



Cherokee Nation Tribal Council Health Committee Report

Claremore Indian Hospital

Month/Year of the report: February 2018

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Accomplishments:

- **Staffing:** Active announcements out for OB/GYN and Hospitalist.
- **Visits:** Outpatient visits for January down 1.2% over the same period the previous year.
- **Revenues:** Revenues for FY2018 decreased 4.7% over the same period the previous year.

Future Plans / New Initiatives:

- **New Services:**
 - Orthopedic patients now being sent to I-Ortho Group in OKC.
 - ER design and remodel has been awarded and now in design phase. Upgrade on Med-gas system beginning.

Workload:

	<u>Actual numbers/month</u>		<u>CN</u>
Outpatient visits down	1.2%	23,148	11,691/ (6047 patients)
Dental visits up	10.4%	796	585
Admissions down	13.6%	76	43
Newborns up	50.0%	21	17
New charts		386	
Reactivated Charts		424	

These statistics are compared to FY2017 statistics for the same time period. (February)
Occupancy rate for February 2018: 20.0%

Third Party Collections:

February collections

Medicare:	\$ 605,779.83
Medicaid:	715,375.00
Private Insurance:	914,581.70
V.A.	<u>65,997.21</u>

\$ 2,301,733.74

Year-to-date collections for FY 2018: \$ 10,275,617.06

Amount billed for February 2018: \$ 4.5 million

Collections are down compared to FY2017 collections for same time period. \$ 516,333.36

Percentage of account receivables pending for claims > 120+ days: 3%

PRC Activities:

February cases

		<u>CN Patients</u>
Funded:	343 cases: \$ 1,197,695.00	143
Denials:	384 cases: \$ 874,465.00	59
Deferred:	366 cases: \$ 299,465.00	141
CIH clinics:	24 cases	
Ortho	69	

Files to Committee 1186

Cherokee Nation Tribal Council



Health Committee Report March 2018

**Report By:
Dr. Charles Grim, DDS, MHSA
Interim Executive Director Health Services**

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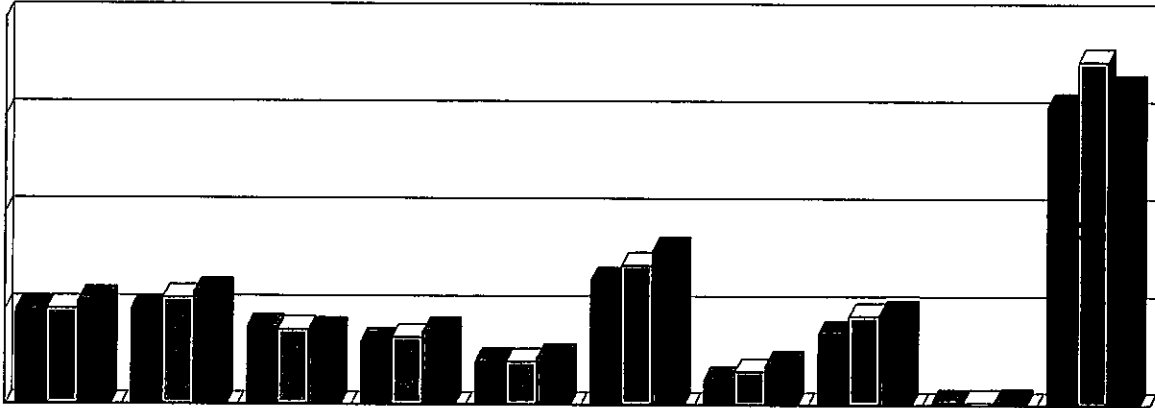
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Charts



AMBULATORY CARE VISITS by Health Centers, February 2016-2018

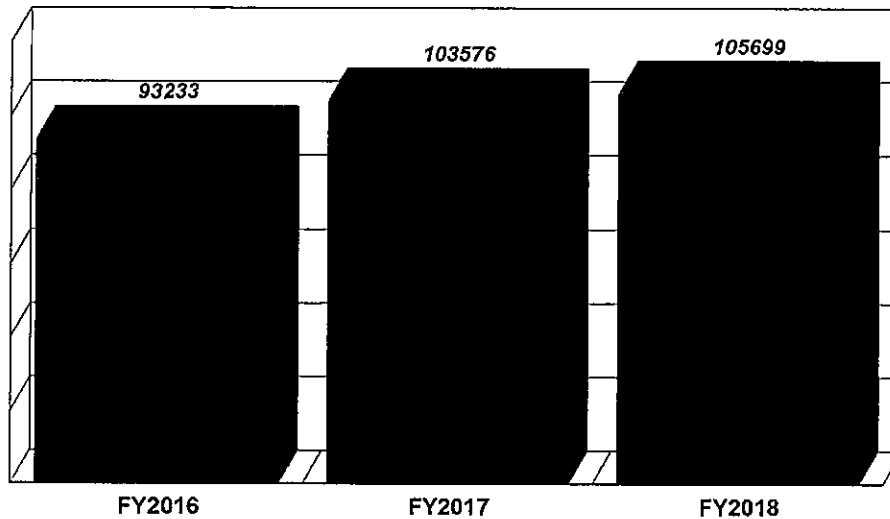


	WPM	RBS	AMO	JAY	NOW	MUSK	OCHELATA	VINITA	GADUGI	HASTINGS
■ FY2016	9779	9992	8029	6634	4559	12950	2662	7446	358	30824
▣ FY2017	9985	11085	7846	7001	4590	14510	3522	9291	324	35422
■ FY2018	10811	11749	7638	7655	4963	16037	4271	9508	334	32733

■ This report is based on ambulatory care visits by one or more of the following disciplines: physician, advanced practice provider (i.e., PA/APRN), dentist, pharmacist, optometrist, podiatry, and behavioral health



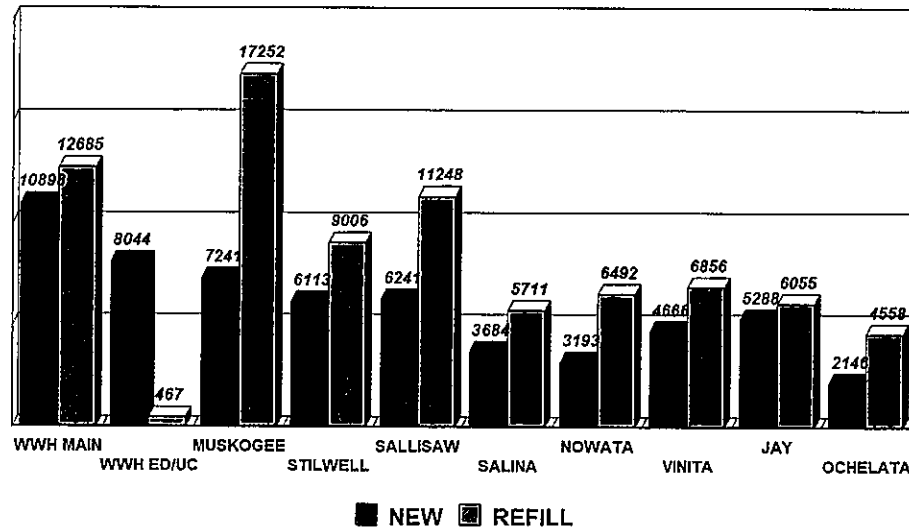
TOTAL AMBULATORY PATIENTS VISITS February 2016- 2018



