives from Turning Point, Oklahoma State Department of Health, ROCMND, Cherokee Nation, Craig General Hospital, Craig County Commissioners, Vinita Public Schools, Oklahoma Office of Juvenile Affairs and others were present. Discussed TSET and PICH Grants. Continued to brainstormed needs for a "healthy Craig County." Steering committee selected.
- Participated in Challenge Day activities with Vinita Middle School.
- Vinita Public Schools adopted 24/7 tobacco-free policy.
- Assisted with Farm To You Exhibit at Caney Valley Elementary School.
- Health Facilities- Health facilities program completed 75% of March Preventive Maintenance Work Orders (PM).in addition 90 new non PM work orders were opened, with 73 completed in month. Received and distributed 5,000 of new patient handbooks. The program has hired two Property Management Specialists. Staff conducted a safety inspection and construction risk assessment at Vinita clinic. A similar construction risk assessment performed at Mankiller Health Center. The staff conducted a fire drill at Behavioral Health and completed a life safety inspection at the TEC building. Developed the emergency evacuation plan for the Cascade building. Began demolition, construction at Clinic in the Woods. Health Vehicle inventory stands at 149.
- Public Health Nursing programs at Claremore Indian Hospital and Hasting Indian Hospital—During March
   2015, a total of 794 contacts were made with patients including 118 Home visits. CHR made 150 patient contacts.
- Public Health Nursing—the PHNs made 489 home visits to provide services dressing changes/wound care, monitoring vital signs, education, management of medication planners, blood draws, and B12 injections, assessment of home safety/environment, DM self-management and education. PHN staff also performed 86 post-partum follow ups, and provided transportation to 301 clients to clinics, WIH, CIH and contract facilities

**Immunization Report:** 

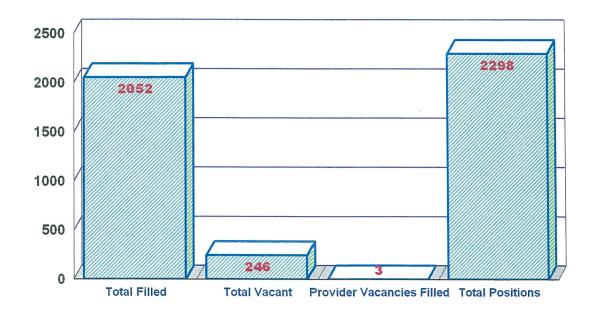
	B'ville	Jay	3RHC	NOM	AMO	RBS	WPM	Tah	Vin	CIH
3-27 mos	82%	94%	89%	100%	98%	90%	90%	66%	92%	77%
2 yr old	100%	96%	90%	91%	94%	91%	93%	74%	85%	87%
Flu 65 +	84%	71.6%	66%	83%	72%	66.5%	65%	68%	77%	63%
Pneumo 65+	83.1%	89.9%	76.5%	82.7%	89.4%	90.1%	76.8%	75%	74.5%	76%
Adolescent 13-17 with 1 Td/Tdap, 3 Hep B, 2 MMR & 1 varicella	98%	82%	87%	96%	95%	95%	89%	79%	92%	57%
Adolescent HPV Female 13-17	63%	39%	56%	65%	64%	51%	54%	56%	54%	58%
Adolescent HPV Male 13-17	59%	35%	43%	45%	52%	48%	45%	56%	34%	56%

#### **In-Clinic activities:**

- WPMHC: Prenatal classes and prenatal intakes: 8 patients, intakes; prenatal class for 8 patients
- WPMHC: Immunizations: 386 vaccines given
- RSHC: 10 in-clinic patient contacts
- 3R: 67: medication planners, phone calls, immunizations, STI treatments; wound care, referrals and care management duties
- 3R: total number of patients on the active immunization register:
  - 3-27 months: 3462 year old: 271
  - o Influenza 65+: 1,054

- o Pneumonia 65+: 1,062
- o Adolescent (13-17): 1,013
- o Adolescent HPV female (all 3 doses: 13-17 years): 517
- o Adolescent HPV male (all 3 doses, 13-17 years) 496
- Staffing Report Total number of filled position were 2,052 as of March 2015.

## **Staffing Summary- March 2015**



Contract Health Services—During the month of March 2015, CHS program processed 8,826 referrals, of those 8,673 (98.2%) were approved at the cost of \$ 3,787,460.

Facility	#	%
WWH	2781	33%
Muskogee	1010	12%
Nowata	840	10%
Stilwell	823	10%
Sallisaw	869	10%
Salina	752	9%
Vinita	687	8%
Jay	560	7%
Claremore	504	6%