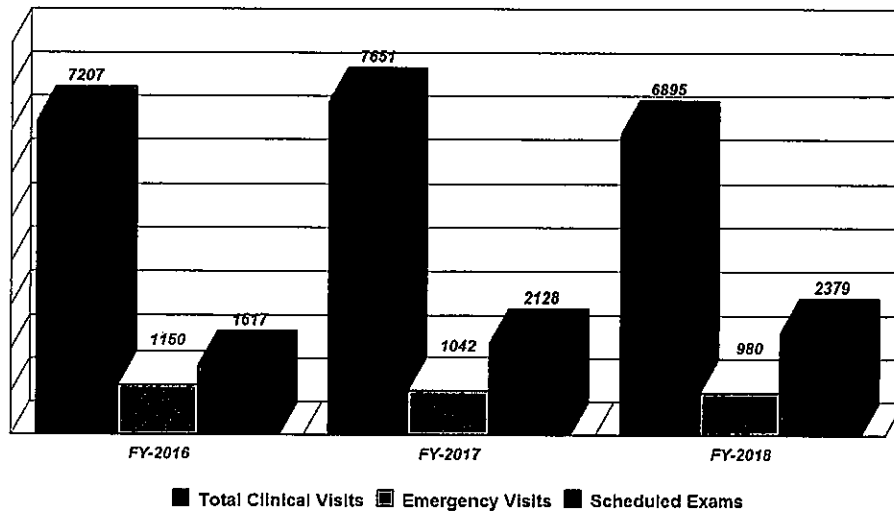
■ This report is based on ambulatory care visits from Health Centers and CN-Hastings Hospital



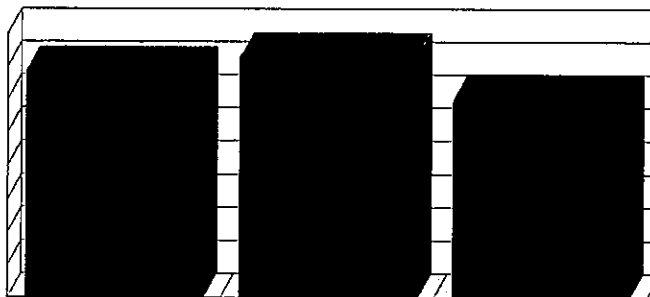
No. of RX filled by health facility February 2018



Dental Services Trend Feb 2016- Feb 2018

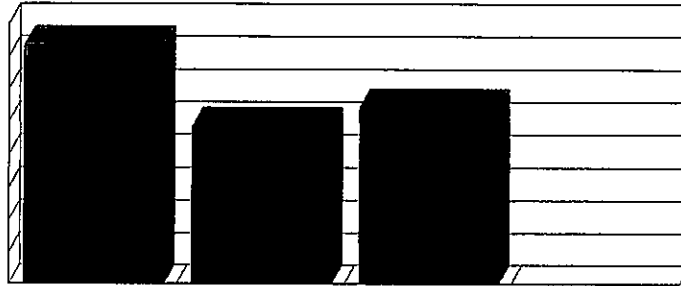


Emergency/Urgent care Trend at CN WW Hastings Hospital February 2016- 2018



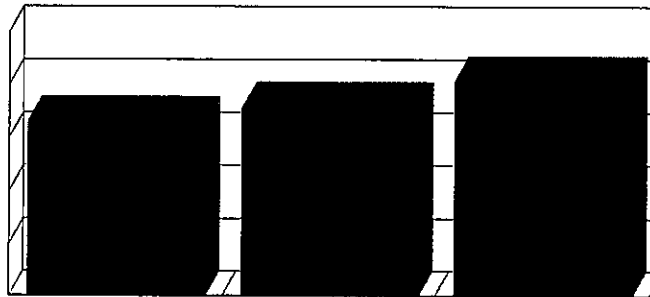
	Feb-2016	Feb-2017	Feb-2018
■ ED/Urgent Care	6820	7268	5951

**Patients Left without being Seen Rate trend at
CN WW Hastings Hospital February 2016- February 2018**



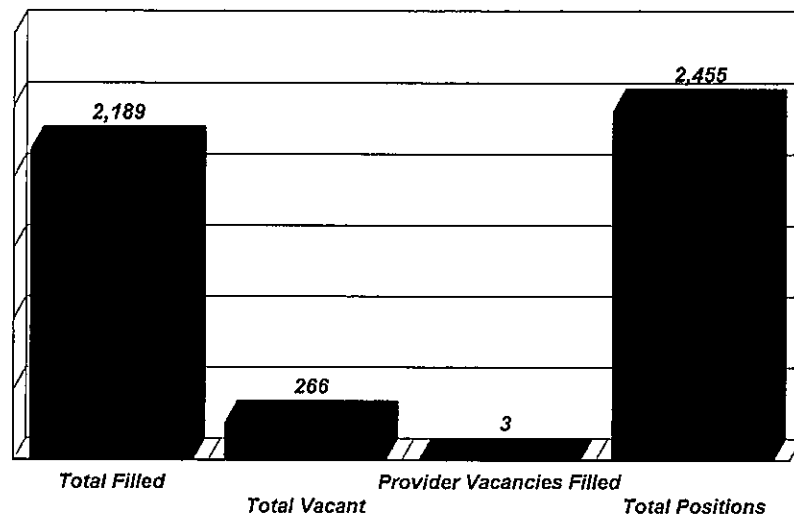
	Feb 2016	Feb-2017	Feb.2018	
■ Left without Being Seen	7%	5%	5%	

**Surgical Procedures Performed at
CN WW Hastings Hospital Feb 2016- Feb 2018**

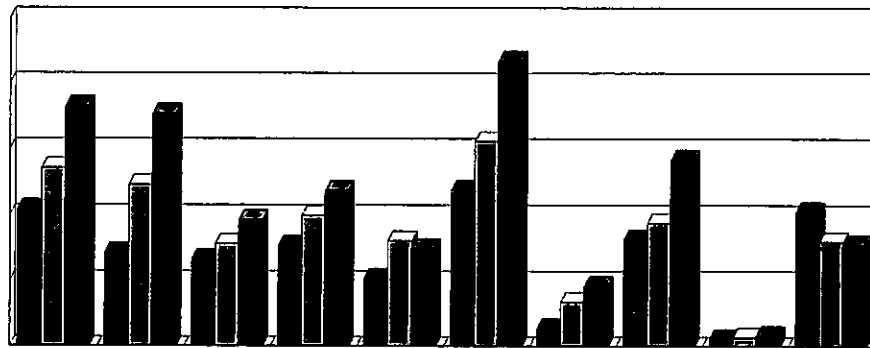


	Feb-2016	Feb-2017	Feb-2018	
■ Surgical Procedures performed	329	356	405	

Staffing Trend February 2018



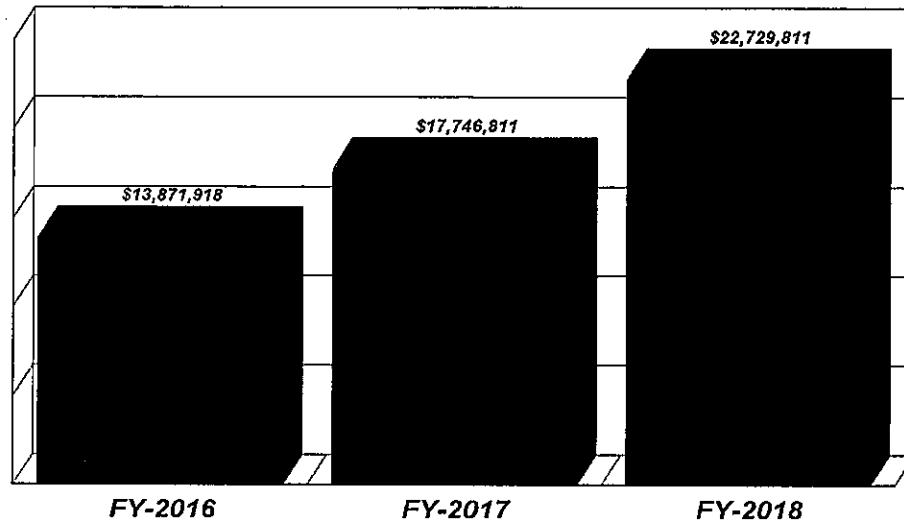
Third Party Revenue by Health Centers January 2016- Jan 2018(Based on Year to-date Collections)



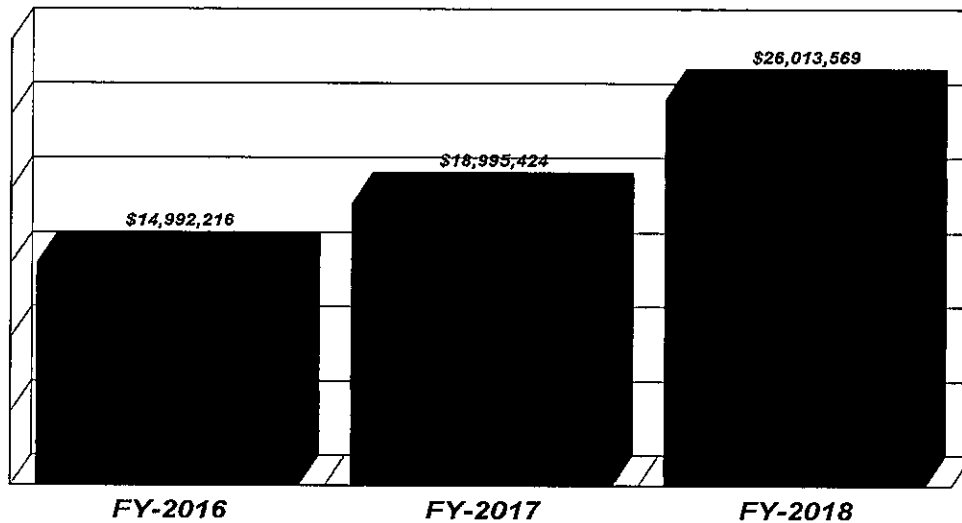
	Stilwell	Sallisaw	Jay	Salina	Nowata	Muskogee	Ochelata	Vinita	Ga Du Gi	Dental
FY-2016	\$2,082,438	\$1,437,971	\$1,330,574	\$1,530,833	\$1,039,853	\$2,371,982	\$276,827	\$1,639,707	\$115,103	\$2,046,650
FY-2017	\$2,703,956	\$2,455,087	\$1,563,269	\$1,998,817	\$1,610,885	\$3,107,643	\$684,266	\$1,886,400	\$140,728	\$1,595,770
FY-2018	\$3,640,165	\$3,522,743	\$1,912,176	\$2,368,134	\$1,493,428	\$4,332,047	\$918,478	\$2,828,335	\$165,433	\$1,548,872



**Total Third Party Revenue Comparison
(Health Centers/Dental services only
Based on Year to-date Collections)**

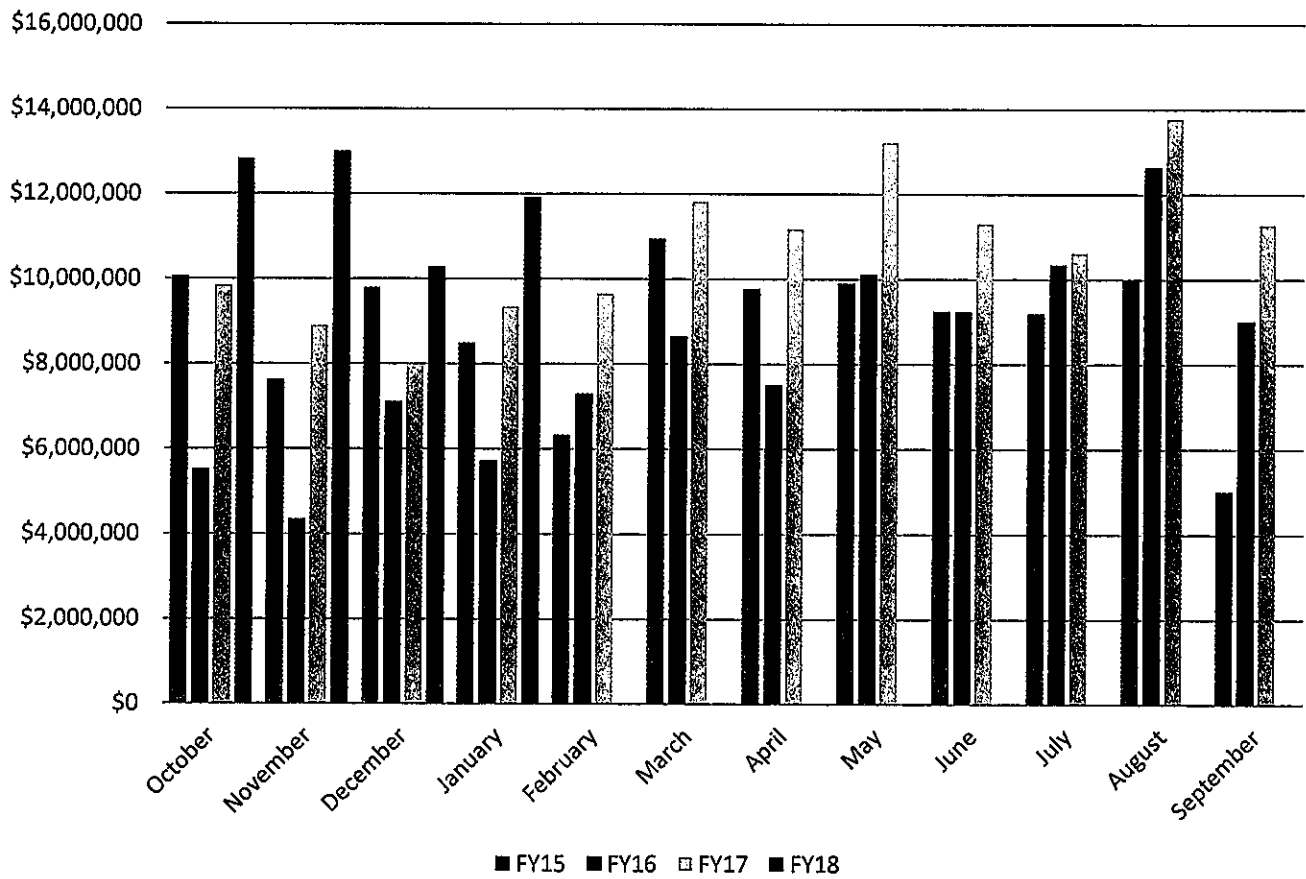


**Third Party Revenue Comparison
CN WW Hastings Hospital
(Based on Year to-date Collections)**



Monthly Cash Collections FY16 through FY18

Monthly Cash Collections FY15 through FY18



Year	October	November	December	January	February	March	April	May	June	July	August	September
FY15	\$10,059,478	\$7,622,580	\$9,786,983	\$8,495,612	\$6,335,603	\$10,954,028	\$9,773,682	\$9,906,509	\$9,248,215	\$9,192,561	\$9,979,491	\$5,016,021
FY16	\$5,519,339	\$4,335,735	\$7,102,249	\$5,725,307	\$7,295,879	\$8,659,579	\$7,520,397	\$10,119,895	\$9,229,876	\$10,345,039	\$12,639,422	\$9,020,925
FY17	\$9,845,340	\$8,905,731	\$7,961,338	\$9,356,111	\$9,658,944	\$11,825,495	\$11,192,238	\$13,223,819	\$11,317,054	\$10,627,596	\$13,783,774	\$11,289,686
FY18	\$12,819,578	\$13,002,818	\$10,292,304	\$11,922,347								

CHS Report as of February 28, 2018

CAN	Description	HASTINGS			STILWELL			SALLISAW			JAY		
		Paid	Open	Total	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50XB01	HASTINGS 01	17,288.09	38,180.00	55,468.09			0.00			0.00			0.00
J50XB02	MEPP	68,257.57	9,145.00	77,402.57	24,162.51	32,520.57	56,683.08	26,457.67	31,395.55	57,853.22	7,210.14	5,693.00	12,893.14
J50XB03	INPATIENT	1,520,318.92	1,441,925.63	2,962,244.55	124,051.60	91,087.52	215,139.12	132,824.06	114,834.29	247,658.35	550.59	5,300.00	5,850.59
J50XB04	OUTPATIENT	2,224,490.90	2,450,244.00	4,714,734.90	342,513.30	869,492.98	1,212,406.28	399,525.86	699,893.65	1,099,425.51	271,896.61	451,942.91	723,439.52
J50XB05	SUBSTANCE ABUSE	120,881.72	42,995.00	163,876.72	2,200.00	2,600.00	4,700.00	7,910.00	2,850.00	10,760.00			0.00
J50XB06	BEHAVIORAL HEALTH	97,354.70	19,060.00	116,414.70			0.00		4,620.00	4,620.00			0.00
J50XB08	DENTAL	88,639.34	52,391.00	141,029.34			0.00			0.00		550.00	550.00
J50XB18	DIABETIC SHOES	4,204.26	5,900.00	10,104.26	529.56	1,700.00	2,329.56	1,163.18	100.00	1,263.18	714.88	1,400.00	2,114.88
J50XB47	5% INPATIENT	132,461.02	108,684.00	241,145.02			0.00			0.00	3,449.66		3,449.66
J50XB48	5% OUTPATIENT	40,961.99	5,700.00	50,661.99			0.00			0.00	659.77	22,450.00	23,109.77
J50XB49	5% DENTAL	138,946.34	28,476.00	167,422.34	71,653.00	30,351.00	102,004.00	90,268.60		90,268.60	46,914.40	10,500.00	57,414.40
J50XB50	5% VISION	180,450.20	48,480.11	228,930.31	70,628.62	8,164.00	78,792.62	71,769.77	11,834.00	83,603.77	64,548.05	5,852.00	70,400.05
	TOTALS	4,634,245.45	4,295,150.64	8,929,396.09	636,238.59	1,035,816.05	1,672,054.64	729,949.14	865,633.49	1,595,582.63	395,944.50	503,277.91	899,222.41

CAN	Description	SALINA			NOWATA			MUSKOGEE			VINITA		
		Paid	Open	Total	Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50XB01	HASTINGS 01			0.00			0.00			0.00			0.00
J50XB02	MEPP	26,134.20		26,134.20	8,631.87	2,549.00	11,180.87	12,414.05	11,536.00	23,950.05	15,509.53	2,732.00	18,241.53
J50XB03	INPATIENT	11,208.98	4,100.00	15,308.98	2,090.45	781.00	2,871.45	9,076.61	28,200.00	37,276.61		2,150.00	2,150.00
J50XB04	OUTPATIENT	611,380.84	812,037.00	1,423,417.84	285,166.42	291,143.00	576,299.42	553,330.63	942,441.00	1,495,571.63	369,682.84	456,417.00	826,079.84
J50XB05	SUBSTANCE ABUSE	15,432.32		15,432.32	7,570.00		7,570.00			0.00	4,809.23	6,700.00	10,609.23
J50XB06	BEHAVIORAL HEALTH	6,321.00		6,321.00	355.00		355.00	4,891.00		4,891.00	8,760.00		8,760.00
J50XB08	DENTAL	3,783.00		3,783.00			0.00			0.00	4,525.00		4,525.00
J50XB18	DIABETIC SHOES	1,544.63	1,000.00	2,544.63	944.34	2,000.00	2,944.34	2,338.10	3,200.00	5,538.10	754.39	1,900.00	2,654.39
J50XB47	5% INPATIENT	4,376.10	11,350.00	15,726.10	3,085.94	31,900.00	34,985.94	20,138.32	13,900.00	34,038.32	11,013.07	3,265.00	14,278.07
J50XB48	5% OUTPATIENT	171.42		171.42		1,850.00	1,850.00	1,823.81	1,250.00	3,073.81	617.55	5,825.00	6,342.55
J50XB49	5% DENTAL	45,379.80	33,797.00	79,176.80			0.00	55,865.63	5,998.00	61,863.63	106,157.61	23,938.00	130,095.61
J50XB50	5% VISION	36,512.72	4,649.00	41,161.72	38,781.37	1,599.00	40,480.37	42,848.85	7,732.00	50,580.85	100,500.51	19,772.00	119,872.51
	TOTALS	752,244.01	866,873.00	1,629,117.01	346,615.39	331,919.00	678,534.39	702,527.00	1,014,257.00	1,716,784.00	622,298.73	521,300.00	1,143,598.73

CAN	Description	CLAREMORE			OCHELATA			TOTAL		
		Paid	Open	Total	Paid	Open	Total	Paid	Open	Total
J50XB01	HASTINGS 01			0.00			0.00	37,288.09	38,180.00	55,468.09
J50XB02	MEPP	2,483.00	943.00	3,426.00	3,251.71	7,463.00	10,714.71	194,551.55	103,567.12	298,518.77
J50XB03	INPATIENT	461.35		461.35			0.00	1,800,582.58	1,689,478.34	3,489,061.30
J50XB04	OUTPATIENT	452,873.75	920,290.20	1,373,163.95	261,980.91	489,826.00	741,706.91	5,762,912.07	8,423,330.72	14,186,242.79
J50XB05	SUBSTANCE ABUSE	6,600.00		6,600.00		2,600.00	2,600.00	165,503.27	56,845.00	222,048.27
J50XB06	BEHAVIORAL HEALTH	3,575.00		3,575.00			0.00	121,246.70	23,680.00	144,926.70
J50XB08	DENTAL			0.00		70.00	70.00	56,947.34	63,001.00	119,948.34
J50XB18	DIABETIC SHOES	1,492.71	3,900.00	4,492.71			0.00	3,776.05	20,200.00	33,976.05
J50XB47	5% INPATIENT	7,750.20	4,212.00	11,962.20	2,245.38	14,457.00	16,702.38	184,508.69	197,749.00	372,257.69
J50XB48	5% OUTPATIENT	0.00	200.00	200.00	0.00	495.00	495.00	44,134.54	41,770.00	85,904.54
J50XB49	5% DENTAL			0.00	39,755.50	16,512.00	56,268.50	594,941.88	149,512.00	744,453.88
J50XB50	5% VISION			0.00	37,548.11	11,999.00	49,547.11	606,040.09	119,981.11	725,021.20
	TOTALS	475,236.02	928,645.20	1,403,881.22	334,682.61	542,522.00	877,204.61	9,602,433.33	10,905,394.29	20,507,827.62

	TOTAL				Projected Annual Expense	Projected Bal At Year End
	Budget	Paid	Open	Balance		
COMPACT	28,438,662.00	7,798,977.16	10,225,670.06	10,413,014.78	43,261,653.33	(14,822,891.33)
SUB ABUSE	324,000.00	165,503.27	56,545.00	101,951.73	532,915.85	(209,915.85)
DIABETIC SHOES	350,000.00	13,776.05	20,200.00	316,023.95	81,542.52	268,481.43
5% DIVIDEND	6,500,000.00	1,624,176.85	601,979.23	4,273,843.92	5,342,774.59	1,157,225.41
Totals	35,612,662.00	9,602,433.33	10,905,394.29	15,104,834.38	49,218,786.29	(13,605,124.29)

Top Diagnosis by Clinic

Sam Hider HC			A MO HC		
	#	Total Visits		#	Total Visits
Essential (primary) hypertension	482	3972	Essential (primary) hypertension	397	3364
Type 2 diabetes mellitus without complications	317		Encounter for screening, unspecified	334	
Type 2 diabetes mellitus with unspecified complications	152		Type 2 diabetes mellitus without complications	310	
Type 2 diabetes mellitus	144				
			Vitamin D deficiency, unspecified	204	
Ochelata HC			Redbird HC		
	#	Total Visits		#	Total Visits
Essential (primary) hypertension	332	1653	Essential (primary) hypertension	591	4400
Type 2 diabetes mellitus without complications	201				
Hyperlipidemia, unspecified	184		Type 2 diabetes mellitus without complications	373	
Vitamin D deficiency, unspecified	153		Encounter for immunization	246	
Encounter for administrative examinations, unspecified	136		Type 2 diabetes mellitus with hyperglycemia	178	
Ga Du Gi HC			Wilma P Mankiller HC		
	#	Total Visits		#	Visits
Acute maxillary sinusitis, unspecified	140	331	Essential (primary) hypertension	686	4863
Acute maxillary sinusitis	139		Type 2 diabetes mellitus without complications	523	
Allergic rhinitis due to pollen	60		Encounter for immunization	271	
Essential (primary) hypertension	58		Type 2 diabetes mellitus with hyperglycemia	231	
Influenza due to unidentified influenza virus with other respiratory manifestations	41				
			Vanita HC		
				#	Total Visits
			Essential (primary) hypertension	409	3972
			Type 2 diabetes mellitus without complications	347	
Three Rivers HC			Hyperlipidemia, unspecified	194	
	#	Total Visits	Generalized anxiety disorder	161	
Essential (primary) hypertension	649	6230			
Type 2 diabetes mellitus without complications	414		WW Hastings HC		
Hyperlipidemia, unspecified	312			#	Total Visits
Encounter for immunization	267				
			Essential (primary) hypertension	1079	12227
Will Rogers HC			Type 2 diabetes mellitus without complications	801	
	#	Total Visits	Encounter for immunization	687	
Essential (primary) hypertension	414	1965	Pregnant state, incidental	509	
Type 2 diabetes mellitus without complications	259				
Hyperlipidemia, unspecified	250				
Encounter for immunization	175				

Summary Highlights for the month of February 2018

- **AMO Health Center (AHC):** Open 24 charts. AMO hosted a blood drive. Lab was awarded COLA Accreditation for an additional 2 years. The surveyor was extremely complementary about the lab. Sarah Cole, Dietitian, started this month.
- **Cooweescoowee Health Center (CHC):** 92 new/reactivated charts. Patient/Family meeting was held with 7 patients in attendance. Public Health Nurses attended South Coffeyville Public School and educated 5th through 8th graders on Sex Education. New employees for the month were Hailee Bailey, Phlebotomist, Diana Ross, Clerk III and Jeremiah Vick, Medical Technologist. Jeremie Fisher, Emergency Management Director, led a Table Top Exercise for all employees. Lab went through COLA survey for reaccreditation.
- **Sam Hider Health Center (SHHC):** 37 new/reactivated charts. Public Health Nurses provided flu shots and Hepatitis and Chlamydia education at the Northeast Oklahoma A&M Health Fair in Miami, OK.
- **Three Rivers Health Center (TRHC):** 95 new patients. TRHC received a Muskogee Wellness award for Certified Healthy Oklahoma Business Excellence Level. They hosted a blood drive.
- **Vinita Health Center (VHC):** 95 new charts. 30 new users at the Wellness Center. Human Services provided Tax preparation services. Public Health Nurses provided influenza vaccinations at the community meeting.
- **Wilma P. Mankiller Health Center (WPMHC):** 16 new/reactivated charts. They hosted a Health Fair and Public Health Nurses conducted head checks at Greasy School. Kendall Bruner, Dental Assistant, joined the staff.
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Cherokee Nation W.W. Hastings Hospital

Announcements

- Amanda Spencer, RN, BSN, has been appointed as the Director of ICU. Amanda has been a Registered Nurse with W.W. Hastings since 2005. Amanda received her Associates Degree in Nursing (ADN) in 2005 and subsequently earned a Bachelor's of Science in Nursing (BSN) from Bacone College in 2009. Amanda's most recent role has been working in the Inpatient Quality Review Program collecting and reporting quality measure data to the Centers for Medicare and Medicaid Services (CMS).

Achievements

- Tammy Lee and Diane Williams have both earned their **Certified Evaluation and Management Coder (CEMC)** certifications during February. The examination is a timed, 150 question test of a Coding Specialists' knowledge on Medical Decision Making and other subjective aspects of the documentation guidelines, CMS rules and regulations, medical terminology, anatomy and physiology and the Evaluation and Management Documentation Guidelines.

Patient Access

- Labor and Delivery delivered **48 babies** during February 2018.
- The Emergency Department and Urgent Care provided care to **5,951 patients** during February 2018 with a Left Without Being Seen (LWOBS) rate of 5.4%.
- Surgical Services performed **405 surgical procedures** during February 2018.
- **Dental Services:** Clinical visits include Exams, Emergency Exams, Return Visits for Treatment, Diabetic Screenings, and Headstart Screenings: **6,895 clients** served. **Scheduled Dental Examinations** for routine care: 2,379 clients were served. **Emergency Exams**- These are unscheduled walk in patients **980 clients** served.
- **CN Comprehensive Cancer Control**- CN Comprehensive Cancer Control Program (CCC) was established in 2003, with help of funding from the Centers for Disease and Prevention. In 2017 the program has received funding for an additional five years with the purpose of implementing a program to support cancer coalition efforts to plan and implement evidence-based strategies to promote the primary prevention of cancer; support cancer early detection efforts; address the needs of cancer survivors; and promote health equity.
- **Liver Cancer Prevention Pilot Project**- Liver cancer, primarily hepatocellular carcinoma (HCC) is the third leading cause of death from cancer worldwide and the ninth leading cause of cancer deaths in the US. Chronic hepatitis B and C infections are risk factors for liver cancer, resulting in cirrhosis and eventually HCC. CCC staff and Surveillance Officer are working with CDC and their contractor ICF to discuss data tracking for Liver Cancer Pilot project. Meeting with Stilwell Clinic Director to discuss breast and cervical screening rates and barriers to increased screenings
- CCC program staff is working on strategies to **increase HPV vaccinations**. HPV vaccines prevent cancer. About 14 million people, including teens, become infected with human papillomavirus (HPV) each year. When HPV infections persist, people are at risk for cancer. Every year, approximately 17,600 women and 9,300 men are affected by cancers caused by HPV. HPV vaccination could prevent many of these cancers.
- **Education and awareness** presentations have been conducted in several Cherokee communities.
- **Breast and Cervical Cancer Early Detection Program**- The program served **182 Indian/Cherokee women** (Clinical Breast Exam, Mammograms, Ultrasound, Pap smear, HPV testing, Colposcopy with or without biopsy, Colposcopy w/ ECC and ECC, and Cytopathology) at the cost of **\$18,073**. **Education/outreach** Three Rivers Health Center, Muskogee, Locust Grove Senior Citizens, Locust Grove, OK.
- **Behavioral Health Service**- A range of behavioral health Services were provided to **1,744 clients** across **2,282 visits** to Behavioral Health in February, 2018. The services provided ranged from initial treatment intakes to psychiatric services to rigorous psychological assessments to parent-child interaction therapy and include animal-assisted, individual, group, and marriage and family therapy.
- **Dietary Services**- **714 clients** were provided dietary counseling services. Services include DSME Classes; DM Classes; Weight Mgmt. Classes; Employee Activity Committee Activities; DM Ancillary Clinic; Lunch and Learn; Healthy Native Program-Nutrition Lessons; Employee Wellness Wt. Challenge; Maintain Don't Gain Challenge. Classes/Presentations: **19 (# of participants)**.
- **Emergency Medical Services**- the program served **472 clients**; of those 319 were routine transport and 9 were emergency transports. In addition **679 participants** were trained at our facility
- **Public Health Nursing @ Claremore**- PHN's provided **113 Home Visits/postpartum checkup**, **125 clinic screenings/classes**, and **1,032 phone call/audits/letters**. **Public Health Nursing @ Hastings**- PHN's provided **75 Home Visits**, **641 clinic screenings/classes**, and **252 phone call/audits/letters**.
- **Staffing Report**- Total positions: **2,455**; of these **2,189 (89.1%)** are filled, **266 (11%)** are vacant.
- **Contract Health Services**- During the month of January 2018, CHS program processed **9,631 referrals** of those **9,500 (98.6%)** were approved at the cost of **\$ 4,029,700**
- **Health facilities** - Completed 147 of 184 PM work orders opened in month. Completed 128 of 115 called in work orders. Completed 13 of 16 property work orders .Reviewed qualification for Equipment Agent for JV project and made selection. Finalized plans for remodel at WMPHC. Developed Infection Control Risk Assessments for Cooweescoowee (2), Vinita and Three Rivers Health Centers. GSA /Tribal Vehicle fleet stands at **162**.

- **Diabetes Services**– 7 The **598** diabetic patients were provided DSME or other diabetes-related classes by a RN/Pharmacist. **233** patients received nutrition education from a RD. **Fifty one** patients attended the Diabetes Self-Management Education classes). **65** patients have received **DM shoes** at a cost of **\$7,780**.

PUBLIC HEALTH MONTHLY REPORT –February 2017

Community Recreation Center

Total Members: 11,909

Revenue: \$3,620.00

Total Visits: 8,981

Total Group Fitness: 3,458

Total Child Watch: 600

Active Wings running club members: 8,259

Youth Risk Behavior Survey

We have received the data back from CDC. We are in the process of evaluating the data and developing reports about that data.

Cherokee Nation Health Survey

We have continued to collect the data for this survey and are in the process of analyzing that data.

Public Health Accreditation

We are continuing to work under new standards (version 1.5) in preparing for re-accreditation. We are working on preparing documentation for Emergency Management, Strategic Plan, Workforce Development, Tribal Health Assessment, Tribal Health Improvement Plan and the Quality Improvement Plan. We have submitted the annual report for PHAB.

Sequoyah County PHE Mary Owl

- Smoking Cessation classes - Offered Redbird Smith Health Center – Wednesday – 1pm
- Biggest Loser – 39 participants – offered by fitness staff
- Promote an Employee workout at 6 am. Have 6 to 7 participants during the week.
- Participated in Muldrow Cherokee Community Organization Line Dance Exercise Class. 12 participants. Purpose is to assist a Brushy Member to learn the dances to teach at Brushy Community Building as a class. Muldrow ladies offered to come and help Brushy to get started.
- Marble City Community Organization is interested in getting classes going at their center for the community. PHE offered to attend next Committee Meeting to discuss programs offered by Public Health such as Walking Group and Diabetes Prevention Program.
- Diabetes Prevention Program_Brushy Community Diabetes Prevention Program is going well with 5 participants. Group is now meeting every two weeks.
- Brushy Committee scheduled fundraisers to raise \$1200 for the installation and materials for the Aquaponic green house liner. Fundraisers are: Barbeque lunch on March 29th, Yard sale on April 7th, plus VFW is purchasing chairs that Brushy has stored away.
- PHE met with Belfonte Superintendent to schedule Post-BMI and discuss spending of the school grant.
- Brushy Breakfast Fundraiser – PHE assist cooking, cleaning, and media
- PHE and Women's Health case manager offered a Heart Healthy BINGO for all employees to participate in. 93 employees participated.

Cherokee County – PHE Sonya Davidson

- PHE completed BMI collection for Cherokee Elementary and Shady Grove. PHE has scheduled the remaining 7 schools for BMI collection to be completed by early May.
- PHE continues to facilitate the Healthy Native Diabetes Prevention classes held at the Cherokee Nation Tribal Complex Wednesdays at 12:00 o'clock these meetings are now in their monthly maintenance phase with 2 participants attending.
- PHE continues to facilitate Healthy Native Diabetes Prevention classes held at the Healthy Living Campus on Monday Evenings at 5:30pm with 6 participants in attendance. Participants are eager and are working toward hitting specified goals with 2 participants successful in meeting weight loss goal and reducing A1C levels. This class is also participating in Tai Chi Lessons with a partnership with OSU extension office.
- PHE began planning meetings for second annual Open Streets event in which we will encourage alternative modes of transportation to the event. The event is scheduled to be held June 9th 2018.
- PHE attended a Cherokee Nation Data into Action Training on 2/12 offered by OU College of Public Health on Health Data into Action.

Adair County – PHEs Charlie Stilwell and Teresa Eagle

- Stilwell Farmers Market has planned their season activities for the upcoming season we will open in April and go until October with new locations for our Farmers Market this year, downtown Stilwell and WalMart.
- PHE's continue working with patients who want to quit smoking on a one on one basis;
- PHE has submitted PO's for CC Camp and currently working on the race shirt for this event. Our CC Camp 5K will be April 28, 2018.
- DPP participants have increased their physical activities in the last month and are getting out and moving more during the work week and well as the weekends.
- Between a Walk and a hard place walking group. The 22 participants did their monthly weigh in for the months of Jan-Feb we have lost a total of 109 pounds. PHE's notice that participants are still very motivated and have picked up their pace while walking around the small area we have in our clinic.
- PHE's make infused water for our participants to enjoy as well as the clinic; the staff contributes either fruit or small donations to continue the infused. This has been a very good for our employees and is recruiting more people to drink more water instead of soda.
- Chuck Hoskin Jr., Deputy Chief Joe Crittenden, Tribal Council member Frankie Hargis, Canaan Duncan, Tyler Thomas, and Tommy Wildcat visited our facility and talked to participants in the DPP program and Between a Rock and Hard Place. PHE's took this time to share other projects that are in Adair County Schools and Communities.
- PHE's conducted a yes or no survey on the opportunity to participate in a Fit Bit Challenge at the clinic. PHE's have 10 people interested; several other employees were interested but didn't have a Fit Bit to compete in the challenge.
- March 29, 2018 will be the end of our first DPP year. We have 7 participants that will finish the full year.
- PHE's are meeting with nine schools and will start making arrangements to spend the new grant they will either buy PE equipment or garden projects/equipment.
- PHE's are making arrangements for Post BMI for nine schools in the Adair County area.
- PHE's signed an agreement to help with TRAIL (Together Raising Awareness for Indian Life) PHE's will be teaching three classes to help out with this program in March 2018
- PHE attended the Go Red for Native American Women Conference in Tulsa Oklahoma.
- PHE's participated in the WMPHC Health Fair we had 200 participants PHE's did a survey and served infused water.
- PHE's hosted a Go Red for Native American Women walk at the clinic we had 42 participants.
- PHE's presented a Healthy Mind, Body, and soul presentation to 200 students. PHE's spoke for 30 minutes and the students were very active and involved with listening and participating in this event.
- PHE's attended a Data into Action presentation which helped with preparing surveys for our department.

Delaware/Ottawa Counties –PHE Trisha Nichols and Cindy Tudor

- PHE met with Delaware County Community Partnerships and reviewed the CHIP plan to see what is needed to meet the established goals. The group will visit with schools about participating in a youth summit on OPIOD awareness for all schools in the county targeting grades 9-12.
- PHE participated in the Healthy Lifestyles Committee and discussed the planning of the Chef's Training event in August.
- PHE presented Healthy Eating Habits and Importance of Physical Fitness to Jay Schools upper elementary afterschool program and shared information about WINGS.
- PHE shared the video Poisoning our Children: The Perils of Secondhand Smoke at Cherokee Nation Head Start in Jay, and provided handouts on secondhand smoke and 1-800-QUIT NOW to parents and staff.
- PHE continuing the Diabetes Prevention Program.
- PHE scheduled the first meeting for the Kicking Asphalt spring season. The group will be training for a 10K run in Langley.
- PHEs attended a meeting with the Public Health Accreditation Board at the Delaware County Health Department and interviewed by the board to help the county become accredited.
- PHEs sponsored a Kid's Camp planning meeting for the camp in June.

Mayes and Rogers Counties– PHEs Tony Ballou and Ronnie Neal

- PHE's provided 1-on-1 cessation counseling to 6 patients at the AMO Health Center in Salina.
- PHE made one tobacco prevention presentation at Pryor High School.
- PHE continuing to help a walking group at the Claremore Indian Hospital for diabetes patients in Claremore service area.
- PHE partnering with City of Claremore and several other partners as strategize on a Safe Routes to School Program.
- PHE's are Co-Partner with Mayes County HOPE Coalition's corporate challenge.
- PHE completed with the 1st Healthy Native class maintenance sessions at the AMO health center in Salina. 15 participants that have been involved since the beginning.
- PHE's attended American Heart Association's Native American Women's Health conference.
- PHE promoted/recruited Blood Donors for the AMO/Salina Health Clinic Oklahoma Blood Drive on the 9th of February, we had another Great turn-out from our employees and the surrounding community.
- PHE's attended Mayes County HOPE [Health, Outreach, Prevention, Education] Coalition and was re-educated on all the efforts that individuals/business's/ and schools are doing to make Mayes County a healthier, happier, safer place to live and raise a family.
- PHE Attended Safe-Net Meeting at Rogers State University and provided information on their upcoming 5-K and 10-K race.
- PHE visited Chouteau's City Park where they recently completed ½ mile walking track, the dedication will be later on this month, plans for walking group in the future.
- Employee Wellness continues to be a success with individuals taking advantage of the noon and 5:00 pm workouts, along with some community members utilizing the walking track outside.
- PHE assisting the Spavinaw Youth Neighborhood Center [SYNC] with their renovation efforts to their building.
- Continue to work with Pryor Boys and Girls Club with securing presenters and activities for their members.

Muskogee County – PHE Jason Shelor and Ben Buckskin

- PHEs continuing their work with the TRHC tobacco clinic. To date, 823 patients have used the service.
- PHEs planning two WINGS races in Muskogee County, the Kay Lane Run in May and the Big Red Splash and Dash in June.
- PHEs continuing to teach the boot camp class at TRHC. A total of 122 patients have completed fitness assessments. The fitness room averages 400 visits per month.
- PHEs continuing to assist other PHEs in gathering BMI data for school grant recipients.
- Running/Walking 101 group began in January and meets weekly through March.

- The Healthy Native Program continues through 2018.
- The Zero-60 Challenge at TRHC has now concluded. Employees were challenged to drink 60 oz of water daily while eliminating sugary drinks.
- PHE presented to parents and students at the Muskogee County Head Start about nutrition.
- PHEs will be inviting superintendents to TRHC in March to present on the public health component of the Cherokee Nation Health Services group and begin discussions on a strategic plan for Muskogee County schools.

Washington/Craig/Nowata Counties – PHE Amy DeVore

- PHE led the planning meeting for the upcoming Kid's Camp.
- PHE offered smoking cessation classes.
- PHE is working on a project with Cherokee Nation Cancer Prevention on the Oklahoma Strategic Tribal Alliance for Health (OSTAH) to update goals and objectives for the tribe's Comprehensive Cancer Control Plan.
- PHE in the process of planning the WINGS Grand Dam Run 5K and 10K.

Primary Prevention Program Report – Cassandra Rosas and Shaina Kindle **Tobacco Settlement Endowment Trust (TSET)**

- PHE's met with the Special Services director for Westville Schools and completed their policy work which will allow us to move forward with a partnership. We will be going back to help them decide how to best make the changes that need to be made.
- Public Health Educators met with Stilwell Kiwanis Club on February 13th. Over 25 people were in attendance. We were able to discuss the importance and need of the Tobacco Settlement Endowment Trust (TSET) Healthy Living Grant in Adair County. The meeting was a success towards our efforts. We had couple of interested business owners/ Kiwanis members.
- Stilwell Public Schools policy practice was submitted for grading. With this their garden sponsorship has been approved.
- Maryetta Public Schools Garden Sponsorship was approved, follow up meetings are being planned to run this effectively in the community.
- February 14, we met with Debby Newman at Cave Springs discussed how we can partner with the school and received their Wellness policy to be graded. Follow up meeting has been planned to formally make us partners
- Rocky Mountain Public Schools Wellness Policy has been submitted to the center for grading. The partnership is official, they will soon be sending in their garden sponsorship paperwork for the process to start.
- February 26th-28th we attended the Healthy Retail Conference in Norman. The conference allowed us to collaborate with other communities and how they are spearheading their Healthy Retails and we were able to gather information on how to make our retailers successful and engage those retailers we are targeting in Adair County to promote healthier options for the rural population.
- In total, TSET Healthy Living Program Grant has formally partnered with six schools, two organizations and 1 business. We are continuing to build relationships and trust with the community. Community members, businesses and organizations have started to contact us about future partnerships.

Other:

- February 1, PHE's attended the Go Red for Native, Native Women's Heart Health Summit in Tulsa. The summit allowed us to better understand how important it is for us as Public Health Educators to stress healthier lifestyles for Native American Woman with a cardiovascular disease and to prevent it. The summit also provided free resources and material that we can use online. We were able to collaborate with other tribal communities in Oklahoma.
- February 13th, Public Health Educators met with Chuck Hoskins, Frankie Hargis, Joe Crittenden, Tyler Thomas and Tommy Wildcat visited the clinic to discuss the success we are having with our Healthy

Lifestyle Challenge (Between a Walk and a Hard Place) Group. Great outcomes came from this meeting, we was able to show the need for a fitness center at the clinic.

- On the 14th, PHE's spoke to 150 middle school kids, 5th-8th grade on the importance of whole body health. We taught them that if they are not healthy in one area they cannot be fully healthy in other areas.
- On the 22nd, WPMHC held a health fair. PHE's set up a booth that offered 3 different infused water flavors that were available for samples. We also asked that if they sampled the water that they would fill out a survey for the water. This is all part of the Rethink Your Drink initiative. Our goal is to increase the amount of water consumed by the employees at the clinic. After reviewing the surveys we found that most of the employees and guests loved it and it would help them consume their required daily water intake. There were 200 in attendance.

OFFICE OF PROFESSIONAL RECRUITMENT, RETENTION, AND CREDENTIALING- March 20, 2018

New Professionals:

- Amanda (Bighorse) Dominick, D.O. (Vinita) 3/11
- Amanda Shipley, R.PH (Pharmacy Refill Center Supv.), 3/11
- Dena Squyres, APRN (WWH-UC) PRN-3/11
- Kristy Hill, APRN (Nowata) PRN, 3/18
- Lindsay Zuck, DO (WWH-UC)PRN 3/11
- Caleb Prentice, DO (WWH-UC)PRN 3/18
- Jamie Alexander, DO (WWH-UC)PRN 3/18
- Sarah McAuliff, APRN (WWH-UC) PRN 3/25, move to FT end of May
- Daniel Nicoll, D.O., DABFP (Jay)-4/1

Pending Candidates in Process: (CONFIDENTIAL)

- APRN (Jay)
- MD (WWH-UC) PRN
- APRN (WWH-PC)
- APRN (WWH-Infectious Disease)
- DDS (Vinita)
- MD, (Jay) Aug '18
- MD (Jay) Aug '18 IHS payback
- MD (Nowata) Aug '18 NHSC scholar
- MD (WWH-EM)-July 18
- DO (WWH-Hospitalist)-Sept '18
- MD (WWH-OBGYN) – Aug'18
- DO (WWH-Anesthesiology) – Aug'18
- DDS (Vinita)-'18 grad IHS payback
- DDS (Stilwell)-'18 grad IHS payback
- DDS (Vinita)-18 grad, IHS payback
- DDS (WWH) – 18 grad, IHS payback

Recruiting for the following Vacancies (does not include vacancies where a candidate has been selected and is in process):

Health Center Vacancies:

- Physicians: 6 (All clinics except Jay, Vinita & Nowata)
- Midlevel Vacancy at Vinita pending APRN transfer to Jay

WWH Vacancies:

- Physicians: 2 R/FT in EM, 2 in PC, 1 PRN in EM, & 1PRN in UC
- OB/GYN: 1 R/FT
- Surgery: 2 R/FT
- Pediatrics: Recruiting for 3 future retirements
- Anesthesiology: 2 R/FT CRNAs & 1 R/FT midlevel (pending transfer to UC)

Dental:

- None

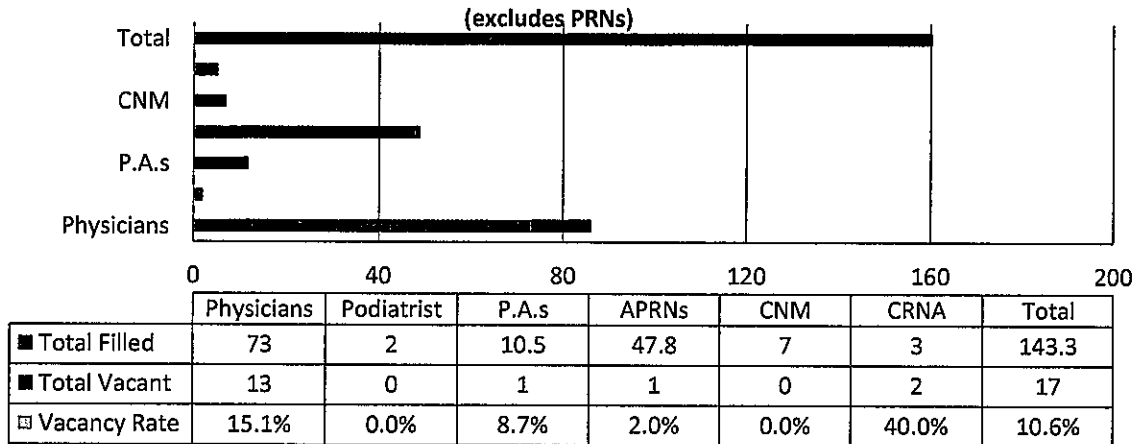
Pharmacy:

- Pharmacist: 1 R/FT Refill Center, TRHC, and RBS & Vinita pending resignations

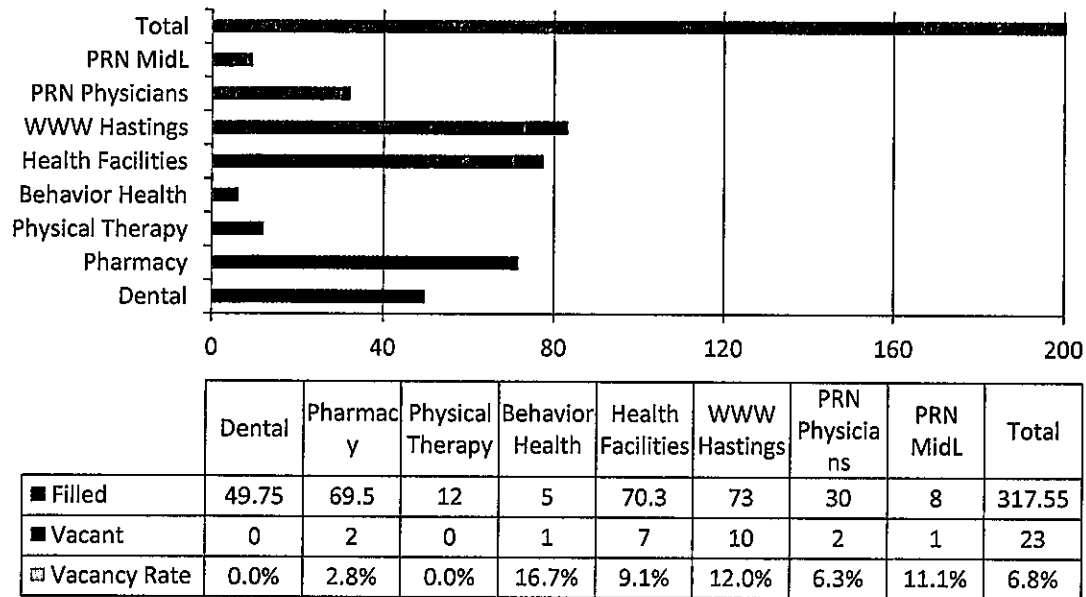
Vacancy Rates (excludes PRN):

- Clinic Providers: 9.1%
- WWH Providers: 12.0%
- Total Providers: 10.6%
- Total Health Professionals: 6.8% (including PRN)

**Total CNHS Providers
10.6% Vacancy Rate**



**Total Health Professionals
6.8% Vacancy Rate (Includes PRN)**



Statewide Influenza update as of March 10, 2018

Current Flu Activity:

- **Influenza is considered “widespread” within Oklahoma.** *All previous records for influenza-associated hospitalizations and deaths have been surpassed since tracking started for these indicators of influenza severity during the 2009-2010 pandemic.* The next highest recorded numbers were during the 2016-2017 influenza season (influenza A H3N2 predominant) when 2,425 hospitalizations and 135 deaths were recorded.
- Between Sept. 1, 2017 and March 13, 2018, **4,437** influenza-associated hospitalizations were reported to the Acute Disease Service (ADS).
- The percentage of outpatient visits meeting the criteria for ILI (ILI_Influenza-like illness is defined as having a fever (>100°F) combined with a cough and/or a sore throat) was 6.2% (569/9,149).
- **238**, Number of New and Previously **Reported Deaths** with Testing between Sept. 1, 2017 – March 13, 2018.
- Thirty-three percent of rapid influenza tests performed by sentinel sites were positive; 53% were influenza B.

What Is the Flu?

Flu, or influenza, is a contagious respiratory infection caused by a variety of flu viruses. Symptoms of flu involve muscle aches and soreness, headache, and fever.

How Does a Flu Virus Make You Sick?

Flu viruses enter the body through the mucus membranes of your nose, eyes, or mouth. Every time you touch your hand to one of these areas, you are possibly infecting yourself with a virus.

This makes it very important to keep your hands germ-free with frequent and thorough hand washing. Encourage family members to do the same to stay well and prevent flu.

What Are the Different Types of Flu?

There are three types of flu viruses: A, B, and C. Type A and B cause the annual influenza epidemics that have up to 20% of the population sniffing, aching, coughing, and running high fevers. Type C also causes flu; however, type C flu symptoms are much less severe.

The flu is linked to between 3,000 and 49,000 deaths and 200,000 hospitalizations each year in the United States. The seasonal flu vaccine was created to try to avert these epidemics.

What Is Type A Flu Virus?

Type A flu or influenza A viruses are capable of infecting animals, although it is more common for people to suffer the ailments associated with this type of flu. Wild birds commonly act as the hosts for this flu virus.

Type A flu virus is constantly changing and is generally responsible for the large flu epidemics. The influenza A2 virus (and other variants of influenza) is spread by people who are already infected. The most common flu hot spots are those surfaces that an infected person has touched and rooms where he has been recently, especially areas where he has been sneezing.

What Is Type B Flu Virus?

Unlike type A flu viruses, type B flu is found only in humans. Type B flu may cause a less severe reaction than type A flu virus, but occasionally, type B flu can still be extremely harmful. Influenza type B viruses are not classified by subtype and do not cause pandemics.

How Is Type C Flu Virus Different From the Others?

Influenza C viruses are also found in people. They are, however, milder than either type A or B. People generally do not become very ill from the influenza type C viruses. Type C flu viruses do not cause epidemics.

Preventing the Flu: Good Health Habits Can Help Stop Germs

The **single best way to prevent seasonal flu is to get vaccinated** each year, but good health habits like covering your cough and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu. There also are flu antiviral drugs that can be used to treat and prevent flu.

1. **Avoid close contact**
2. **Stay home when you are sick**
3. **Cover your mouth and nose.**
4. **Clean your hands.**
5. **Avoid touching your eyes, nose or mouth.**
6. **Practice other good health habits**—Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Difference between Stomach Flu and Influenza?

Sometimes people mistake symptoms of stomach flu, or gastroenteritis, for the viral infection we commonly call "flu." But they're not the same.

Stomach flu happens when your stomach and intestines (also called the gastrointestinal or GI tract) are inflamed and irritated. Causes range from bacteria, viruses, and parasites to food reactions and unclean water.

The flu comes with symptoms like fever, congestion, muscle aches, and fatigue. The cause is the influenza virus. More severe cases can lead to life-threatening illnesses like pneumonia.

Antibiotics can treat a bacterial infection that causes stomach flu, but they won't work against viruses like the ones that cause the flu.

What Are the Symptoms of Stomach Flu?

You may have a fever, headache, and swollen lymph glands, depending on the type of germ that causes it. In addition you may also suffer from,

- Cramps in your belly or sides
- Stomach pain
- Nausea

- Vomiting
- Diarrhea
- Sunken eyes
- Lightheadedness
- Being more thirsty
- Dry or sticky mouth
- Lack of normal elasticity of the skin
- Peeing less
- Fewer tears

You can avoid some of the complications by drinking plenty of liquids. When you can keep food down again, try bland things like toast, rice, bananas, and applesauce first. Go back to a normal diet within 24 hours if you can.

Stomach viruses spread fast because people don't **wash their hands** well after using the bathroom or changing a baby's diaper. Wash long enough to sing "Happy Birthday" twice. Many doctors call stomach flu "a family affair" because it's so highly contagious it can affect every member of a family.